

MARCH 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
If if 25	26	27	28	29	1	2
3	4 Lift/Open Gym 2:30-4:30	5	6 Lift/Open Gym 2:30-4:30	7	8	9
10	11 Lift/Open Gym 2:30-4:30	12	13 Lift/Open Gym 2:30-4:30	14	15	16
17	18 Lift/Open Gym 2:30-4:30	19	20 Lift/Open Gym 2:30-4:30	21	22	23
24	25 Lift/Open Gym 2:30-4:30	26	27 Spring	28 Break	29 Good Friday	30
31 Easter Sunday	1	2	3	4	5	6

APRIL 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
31	1 Spring	2 Break	3 Lift/Open Gym 2:30-4:30	4	5	6
7	8 Lift/VB Open Gym 2:30-4:30	9	10 Lift (2:30- 3:30)/BBall open gym	11 TBD	12	13
14	15 Lift/VB Open Gym 2:30-4:30	16	17 Lift (2:30- 3:30)/BBall open gym	18 TBD	19	20
21	22 Lift/VB Open Gym 2:30-4:30	23	24 Lift (2:30- 3:30)/BBall open gym	25 TBD	26	27 PROM
28	29 Lift/VB Open Gym 2:30-4:30	30	1	2	3	4

MAY 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
28	29	30	1 Lift (2:30-3:30)/Bball open gym	2 TBD	3	4 8th Grade Formal
5	6 Lift/VB Open Gym 2:30-4:30	7	8 Lift (2:30-3:30)/Bball open gym	9 TBD	10	11
12	13 Lift/VB Open Gym 2:30-4:30	14	15 Lift (2:30-3:30)/Bball open gym 8th Grade DC Trip	16 TBD	17	18
19	20 OFF	21 OFF	22 OFF LAST DAY!	23 OFF	24 OFF	25
26 *If you are not a basketball athlete, please be here and ready to begin warm ups at 8:30 so we can start group training promptly at 8:45. *If you are here for all 3 sessions, bring extra water and a snack. *Wednesdays again will be team-	27 Memorial Day	28 Bball 7:30-8:30 Group train 8:45-9:45 Vball 10:00-11:30	29 Team Bonding/ Community Service	30 Bball 7:30-8:30 Group train 8:45-9:45 Vball 10:00-11:30	31	1

bonding or
community service.

JUNE 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
26	27	28	29	30	31	1
2	3	4 Bball 7:30-8:30 Group train 8:45-9:45 Vball 10:00-11:30	5 Team Bonding/ Community Service	6 Bball 7:30-8:30 Group train 8:45-9:45 Vball 10:00-11:30	7	8
9	10	11 Bball 7:30-8:30 Group train 8:45-9:45 Vball 10:00-11:30	12 Team Bonding/ Community Service	13 Bball 7:30-8:30 Group train 8:45-9:45 Vball 10:00-11:30	14	15
16	17	18 Bball 7:30-8:30 Group train 8:45-9:45 Vball 10:00-11:30	19 Team Bonding/ Community Service	20 Bball 7:30-8:30 Group train 8:45-9:45 Vball 10:00-11:30	21	22
23	24	25 Bball 7:30-8:30 Group train 8:45-9:45 Vball 10:00-11:30	26 Team Bonding/ Community Service	27 Bball 7:30-8:30 Group train 8:45-9:45 Vball 10:00-11:30	28	29
30	1	2	3	4	5	6

JULY 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30	1	2 Vball coaching day 8-10	3 Vball coaching day 8-10	4 Independence Day	5 Vball coaching day 8-10	6
7	8 Hocking Hills	9 Hocking Hills	10 Hocking Hills	11	12	13
14	15	16 Bball 7:30-8:30 Group train 8:45-9:45 Vball 10:00-11:30	17 Team Bonding/ Community Service	18 Bball 7:30-8:30 Group train 8:45-9:45 Vball 10:00-11:30	19	20
21	22	23 Bball 7:30-8:30 Group train 8:45-9:45 Vball 10:00-11:30	24 Summer Celebration	25 Bball 7:30-8:30 Group train 8:45-9:45 Vball 10:00-11:30	26	27
28	29 OFF	30 OFF	31 OFF	1 TRY-OUTS TBA	2 TRY-OUTS TBA	3