# EARLY CHILDHOOD

#### PRESCHOOL / ECFE / TIGER CUB CHILD CARE / EARLY CHILDHOOD SCREENING

# Play. Learn. Grow.

# BIRTH TO AGE 5







# SPRING 2024 CLASSES

Brookside Education Center 211 W Richway Dr, Albert Lea, MN 507-379-4838 / 507-379-4832 AlbertLeaCommunityEd.org



Hello! Spring is right around the corner, and I can't wait for you to come join us for the fun upcoming classes we have planned! My name is Katrina Pedersen and am the Lead ECFE Teacher in the Early Childhood Family Education program at Brookside. It has been such a joy getting to know all the families who attend a variety of classes we offer throughout the week and celebrate the milestones their children have made throughout our time together. I can't wait to be creative, sing songs, dance, read stories, and play with you all in our spring classes!

Don't forget to come celebrate ECFE's 50th anniversary on April 11th from 5:00-6:00pm which will be held in Gym A and Room 109 at Brookside Education Center! We look forward to celebrating with you!

#### KATRINA PEDERSEN

Lead ECFE and Preschool Teacher District 241- Albert Lea Area Schools



### WHAT IS ECFE?

Early Childhood Family Education (ECFE) is an Albert Lea Area Schools program that provides parenting information and support for parents with children ages birth to 5 year olds.

## WHAT DOES A TYPICAL ECFE CLASS INCLUDE?

#### PARENT-CHILD ACTIVITY TIME

Families explore a classroom filled with developmentally appropriate play materials and learning activities planned by a licensed early childhood teacher.

#### PARENT EDUCATION TIME

Parents meet with a licensed parent educator to share support, experiences, and information about child development and parenting techniques.

#### **CHILDREN'S ACTIVITY TIME**

Children learn with the early childhood teacher and practice social skills as they interact with one another.



**211 W Richway Drive | Albert Lea, MN 56007** 507-379-4800 | AlbertLeaCommunityEd.org/EarlyChildhood

# CONTACT EARLY LEARNING

Lisa Ferns, Early Learning Coordinator: 507-379-4832 Amber Mattson, Early Education Assistant: 507-379-4838 Mary Jo Volkman, Parent Educator: 507-379-4852 Krista Doyle, Parent Educator: 507-379-4852 Katrina Pedersen, Lead ECFE & Preschool Teacher: 507-379-4852 Kim Soost, Early Childhood Screening: 507-379-5176 Kim Ehrich, ECFE Registration: 507-379-5318

# PUDDLE JUNPERS

Join us on a nature walk as we waddle down by the lake. We will then march back to the classroom with a duck themed activity! Don't forget to wear your mud boots!

# Tuesday March 5th 9:00-10:30am

# Brookside Education Center | Cost is \$6 For ages 2–5 years & Parents

Call 507-379-4838 to register or visit AlbertLeaCommunityEd.org/EarlyChildhood



# Insects



#### For ages 1-3 years & parents

Squiggly and wiggly, let's have some fun with insects! Come learn and play with insect themed activities and story time.

Thursday, March 21st from 5:00-6:00pm Brookside Education Center, Room 200





With summer approaching it's always a good idea to discuss outdoor safety with your family. In these classes we will have members of our community come and discuss different ways we can be safe outdoors and still have fun! Community members will include; firefighters, police officers and a Health Care provider from Mayo Clinic.

When?

Code EC02 | Tuesday, May 21 Code EC03 | Tuesday, May 28 Code EC04 | Tuesday, June 4 from 5:00-6:00pm

Brookside Education Center Outdoor Adventures Classroom

Call 507-379-4838 to register or visit AlbertLeaCommunityEd.org/EarlyChildhood

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Visit AlbertLeaCommunityEd.org/EarlyChildhood for registration. 3

Albert Lea Early Learning's Parent Educators, Krista Doyle & Mary Jo Volkman.

### PARENTING BOOK CLUB



Are you a book lover? Do you enjoy engaging in literary conversations? If so, this class is tailored just for you! We will be reading the parenting book "Hunt, Gather, Parent" by Michaeleen Doucleff, PhD. We will meet every other week, allowing you ample time to read the assigned chapters. Don't worry if you fall behind; the book will be supplied during class and you can take it home with you afterward.

