

Choosing High-Quality Media for Your Kids

TV Show Title:

| | | Rate each category from 1 to 5. | For my family. |
|--------------|----------------------------------------------------------------------------------------------------------------------------------|---------------------------------|----------------|
| A + | Educational Value Can kids learn something from the show? | | |
| # | Positive Messages Does the show communicate positive values and responsible behavior? | | |
| +1 | Positive Role Models Do the characters make good choices? | | |
| • # 4 | Diverse Representations Do the characters represent diverse groups of people? Are they well-rounded? Do they avoid stereotypes? | | |
| Sk | Violence & Scariness Is there hitting and fighting? Weapons? | | |
| | Sexy Stuff Does the show include (or hint at) romantic relationships? If so, how are they shown? | | |
| #! | Language Is there swearing or name-calling? | | |
| \$ | Consumerism Are there products or toys in the show? Are they trying to sell something? | | |
| | Drinking, Drugs & Smoking Do characters drink, smoke, or do drugs? | | |





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How Do Media Choices Affect My Child?

| Does it reflect my child's interests? How? |
|-------------------------------------------------------------|
| Does it provide opportunities for self-expression? How? |
| Does it help us have fun together? How? |
| Does it encourage my child to use their imagination? How? |
| Does it encourage learning? How? |
| Does it help with fine and/or gross motor development? How? |
| Does it provide a connection between home and school? How? |
| Does it help my child learn empathy? How? |



