

Carlisle Public Schools

Wellness Committee Meeting

Date: Monday, November 14, 2022

Time: 3:15 – 4:15

Location: Grant 209

Agenda

- Welcome & introductions
- Requests for additions to the agenda
- Department updates
 - Health Office
 - Food Service
 - Health Education
- Staff wellness updates
 - Overview of past events
 - Upcoming events
 - Thanksgiving potluck
 - After-school social
 - Secret Snowflake gift exchange
- Review [Carlisle Public School District Wellness Policy](#)
 - Per Jim O'Shea: *What are [our] thoughts? Is there anything we [as a district] should be doing that we are not? Are there any recommendations you would make to the Policy Committee?*
- Committee priorities for the 2022–2023 school year
 - Student and staff mental health
 - Potential for parent involvement
 - Potential for middle school student involvement
 - Additional suggestions
- Future meetings:
 - Monday, January 9th
 - Monday, March 13th
 - Monday, May 8th