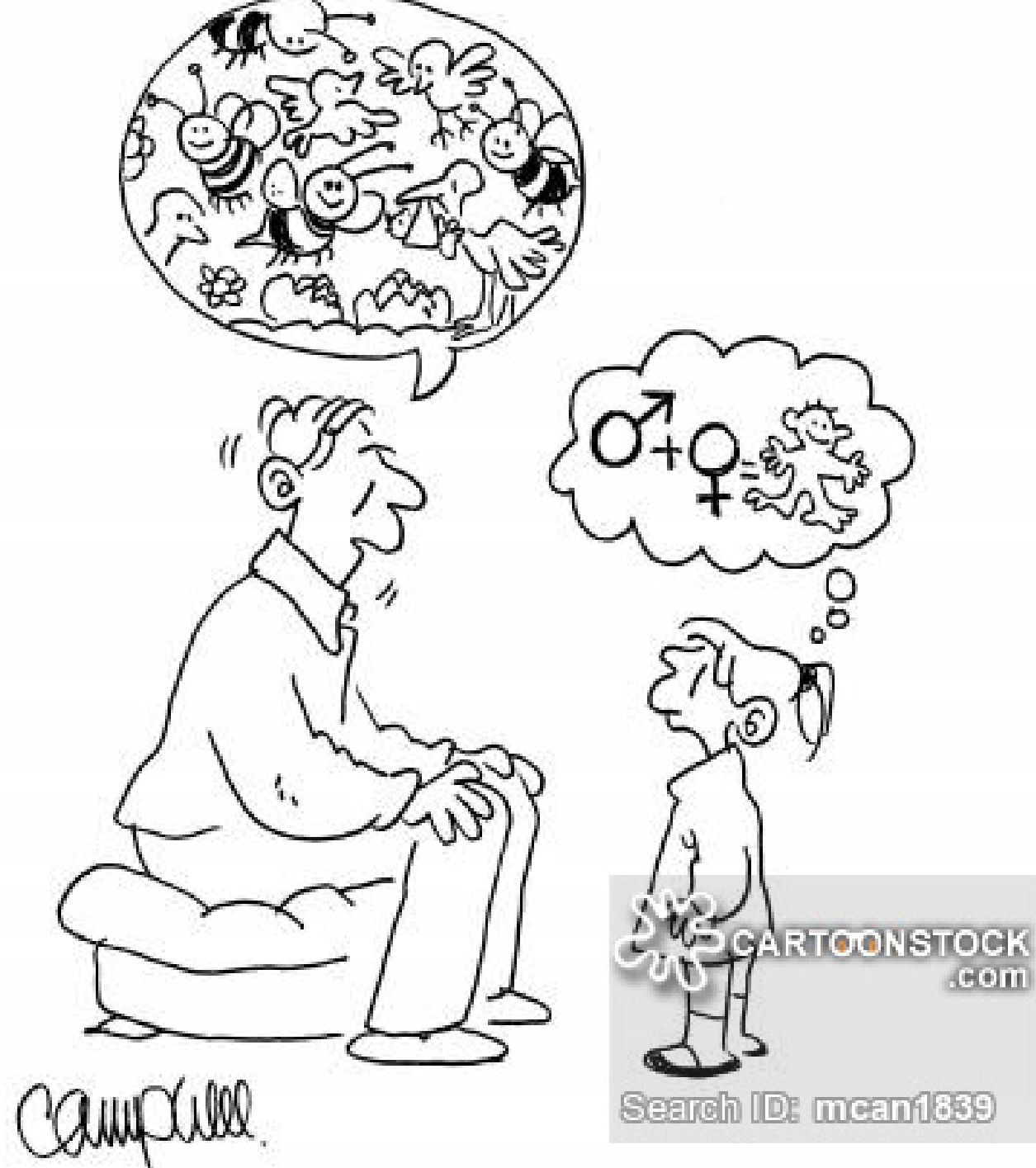


# MAKING HEALTHY DECISIONS

Related to Sexuality  
and Boundaries



# HEALTHY YOUTH SURVEY

2018 Results for Grays Harbor County  
Other Statistics

## 8<sup>th</sup>

- 12% have had sex
- 2% have had 4 or more partners
- 48% used a condom to prevent STDs
- 67% used one or more methods to prevent pregnancy

## 10<sup>th</sup>

- 39% have had sex
- 8% have had 4 or more partners
- 55% used a condom to prevent STDs
- 81% used one or more methods to prevent pregnancy

## 12<sup>th</sup>

- 57% have had sex
- 11% have had 4 or more partners
- 64% used a condom to prevent STDs
- 91% used one or more methods to prevent pregnancy

Verizon 3G

2:12 PM



Messages

Edit

I just had sex ed in school today, Dad! You lied to me! You told me if I have sex before my 16th birthday, my boyfriend will die

VIA 9GAG.COM

Oh, he will, sweetheart, he will.

