

Seminar in Parenting Using Love & Logic

The LMSD Elementary School Counselors are pleased to offer a virtual 6-session Parenting Seminar on Thursdays starting March 7, 2024. *Love & Logic* provides nationally renowned parenting strategies and resources that emphasize limit setting, accountability, and logical consequences. Participants will learn:

- How to avoid un-winnable power-struggles and arguments
- How to stay calm and empathetic when kids do incredibly upsetting things
- How to set enforceable limits
- How to avoid enabling and begin empowering
- How to help kids learn from mistakes

Participants are expected to attend all sessions. There is no cost to attend.

Sessions will be held virtually via Zoom 6:30 – 8:00 p.m.

Thursday, March 7, 2024 Thursday, March 14, 2024 Thursday, March 21, 2024

SPRING BREAK

Thursday, April 4, 2024 Thursday, April 11, 2024 Thursday, April 18, 2024

This seminar has a limited number of openings.

Zoom link will be provided after registration.

Please contact Deb Wilson-Leslie or Candace Brown

to register or learn more about the Seminar.

Deborah Wilson-Leslie, Gladwyne ES School Counselor - <u>wilsond@lmsd.org</u> or Candace Brown, Merion ES School Counselor - <u>brownc@lmsd.org</u>

More information about *Love & Logic* Parent Resources can be viewed at www.loveandlogic.com