

PISD

School Health Advisory Council

Agenda and Minutes

Hybrid - Zoom (virtual) and In-person

Date: Tuesday, January 23, 2024 @ 6:00 - 7:00

Billie Jo	Adams
Stacey	Seiter
Jeffrey	Button
Debra	Nash
Kayla	Walling
Amber	Evans
Sylvia	Newhouse
Cindy	Smith
Briana	Jensen
Raquel	Pastrana Rodriguez
Maria	Stiney
Wendy	Cain
Allison	Gonzalez
Sara	Trammell
Hallie	Mendez
Amanda	Douglas

Agenda

Presenter	Description	Time
WAC	Call to order / Begin recording meeting through Zoom	5 min
All	Roll Call / Introduction of any new attendees	5 min
KW	Approve previous meeting minutes - 1/9/2024	5 min
WAC	Old Business - 1. Triennial Assessment of PISD Wellness Plan a. Amber Evans shared the results of the district	10 min

	<p>assessment.</p> <ol style="list-style-type: none"> 2. PISD Wellness Plan Creation <ol style="list-style-type: none"> a. PISD Wellness Plan for 2024-25 is completed b. Emailed out to SHAC prior to this meeting c. Will be posted on the district's SHAC website after this school year 3. Counseling Curriculum for 2024-25 <ol style="list-style-type: none"> a. Counselors have completed their curriculum reviews b. Specific topics must be presented to the SHAC for their recommendation to the Board c. Requirement that 2 public meetings must be held - first required meeting was held on 1/9/24 d. HB 3908 requires SHAC input in the area of Substance Abuse and Prevention <ol style="list-style-type: none"> i. Middle Schools would like to use Youth Equipped to Succeed (YES) - Speaker to provide "Power to Succeed" presentation w/ A. Douglas (Southard Counselor) sharing information ii. LHS would like to use Collin County Substance Abuse Program speakers for 9th grade w/ R. Pastrana (LHS Counselor) sharing information iii. LHS would like to use Grace to Change speakers for 10th grade w/ R. Pastrana (LHS Counselor) sharing information iv. PHS would like to use Operation Prevention for 11th and 12th grades w/ K. Walling (PHS Counselor) sharing information v. PHS would like to use "Dead on Arrival" for 12th grade w/ K. Walling (PHS Counselor) sharing information 4. District Updates <ol style="list-style-type: none"> a. Health Services - vision/hearing and scoliosis screenings continue at required grade levels b. Nutrition Services - taste tests continue c. Counseling Services - Counselor Appreciation week approaching soon (1st week of February) / new positions added for 24-25 school year 	
All	<p>New Business -</p> <ol style="list-style-type: none"> 1. Counseling Curriculum for 2024-25 <ol style="list-style-type: none"> a. Counselors have completed their curriculum reviews b. Specific topics must be presented to the SHAC for 	32 min

	<p>their recommendation to the Board</p> <ul style="list-style-type: none"> c. Requirement that 2 public meetings must be held - this is the 2nd required meeting d. HB 3908 requires SHAC input in the area of Substance Abuse and Prevention <ul style="list-style-type: none"> i. Middle Schools would like to use Youth Equipped to Succeed (YES) - Speaker to provide "Power to Succeed" presentation w/ A. Douglas (Southard Counselor) sharing information - Any questions or input? ii. LHS would like to use Collin County Substance Abuse Program speakers for 9th grade w/ R. Pastrana (LHS Counselor) sharing information - Any questions or input? iii. LHS would like to use Grace to Change speakers for 10th grade w/ R. Pastrana (LHS Counselor) sharing information - Any questions or input? iv. PHS would like to use Operation Prevention for 11th and 12th grades w/ K. Walling (PHS Counselor) sharing information - Any questions or input? v. PHS would like to use "Dead on Arrival" for 12th grade w/ K. Walling (PHS Counselor) sharing information - Any questions or input? <ul style="list-style-type: none"> 2. SHAC curriculum recommendation to Board 3. Next meeting discussion 4. District Updates <ul style="list-style-type: none"> a. Health Services b. Nutrition Services c. Counseling Services 	
WAC	<p>Announcements -</p> <ul style="list-style-type: none"> ● Next Meeting - TBD by SHAC @ 6:00 in Hybrid Mode ● Does another meeting need to be held for the 23-24 school year? ● What date would SHAC like to begin meeting for the 24-25 school year? 	2 min
WAC	<p>Adjournment</p> <ul style="list-style-type: none"> ● Time Started - 6:00 pm ● Time Stopped - pm 	1 min

Action / Future Items

Owner	Description	Date Due
All	Topics for next SHAC meeting	TBD
All		
All		

Minutes

<p>Call to Order at: 6:00 pm Recording Started at: 6:01 pm</p>
<p>Roll Call /Introduction of any new attendees</p>
<p>Approval of Previous Minutes of 1/9/2024 meeting Previous Meeting Minutes: Read by Wendy Cain Motion made by: Kayla Walling , Seconded by: Raquel Pastrana Rodriguez / Amanda Douglas</p>
<p>Old Business:</p> <ol style="list-style-type: none"> 1) Triennial Assessment of PISD Wellness Plan - <i>Posted to SHAC Website</i> 2) Wellness Plan creation for 2024-25 school year complete - <i>Will be posted on Website this summer - Mr. McIntyre has skimmed and has liked what he has seen so far</i> 3) Counseling Curriculum recommendation for Board - <i>shared by campus counselors- topics of substance abuse and prevention - this is 2nd of 2 required meetings to decide what we will recommend to Board</i> 4) District Updates: <i>NONE</i> <ol style="list-style-type: none"> a) Health: b) Nutrition: c) Counseling:
<p>New Business -</p> <ol style="list-style-type: none"> 1) Counseling Curriculum Substance Abuse & Prevention content for 2024-25 2) SHAC Recommendation to Board - <i>Probably recommended in February / March</i> <ol style="list-style-type: none"> a) <i>Review of curriculum from previous meetings</i> <ol style="list-style-type: none"> i) <i>JH - Power to Succeed - presented by Amanda Douglas</i> <i>(1) Differentiated by grade level - 6th & 7th/8th</i>

- (2) *Program is Youth Equipped to Succeed - they provide Parent Info nights to allow parents to preview and ask questions - will provide data based on student surveys*
 - ii) *LHS - Collin County Substance Abuse program - presented by Raquel Pastrana Rodriguez*
 - (1) *John Mark Meulman (9th) - speaker, LPC, LCDC - personal experience and works with students regularly*
 - (2) *Grace to Change (10th) - LCDC counselor Shannon White -resource and educational outreach*
 - iii) *PHS - presented by Kayla Walling*
 - (1) *Operation Prevention lessons*
 - (2) *Dead on Arrival*
 - (3) *Shattered Dreams*
 - (4) *Truth about Alcohol & Sex*
 - b) *Discussion of programs - unanimous approval - discussion of opt-in/opt-out procedures - parents and students have choice of participation*
- 3) *Next meeting discussion - only if needed to discuss different curriculum if there is a problem with suggestions*
- 4) *District Updates -*
 - a) *Health: no updates - still screening for vision, hearing, & scoliosis; nurses still seeing some sickness*
 - b) *Nutrition: nothing new*
 - c) *Counseling: deep in scheduling requests now; next week at MS campuses*
- 5) *Meetings for 2024/2025 - Hybrid mode is most convenient; times are good; would be nice to have student input - considered best practice;*

Announcements - Next meeting - *Only if needed* @ 6 - 7pm

- Hybrid format

Adjournment at: 6:34 pm
Recording Ended at 6:34 pm