# Grays Harbor Teen Pregnancy

## 2016 statistics from the WA Dept. of Health

- In 2016 there was 1 pregnancy in the under 15 age group.
  - *1 abortion*
- There were 17 pregnancies in the 15-17 age group.
  - *11 live births, 6 abortions*
- There were 62 pregnancies in the 18-19 age group.
  - *50 live births, 12 abortions*

# 2014 STDs (for Grays Harbor County)

## Chlamydia

- Ages 10-14
  - *1 male, 1 female*
- Ages 15-19
  - *4 males, 51 females*
- Females more likely to be routinely screened, hence the higher rates of reported cases.
- Nationally, per the CDC, 15-19 year olds had the highest rate of reported cases in 2017.

## Gonorrhea

- Ages 10-14
  - *No reported cases*
- Ages 15-19
  - *No reported cases*
- Nationally, per the CDC, among 15-19 year olds, rates increased 15.5% during 2016-2017.
- Is a disease which has developed resistance to treatment.

## Genital Herpes

- Ages 10-14
  - *No reported cases*
- Ages 15-19
  - *0 males, 2 females*
- Providers only required to notify health department under certain circumstances.

There are teenagers having  
unprotected sex, but have  
cases on their cell phones.  
Just let that sink in for a  
moment.

?

# Statistics Reported by the Washington Coalition of Sexual Assault Programs

- A survey of Washingtonians between 2010-2012 found that 45% of women and 22% of men have experienced sexual violence during their lifetime.
- 80% of Washington women's sexual assault experiences occurred prior to the age of 18.
- In 2016, 17.7% of 10th graders in Washington reported that they had been made to engage in unwanted kissing, sexual touch or intercourse.
- Among adults who are developmentally disabled, as many as 83% of the females and 32% of the males are the victims of sexual assault.



# BRIEF HISTORY OF SEXUAL EDUCATION IN THE UNITED STATES

1940 to present day

# Now, That You're Big



By  
Simon Greiner

Now that you're big  
There's some stuff you should know

There's some stuff you should know  
About your bits down below



- 1940 The U.S. Public Health Service advocates for sexuality education in schools, labeling it an “urgent need.”
- 1955 “Sex education series” pamphlets for schools published by the American Medical Association in conjunction with the National Education Assoc.
- 1966 The US Dept. of Education funds agencies to develop sexual health education programs in response to the sexual revolution and to address the growing issue of teen pregnancy.
- 1971 Implementation of comprehensive sex education (CSE) in all public schools is supported at the national level.
- 1980s Promotion and expansion of CSE halted in response to the AIDS epidemic and religious groups in favor of abstinence-only education (AOE).
- 1986 The Surgeon General calls for comprehensive AIDS and sexuality education in public schools, beginning as early as the third grade. "There is now no doubt that we need sex education in schools and that it include information on heterosexual and homosexual relationships . . . The need is critical and the price of neglect is high."
- 1996 As part of welfare reform law, grants are provided to states that adopt AOE, with many states adopting abstinence programs to obtain federal funding.
- 2010 Funding is decreased for AOE and increased for CSE, but as of 2016 there were more funding opportunities for AOE than CSE.

# State of Washington and North Beach School District

- Current Washington law states that “the decision as to whether or not a program about sexual health education is to be introduced into the public schools is a matter for determination at the district level by the local school board.”
- Any sexual health education that is introduced must be comprehensive, not abstinence only.
- According to the Grays Harbor Public Health Department “we no longer teach sex education in the schools.”
- Parents have always and will always be a child’s first and best teacher, including sexuality issues. The data and pending state law suggest that schools also play a significant role.