#### EC20 🔤 🕄

Every other Thursday, March 21- May 16 CareAboutU Cafe Rm. 202

5 sessions 5:30-6:30pm \$16

# **SIGNING FOR FAMILIES**

Come learn basic signs as we explore sign language with you and your child. Sign language is great for communication with babies and is never too late to start! Each week we will focus on a different theme such as colors or animals.

#### EC20 NEW 🕄

Mondays, March 25- April 29 CareAboutU Cafe Rm. 202

6 sessions 1:00-2:00pm See Fee Chart

1 session 6:00-7:30pm

\$10



### **PARENT SPA NIGHT**

When we become parents we often put our own self care on the back burner. Let's take some time to relax, rejuvenate, and have a parenting discussion. There will be spa themed make-and-takes as well as an certified esthetician.

EC20 🔤 🕄	
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Tuesday, May 28 CareAboutU Cafe Rm. 202

**4** ALBERT LEA EARLY LEARNING



**BABY BUDS** 6-18 month olds & parents Parent Educator: Krista Doyle & Mary Jo Volkman

The first year of your baby's life is very special. Enjoy quality time with him/her singing songs, doing baby art, and learning about all of their developmental milestones. Parenthood is ever-changing and sometimes scary, let us help you along the way, meet weekly with a parent educator to play and learn.

#### EC12

Tuesdays, March 19- May 14 ECFE Rm. 204

**EC13** 

Thurdays, March 21- May 16 ECFE Rm. 204

9 sessions 4:30-5:30pm See Fee Chart

9 sessions 10:00-11:00am See Fee Chart

LITTLE EXPLORERS Parent Educator: Krista Doyle

6-18 month olds & parents

Let's crawl and play as we sing songs and explore different sensory experiences with our little one. There will be an art project each week. We will have parenting discussions on topics on the stages that you are currently going through.

EC04 Thursdays, March 21- May 16 ECFE Rm. 204

8 sessions 9:00-10:00am See Fee Chart

BABY SHOWER Expecting parents & 0-6 months babies Parent Educator: Krista Doyle

Congratulations, you're expecting or have recently given birth! We would love to welcome you into our Early Childhood Family Education family! You will meet other expecting families in the community and take home a goodie bag! We will tour the facility and learn about what programs we have to offer! Join us in this night of celebration.

EC10	<i>1 session</i>
Friday, March 22	<b>10:00-11:00am</b>
ECFE Rm. 204	FREE
EC11	<i>1 session</i>
Friday, April 26	<b>10:00-11:00am</b>
ECFE Rm. 204	FREE
🔂 POPULAR CLASS 🥵 SIBLING CARE OFFERED	NEW CLASS OFFERING



#### PEA PODS

Bring your little busy body to a weekly themed class full of crafts, stories, and of course PLAY. They will engage with other children their age while parents meet in an adjoining room for a short discussion. Your Pea Pods will love this new experience!

#### EC26 🕄

Tuesdays, March 19- May 14 ECFE Rm. 204

9 sessions 8:30-9:30am See Fee Chart

**BUZZY BEES** 2-3 year olds & parents

Get ready for some fun! You and your toddler will get to meet new friends, move and groove at circle time, and bring home an art project to display on your fridge! Adults will enjoy some social interaction with a brief parenting discussion in an adjoining room.

#### EC16 🔂 🕄

Tuesdays, March 19- May 14 ECFE Rm. 204

9 sessions 9:45-11:00am See Fee Chart

#### **GROWING TOGETHER**

This class will have your kiddo wanting to come back for more! Class will begin with an art project and lead into circle time with our new friends! Your child will have play time while you engage in a short discussion with a parent educator. You will learn new tips and tricks to try with your family!

#### EC17 😭 🕄 Tuesdays, March 19- May 14 ECFE Rm. 204

9 sessions 5:45-6:45pm See Fee Chart

#### FUN ACTIVITY SERIES

Weekly themed fun for you and your preschooler to enjoy together! There will be stations set up with learning activities that you will rotate through. This class mixes learning, problem solving, and art!

