

Wellness Committee Meeting

5/16/22

3:25 p.m. start time

Present: Lori Bruce, Lori Aquavella, Susan Robichaud, Lori Desjardin, Dana Meyer, Meghan Laughlin

Community Hike did not happen. Feel Good Fun Committee has been trying to organize some events. Had a good turnout for Eviva Night Out. Seems like people are more responsive to relaxing events rather than exercise focused. Planning a walk on 5/31 to Kimball's, hoping for a good turnout.

On May 23 there is a "favorites" potluck.

Discussed the possibility of a staff last day event but there is a lot going on the week before.

Kitchen Updates: Haven't done a smoothie day due to Covid but would like to get back to that next year.

Health Office Updates: Trying to book CPR course, probably won't happen this school year.

Meeting Ended: 3:50 p.m.