SB 5395 – 2019-20

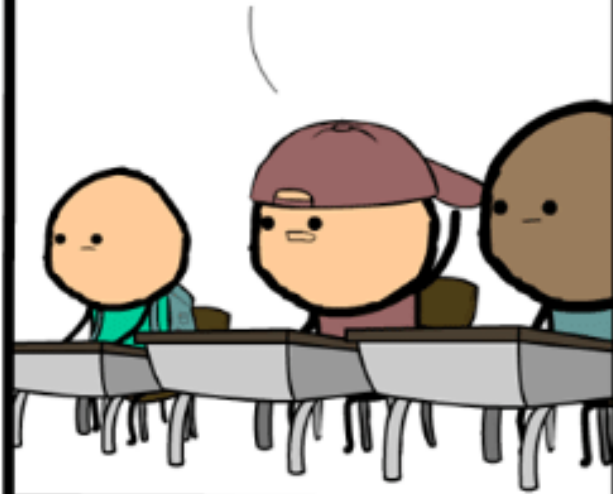
HB 1407 – 2019-20

Legislation Concerning  
Comprehensive Sexual Health Education

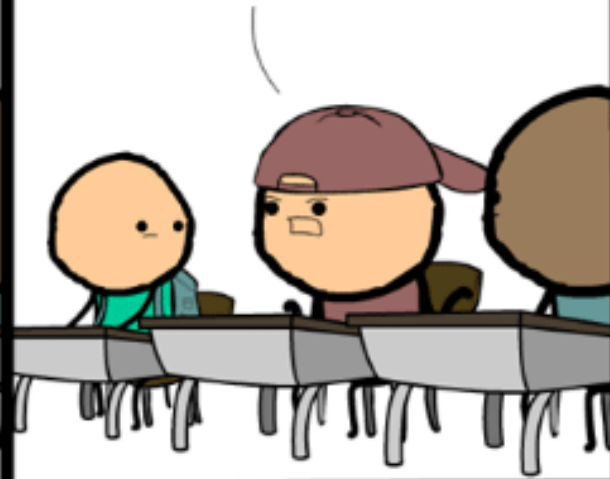
# Comprehensive information and skills-based instruction on:

- Preventing unintended pregnancy and sexually transmitted disease
- Encouraging healthy relationships based on mutual respect and affection, free from violence, coercion, and intimidation
- Identifying and responding to attitudes and behaviors that contribute to sexual violence
- Affirmative consent (conscious and voluntary agreement)
- Must be evidence-informed, medically and scientifically accurate, age appropriate, and inclusive for all students
- Families will be able to opt out

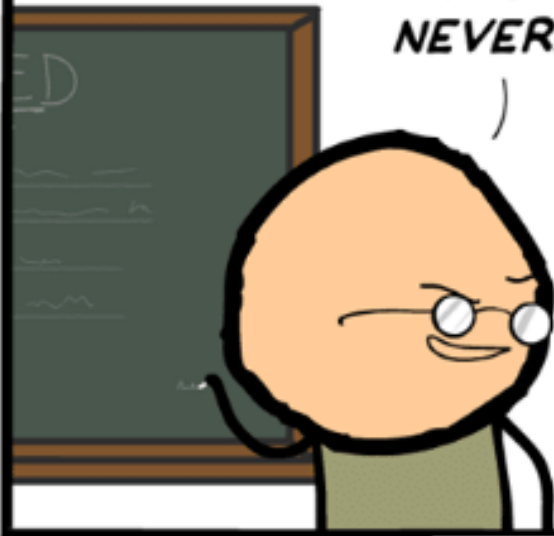
HEY, TEACHER?



WHEN ARE WE ACTUALLY  
GONNA USE ANY OF THIS?



YOU?  
**NEVER.**



Sex ED



**OOO BURN!**

# Timeframe

- On 4-28-2019 bill was in the process of being amended.
- If passed:
  - *Must be phased in with 6<sup>th</sup>-12<sup>th</sup> grade students by 09/01/20*
  - *Must be phased in with K-5<sup>th</sup> grade students by 09/01/21*
  - *Full implementation for all public schools and all grade levels by 09/01/21*



# COMPREHENSIVE VS ABSTINENCE ONLY

Some reasons why the State of Washington may be trying to promote comprehensive sexual health education in the schools

# Why?

- Studies of Comprehensive Sexual Health Education programs have demonstrated:
  - *Statistically significant declines in teen pregnancy, HIV, and other sexually transmitted infections*
  - *A statistically significant delay in the timing of first sex*
  - *Reduction in the frequency of sex, including return to abstinence*
  - *Reduction in number of sexual partners*
  - *Reduction in unprotected sex with increased use of condoms and other methods of birth control*

“Vows of abstinence break more easily than latex condoms.”

Jocelyn Elders  
former U.S. Surgeon General

# CHOOSING THE CURRICULUM

Evidence-Informed and Medically and Scientifically Accurate  
Two OSPI Recommended Curriculum Examples



"You don't need to tell me about the birds and the bees. I just Googled it."

# FLASH

## Used by King County

- <https://www.etr.org/flash>
- Developed by Public Health – Seattle and King County
- Since 2015 has been purchased for use in 44 states
- Has family involvement component with homework activities for each lesson

# 3Rs

## Used in Spokane

- <https://3rs.org/3rs-curriculum/>
- Recently approved for use by both a citizens' committee and the school district leadership team
- Based on a European Study Tour
- Includes family homework
- States it is a free curriculum