

# MARCH 2024

## GLUTEN FREE – Pre-8th

### LUNCH

Second Lunch \$4.95 Just Milk \$.60 Extra Entree \$2.75  
**Trays must have at least ½ cup of fruit/vegetables on them to receive the \$0.00 charge.**  
**If they do not, they will be charged Ala Carte prices.**



**March is National Nutrition Month!** To celebrate, try eating at least one new food each week. Keep it interesting by picking out new foods you've never tried before, like mango, lentils, quinoa, kale, or sardines. References: Academy of Nutrition & Dietetics, USDA MyPlate Menu is subject to change.  
 This institution is an equal opportunity provider.

### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY



Grilled Chicken Sandwich **1**  
 Garden Salad  
 Cherry Tomatoes  
 Variety of Fruit

Waffles **4**  
 Turkey Sausage Link  
 Sunset Sip  
 Celery Sticks  
 Variety of Fruit

Alfredo Chicken Bake **5**  
 Bread  
 Fresh Broccoli  
 Green Beans  
 Variety of Fruit

Hamburger **6**  
 Baked Beans  
 Carrots  
 Variety of Fruit

Nachos **7**  
 Turkey Taco Meat  
 Shred Lettuce  
 Pico  
 Cucumbers  
 Variety of Fruit

Walking Taco **8**  
 Turkey Taco Meat  
 Garden Salad  
 Cherry Tomatoes  
 Variety of Fruit

NO SCHOOL **11**

NO SCHOOL **12**

NO SCHOOL **13**

NO SCHOOL **14**

NO SCHOOL **15**

Chicken Nuggets **18**  
 Sliced Bread  
 Sunset Sip  
 Mashed Potatoes  
 Variety of Fruit  
 Shape Up Frozen Dessert

Hamburger **19**  
 Carrots  
 Baked Beans  
 Variety of Fruit  
 Shape Up Frozen Dessert

Chicken Strips **20**  
 Sliced Bread  
 Celery  
 Cucumbers  
 Variety of Fruit  
 Shape Up Frozen Dessert

Walking Taco **21**  
 Turkey Taco Meat  
 Fiesta Beans  
 Shred Rome Lettuce  
 Pico  
 Variety of Fruit

Grilled Cheese **22**  
 Garden Salad  
 Cherry Tomatoes  
 Variety of Fruit

BBQ Chicken Sandwich **25**  
 French Fries  
 Carrots  
 Variety of Fruit

Corn Dog **26**  
 Sweet Potato Fries  
 Baked Beans  
 Variety of Fruit

Burrito Bowl – Chicken **27**  
 Chip  
 Black Beans  
 Pico  
 Shred Romaine Lettuce  
 Variety of Fruit

Hamburger **28**  
 Garden Salad  
 Cherry Tomatoes  
 Variety of Fruit

NO SCHOOL **29**