

Madison Smart Snacks

Smart Snack Regulations



Madison School District follows the established science-based USDA nutrition standards for smart foods and beverages sold to children at school during the school day. These are also known as "al a carte" purchases on meal accounts. This institution is an equal opportunity provider.

Any food sold or served at school must:

- Be a "whole grain-rich" grain product (at least 50%); or
- Have the first ingredient a fruit, a vegetable, a dairy product, a protein food; or
- Be a combination food that contains at least a cup of fruit and/or vegetable



Food must also meet certain nutritional requirements:

- Calorie Limit: $< \text{ or } = 200$ calories
- Sodium Limit: $< \text{ or } = 200$ mg
- Total Fat Limit: $< \text{ or } = 35\%$ of calories
- Saturated Fat Limit: $< 10\%$ of calories
- Trans Fat Limit: 0 grams
- Sugar Limit: $< \text{ or } = 35\%$ of weight from sugars in foods



LINQ Connect

- Titan Family Portal is now LINQ Connect!
- Register at linqconnect.com
- View child's itemized transaction using website
- Alert cafe to set restrictions for purchases
- View and pay balance electronically

