

# **March Menu 2024**

## **Friday, March 1**

Grass Fed Beef Hotdog  
Soft pretzel with Cheese Dipping Sauce (vegetarian)  
Yogurt & Granola (vegetarian, gluten free)  
Sugar Cookies (vegetarian)

## **Monday, March 4**

Pasta with Butter Parmesan Sauce & Garlic Bread (scratch made, vegetarian)  
EUSD Cheese Pizza (scratch made, vegetarian)  
EUSD Margarita Pizza (scratch made, vegetarian)  
Yogurt & Granola (vegetarian, gluten free)

## **Tuesday, March 5**

Homemade Bean & Cheese Burrito (vegetarian, scratch made)  
Chicken Tenders  
Boar's Head Hummus & Pretzels (gluten free), Granola Bar & String Cheese (vegetarian)

## **Wednesday, March 6**

Homemade Macaroni & Cheese with Hawaiian Roll (vegetarian, scratch made)  
Chicken Corndog (Nitrate free)  
Yogurt & Granola (vegetarian, gluten free)

## **Thursday, March 7**

Mighty Chicken Meatball Subs with Marinara (scratch made)  
EUSD Cheese Pizza (vegetarian, scratch-made)  
EUSD Pepperoni Pizza (contains pork, scratch-made)  
Benefit Bar & String Cheese (vegetarian)

## **Friday, March 8**

Grass Fed Beef Cheeseburger  
Impossible Burger (plant-based patty, vegetarian)  
Chicken Taquitos (gluten free)  
Yogurt & Granola (vegetarian, gluten free)  
Snickerdoodle Cookie (vegetarian)

## **Monday, March 11**

Cheese Tortellini with EUSD Marinara & Garlic Bread (scratch made, vegetarian)  
EUSD Cheese Pizza (vegetarian, scratch-made)  
EUSD Pineapple Pizza (vegetarian, scratch-made)  
Yogurt & Granola (vegetarian, gluten free)

## **Tuesday, March 12**

Cheese Tamale & Tortilla Chips (gluten free, vegetarian)  
Crispy Chicken Sandwich

Boar's Head Hummus & Pretzels (gluten free), Granola Bar & String Cheese (vegetarian)

**Wednesday, March 13**

Cheese Quesadilla (scratch made, vegetarian)

Chicken & Waffles

Yogurt & Granola (vegetarian, gluten free)

**Thursday, March 14**

Fiesta Nacho Tower (vegetarian) with Grass Fed Organic Beef (scratch-made)

EUSD Cheese Pizza (vegetarian, scratch-made)

EUSD Pepperoni Pizza (scratch-made, contains pork)

Benefit Bar & String Cheese (vegetarian)

**Friday, March 15**

Brunch for Lunch (French Toast) (contains pork)

Mozzarella Breadstick & Marinara (vegetarian)

Yogurt & Granola (vegetarian, gluten free)

Chocolate Chip Cookie (vegetarian)

**Monday, March 18**

Spaghetti with EUSD Marinara & Garlic Bread

EUSD Cheese Pizza (scratch made, vegetarian)

EUSD Margarita Pizza (scratch made, vegetarian)

Yogurt & Granola (vegetarian, gluten free)

All Fruit Popsicle (vegetarian, gluten free)

**Tuesday, March 19**

Crunchy Grass Fed Organic Beef Taco (gluten free, scratch made)

Chicken Tenders

Impossible Burger (plant-based patty, vegetarian)

Boar's Head Hummus & Pretzels (gluten free), Granola Bar & String Cheese (vegetarian)

**Wednesday, March 20**

Grilled Cheese Sandwich (scratch made, vegetarian)

Orange Chicken & Brown Rice

Yogurt & Granola (vegetarian, gluten free)

**Thursday, March 21**

Homemade Macaroni & Cheese (vegetarian) with Chicken Bites (scratch made)

EUSD Cheese Pizza (scratch made, vegetarian)

EUSD BBQ Chicken Pizza (scratch made, contains pork)

Benefit Bar & String Cheese (vegetarian)

**Friday, March 22**

Breaded Chicken Drumstick with Potato Wedges & Hawaiian Roll

Grass Fed Beef Cheeseburger

Impossible Burger (vegetarian)  
Yogurt & Granola (vegetarian, gluten free)  
Brownie (vegetarian)

### **March 25-29 Spring Break**

#### **Student Meal Prices:**

All EUSD Students eat for Free!

#### **Adult & Visitor Meal Prices:**

Adult/Visitor Breakfast: \$4.00

Adult/Visitor Lunch: \$6.00

#### **Daily Salad Bar:**

Fresh, Seasonal, California-Grown!

Unlimited Daily Salad bars are part of every school lunch, featuring EUSD Farm Lab and grown organic lettuce and seasonal veggies!

Mondays: Locally Grown Fallbrook Organic Orange Slices & Celery

Tuesdays: Locally Grown Sliced Apples & Jicama

Wednesdays: Local Dassi Family Farms Persian Cucumbers & Bananas

Thursdays: Locally Grown Fallbrook Kumquats & Cantaloupe Chunks

Fridays: California Grown Halo Tangerines

Various dressings are offered daily including an option.

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#### **Breakfast Menu**

Breakfast is served daily before school. Check with your school office for specific service times.

Breakfast includes a choice of entrée, fruit, yogurt, milk, and string cheese.

Monday: Banana Bread & Whole Grain Cereal

Tuesday: Maple Belgian Waffle & Whole Grain Cereal

Wednesday: Blueberry or Sweet Potato Chocolate Chip Muffin & Oatmeal Benefit Bar

Thursday: Mini Pancakes & Whole Grain Cereal

Friday: French Toast Minis & Banana Chocolate Chip Scone

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#### **School Meal Information**

To view school menus, nutrition facts, and meal program information, visit our EUSD Child Nutrition Services website for more details (<https://www.eusd.net/departments/child-nutrition-services>) or download our Mobile Menu App at [www.schoolcafe.com](http://www.schoolcafe.com).

Lunch includes: 1 entrée, unlimited salad bar (full of local/organic fruits & veggies), locally sourced milk, and any side items. No paperwork is needed to receive free meals at school. To receive lunch, students will either scan their lunch card or enter their four-digit pin number when they go through the lunch line (both provided at the beginning of the SY). If you have any

questions or concerns, please email Lea Bonelli, Director of Child Nutrition Services:  
[lea.bonelli@eusd.net](mailto:lea.bonelli@eusd.net).

**Food Allergies:**

- A variety of Gluten Free (GF) and vegetarian entrees are offered throughout the week. Some GF entrées are GF without the bread/bun/tortilla/etc. Corn tortillas available upon request.
- We serve GF items, but our kitchens are not GF facilities.
- We do not serve any entrées that contain peanuts or tree nuts; however, we are not considered a nut-free facility. Items may be processed in facilities that also process nuts and other allergens.
- If your child needs a special meal accommodation, please fill out the Request for Special Meals Form (found in the Allergies section of the CNS webpage) and return to your school nurse. Accommodations forms must be signed by a medical professional.

\*\*Menus are subject to change without notice \*\*

This institution is an equal opportunity provider.