

↑ SWIMMING LESSONS ↑

Levels 1, 2, 3, 4, 5 Swim Instruction – 8 weeks 5:00 – 5:30 p.m. & 5:30 – 6:00 p.m.

- Each level focuses on improving skill and stroke refinement.
 - Swimmers move through the levels as skills are met and mastered.
 - **\$30 - Pre-register by Feb. 28th; Starts Sunday, March 3rd**
- ***Minimum of 12 sign ups required otherwise class will be cancelled*****



Sunday Swim Days:
 March 3, 10, 17
 April 7, 21, 28
 May 5, 12

Wednesday Swim Days:
 March 13, 20
 April 3, 17, 24
 May 1, 8, 15

↑ WATER AEROBICS ↑

Water Aerobics - 2 Sessions – 8 weeks

- Water aerobics is a low impact exercise using water as resistance.
 - Sundays 6:00 – 7:00 p.m. AND/OR Wednesdays 6:00 p.m. – 7:00 p.m.
 - **\$30.00/per person/session; Pre-register by Feb. 28th; Starts March 3rd & 13th**
- ***Minimum of 11 sign ups required otherwise class will be cancelled*****
- ***Lap swim during water aerobics.*****

Community Education classes are cancelled if schools close. Further notification will not be given. Closings are announced on local radio and television stations and websites.

↑ OPEN SWIM ↑

- The pool is open to students and the public for diving and recreation.
 - 2 Session: Sundays 3:00 – 5:00 p.m. and Wednesdays 4:00 – 6:00 p.m. -- Starts March 3rd & 13th
 - **\$2.00 per person at the door OR Pre-pay \$15 per session by Feb. 28th - no need to carry money each visit. 😊**
- **Please use Door K (back behind the high school; around the corner from the overhead shop door) Thank you.**

REGISTRATION FORM – Payment must be made in full before attending class.

Class/Time _____

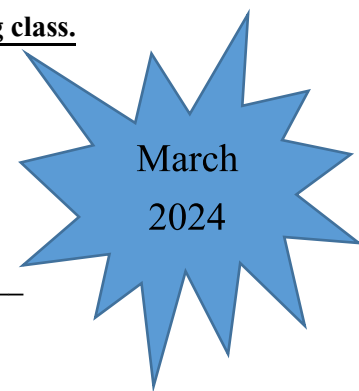
Name(s) _____

Parent Name _____

Address _____

Phone # _____

Total Dollar Amount \$ _____



Contact Information:

Selenia Espino: sespino@abbotsford.k12.wi.us: (715) 223-6715 ext. 4160

Mail Payment To:
Attn: Selenia Espino
School District of Abbotsford
510 West Hemlock Street
Abbotsford, WI 54405