#### EC15 🚯

Wednesdays, March 20- May 15 ECFE Rm. 203

9 sessions 1:30-2:30pm See Fee Chart

#### GRAND CONNECTIONS

What kid doesn't love an afternoon with Grandma, Grandpa or a caregiver? Get in on the fun and bring your little to this hands on class! Together you will sing songs, read stories, and create lifelong memories! Adults will meet with a parent educator in an adjoining room for a brief discussion.

#### **FC18**

Thursdays, March 21- May 9 ECFE Rm. 204

8 sessions 1:30-2:30pm See Fee Chart

SUPER SCIENTISTS

Children are natural scientists. They analyze the findings, learn from exploration, and apply knowledge to new situations. Join us for this scientific inquiry where we learn and play together. Each week you will receive a new book to add to your home library!

#### EC06 NEW 🕄

Thursdays, March 21- April 11 ECEE Rm. 204

4 sessions 9:30-10:45am See Fee Chart

MIXED MEDIA MAGIC

This class is all about self expression and exploring art! Every week you and your preschooler will try new art mediums and get messy. Watch them blossom into emerging artists and take home their masterpieces! Be sure to wear clothes that you can get messy in.

#### EC19 🕄

Thursdays, March 21- May 16 ECFE Rm. 203, No class April 11

8 sessions 4:00-5:00pm See Fee Chart

NATURE IS NEAT!

This four week series of NATURE will help children appreciate the wonders of their environment and the world around them. The topics will be; insects, animals, ecology, and weather. Studying nature provides opportunities for discovery, exploration, creativity, problem solving, and STEM education. Every session your child will receive a FREE book about the topic for the week.

## EC07 🔤 🕄

Thursdays, April 18- May 9 ECFE Rm. 204

4 sessions 9:30-10:45am See Fee Chart

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Visit AlbertLeaCommunityEd.org/EarlyChildhood for registration. 5

SUMMER	PRESCHOOL	AVAILABLE
	: <b>be 3 or 4 years old on or before Septer</b> Potential scholarships available for qualifying	
Monday - Friday	Cost: \$150/week	WrapAround Care Available
June 3rd - 28th 8:30am-1:30pm	Includes breakfast and lunch. Field trips included.	7:30-8:30am (\$31.25) & 1:30-4:30pm (\$93.75)
	No Class June 19th REGISTER NOV PAPER APPLICATION For more information call Amber of or stop in our office for an of at 211 W Richway Dr, Alber	IS ONLY! at 507-379-4838 application

# ECFE CLASSES AT-A-GLANCE

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Register for classes by scanning the QR code on your mobile device or visit AlbertLeaCommunityEd.org/EarlyChildhood

AGE GROUP	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BIRTH- 1 YEAR		BABY BUDS 4:30-5:30 P.M. 3/19-5/14 PEA PODS 8:30-9:30 A.M. 3/19-5/14		LITTLE EXPLORERS 9:00-10:00 A.M. 3/21-5/16 BABY BUDS 10:00-11:00 A.M. 3/21-5/16	BABY SHOWER 10:00-11:00 A.M. 3/22, 4/26
1-3 YEARS		BUZZY BEES 9:45-11:00 A.M. 3/19-5/14 GROWING TOGETHER 5:45-6:45 P.M. 3/19-5/14		GRAND CONNECTIONS (1-5 YEARS) 1:30-2:30 P.M 3/21-5/9 INSECTS 5:00-6:00 P.M 3/21	
3-5 YEARS		PUDDLE JUMPERS 9:00-10:30 A.M. 3/5	FUN ACTIVITY SERIES 1:30-2:30 P.M. 3/20-5/15	SUPER SCIENTISTS 9:30-10:45 A.M. 3/21-4/11 NATURE IS NEAT 9:30-10:45 A.M. 4/18-5/9	
				MIXED MEDIA MAGIC 4:00-5:00 P.M. 3/21-5/16	
BIRTH- 5 YEARS	SIGNING FOR FAMILIES 1:00-2:00 P.M. 3/25-4/26			ECFE 50TH YEAR CELEBRATION 5:00-6:00 P.M.	
				SPRING SAFETY SERIES 5:00-6:00 P.M. 5/21, 5/28, 6/5	
PARENTING & VIRTUAL SESSIONS		PARENT SPA NIGHT 6:00-7:30 P.M. 5/28		PARENTING BOOK CLUB 5:30-6:30 P.M. 3/21, 4/4, 4/18, 5/2, 5/16	

