

# WELLNESS COMMITTEE MEETING

January 18, 2024

1:30 PM – 2:15 PM

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## Agenda

1. Introductions and Subcommittee Review
2. SNAP-Ed New York; Cornell Cooperative Extension, Hudson Valley Region
3. Committee Chair Updates
4. Focus on Policy Implementation – Subcommittees to develop action plans:
  - a. Go through the Policy and Triennial Assessment.
  - b. Identify Top 3 Priorities
  - c. Prepare an implementation action plan for selected topics.
5. Create Practice Implementation Plan - Topics (Suggested Subcommittee)
  - a. Nutrition Education (All)
  - b. Standards for School Meals (School Meals)
  - c. Standards for Competitive and other foods and beverages (Secondary)
  - d. Physical Education and Physical Activity
  - e. Wellness Promotion and Marketing (Elementary & Secondary)
  - f. Implementation, Evaluation & Communication (All)
6. Triennial Assessment
  - a. 2<sup>nd</sup> Round - Wellness Policy Due June 30
  - b. Triennial Assessment – Review
  - c. Interviews
7. Closing and reminders:
  - a. Subcommittees meet before Winter Recess
  - b. Meeting dates SY 23-24
    - i. March 21, 2024
    - ii. May 16, 2024