

# White Settlement ISD Physical Education Substitution Information

White Settlement ISD allows private or commercial physical education substitutions at Middle School and High School. The PE Substitution Form must be printed, signed, and submitted, along with required documentation, to the campus administrator prior to the beginning of the semester in which the credit will be earned.

**For junior high credit**, the program must be certified by the superintendent to be of high quality and well-supervised by appropriately trained instructors. Students must be enrolled in the program for the entire semester. Students may not be excused for any part of the school day to participate in the off-campus programs.

**For high school credit**, the program must meet one of the following options.

- 1) Olympic-level participation and/or competition includes a minimum of 15 hours per week of highly intensive, professional, supervised training. The training facility, instructors, and the activities involved in the program must be certified by the superintendent to be of exceptional quality. Students qualifying and participating at this level may be dismissed from school one hour per day. Students dismissed may not miss any class other than physical education.
- 2) Private or commercially sponsored physical activities include those certified by the superintendent to be of high quality and well supervised by appropriately trained instructors. Student participation of at least five hours per week must be required. Students certified to participate at this level may not be dismissed from any part of the regular school day.

Programs must be certified by the superintendent and presented to the School Board for approval. For more information, contact the Human Resources Department, 817-367-5343.

The **parent/guardian** must:

- Complete the parent form;
- Collect the completed agency form and training plan;
- Submit all documentation to the Human Resources Department;
- Provide transportation to and from the physical activity program;
- Ensure that a log of hours, signed by the trainer/coach, is submitted to the counselor before the end of each semester; and
- Submit updated forms if there are changes regarding the agency, trainer/coach, or training plan.

The **agency providing the training** must:

- Provide evidence supporting the quality of the training facility/program;
- Provide evidence supporting the qualifications of the trainer/coach;
- Verify the accuracy of the log of hours to be turned in to the school at the end of each semester;
- Complete updated forms for the parent to submit to the school if there are changes regarding the agency or trainer/coach.

The **trainer/coach** must:

- Provide a training information and schedule;
- Provide student training as approved for PE substitution;
- Sign a log of student activity to submitted to the counselor before the end of each semester; and
- Complete updated forms for the parent to submit to the school if there are changes regarding the training plan.

Applications will be reviewed before the semester begins for appropriate student scheduling.

**White Settlement ISD Physical Education Substitution – Parent Form**

This application must be completed by the parent/guardian on a yearly basis.

Waiver Request Year \_\_\_\_\_ Semester \_\_\_ Fall \_\_\_ Spring \_\_\_ Both

Student Name \_\_\_\_\_ Parent/Guardian Name \_\_\_\_\_

Home Address \_\_\_\_\_

Parent Email Address \_\_\_\_\_

Campus \_\_\_ Middle School \_\_\_ High School

Grade Level 7<sup>th</sup> \_\_\_ 8<sup>th</sup> \_\_\_ 9<sup>th</sup> \_\_\_ 10<sup>th</sup> \_\_\_ 11<sup>th</sup> \_\_\_ 12<sup>th</sup> \_\_\_

Agency Providing Service \_\_\_\_\_

Activity Hours per Week \_\_\_\_\_

\*\*Description of Activity

Please read each statement, print and sign the application, attach the required documents, and submit completed packet to Human Resources Director, 817-367-5343, 8224 White Settlement Road, White Settlement, Texas 76108.

\_\_\_ I understand that my student will not earn credit and may lose the opportunity to participate in the program if a log of hours, signed by the trainer/coach, is not submitted to the counselor before the end of each semester.

\_\_\_ I understand that I am responsible for transportation to and from the physical activity program and that the school is not responsible for any contractual agreements with the trainer or coach.

\_\_\_ I understand that this application is not complete until I attach the required forms pertaining to the agency providing the physical activity, trainer/coach, and training plan. Also, I must submit updated forms if there are changes regarding the agency, trainer/coach, or training plan.

\_\_\_ I understand that the Superintendent must approve the application. In addition, applications must be submitted to the School Board for approval.

Parent's Signature \_\_\_\_\_ Date \_\_\_\_\_

**FOR OFFICE USE ONLY**

\_\_\_ Parent Form Received

\_\_\_ Agency Form Received

\_\_\_ Training Plan Received

\_\_\_ Superintendent Approval

\_\_\_ School Board Decision \_\_\_ Granted \_\_\_ Denied Signature & Date \_\_\_\_\_



# White Settlement ISD Physical Education Substitution – Training Plan

This application must be completed by the parent/guardian on a yearly basis or more often as needed.

Waiver Request Year \_\_\_\_\_ Semester \_\_\_ Fall \_\_\_ Spring \_\_\_ Both

Student Name \_\_\_\_\_

Agency Name \_\_\_\_\_

Trainer/Coach Name \_\_\_\_\_

Training Site Address \_\_\_\_\_

Telephone \_\_\_\_\_

Email Address \_\_\_\_\_

**Complete Participant Schedule**

Students train at least 5 hours per week in an approved facility/program.

Day	Activity	# Hours
<b>Monday</b>		
<b>Tuesday</b>		
<b>Wednesday</b>		
<b>Thursday</b>		
<b>Friday</b>		
<b>Saturday</b>		
<b>Sunday</b>		
<b>Total Participation Hours</b>		

Please read each statement, print and sign the form, attach documentation as needed, and submit the completed form **to the parent** for submission to the school.

\_\_\_ I understand that I am responsible for signing a log of student activity hours to be submitted to the school before the end of each semester.

\_\_\_ I understand that a new training plan must be submitted immediately if the total participation hours per week drop below the required number for PE substitution (5 Hrs.)

\_\_\_ I understand that the Superintendent must approve the application. In addition, applications must be submitted to the School Board for approval.

Trainer/Coach Signature \_\_\_\_\_ Date \_\_\_\_\_

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Superintendent's Decision \_\_\_ Training Plan Approved \_\_\_ Training Plan Denied