

Whitney ISD School Health Advisory Council

Date: February 21st, 2024

Time: 4:00pm

Location: Boardroom in the Admin Building

SHAC MEETING AGENDA

- **Positive feedback- “Tell me something good”**
- **Updates**
 - **Successful 1st Annual Mental Health Fair for HS/MS**
 - **Next blood drive will be held on April 3rd hosted by NHS**
- **Heart Health Month**
 - **Jump rope for heart- Elementary**
 - **Kids heart challenge- Intermediate**
 - **Hands only CPR- Intermediate campus instructed by Jan Holt**
 - **Hands only CPR- MS campus instructed by campus nurse**
 - **Hands only CPR- HS campus instructed by campus nurse**
- **Employee Health/Wellness**
 - **Weight Loss challenges**
 - **Walking/exercise challenges**
 - **Water challenges**
 - **Healthy Potlucks**
- **Bullying Prevention- updates**
- **Teacher support**
 - **Continue staff morale boosters**
 - **Positive affirmations**
- **Mental Health Interventions- Updates**
 - **Campus wide concerns**
- **Drug Prevention Safety/Abuse prevention - updates**
 - **VOICE program**
 - **Camp Careful**