	SCRE	ENING	
		nple check of how your child is le ns so children can get help befor	
P 3-5	WHAT TO EXPECT AT A	SCREENING APPOINTMENT	
		Weight Check - Immunization Revie	The second se
Motor, Sc	cial & Emotional Development	- Thinking, Language & Communicat	ion Skills
		ING DATES	
MONDAY, JUNE 3 8:00-2:00PM	TUESDAY, JUNE 4 3:00-6:00PM	THURSDAY, JULY 25 8:00-2:00PM	FRIDAY, JULY 26 3:00-6:00PM
	Brookside Education Center, 2	11 W Richway Drive, Albert Lea, Ml	N 56007
To sch	edule vour child's appointme	nt, register online at AlbertLeaCon	
		nail amber.mattson@alschools.or	
			<u> </u>
<b><i>Class Regist</i></b> 3 WAYS TO REGISTER - C Parent's First & Last Name:		n ONLINE Albert leaf communityEd Amber Mat	CALL IN PERSON 211 W Richway Drive with Amber Mattson
<b>3 WAYS TO REGISTER - C</b> Parent's First & Last Name:	r <i>ation Forn</i> heck or card accepted	ONLINE AlbertLeaCommunityEd. org/EarlyChildhood Kim Ehric	CALL tson (507) 379-4838 h (507) 379-5318
<b>3 WAYS TO REGISTER - C</b> Parent's First & Last Name:	ration Form heck or card accepted	n ONLINE Albert leaf communityEd Amber Mat	CALL tson (507) 379-4838 h (507) 379-5318 IN PERSON 211 W Richway Drive with Amber Mattson
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Visit AlbertLeaCommunityEd.org/EarlyChildhood for registration. 7



Albert Lea Early Learning 211 West Richway Drive Albert Lea, MN 56007

# SPRING CLASS FEE CHART

The class fee is based on your household's total yearly income, before taxes and your family size. This information is confidential. class fees are necessary to supplement state and local tax dollars dedicated to supporting Early Childhood programs for School District 241.

- 1. Locate your family size
- 2. Locate your family income
- 3. Move down column to class fee

Family Size	Annual Income	Annual Income	Annual Income
2	Below \$32,227	\$32,228-49,999	\$50,000 and up
3	Below \$40,626	\$40,627-54,999	\$55,000 and up
4	Below \$49,025	\$49,026-59,999	\$60,000 and up
5	Below \$57,424	\$57,425-64,999	\$65,000 and up
6	Below \$65,823	\$65,824-69,999	\$70,000 and up
Class Pricing			
Pea Pods	\$10	\$17	\$28
Buzzy Bees	\$13	\$21	\$35
Baby Buds (AM & PM)	\$10	\$17	\$28
Growing Together	\$10	\$17	\$28
Fun Activity Series	\$10	\$17	\$28
Little Explorers	\$10	\$17	\$28
Mixed Media Magic	\$9	\$15	\$25
Grand Connections	\$8	\$14	\$22
Super Scientists	\$6	\$10	\$16
Nature is Neat!	\$6	\$10	\$16
Signing for Families	\$7	\$12	\$19
Behavior & Family Support Group	\$5	\$8	\$13

# NOT SEEING A COURSE THAT MEETS YOUR NEEDS?

CALL OR EMAIL OUR STAFF TO DISCUSS MORE OPTIONS THAT WORK FOR YOU! CALL 507-379-4838 OR EMAIL KATRINA.PEDERSEN@ALSCHOOLS.ORG | KRISTA.DOYLE@ALSCHOOLS.ORG