

# PISD

## School Health Advisory Council

Agenda and Minutes

Hybrid - Zoom (virtual) and In-person

Date: Tuesday, January 9, 2024 @ 6:00 - 7:00

Billie Jo	Adams
Stacey	Seiter
Jeffrey	Button
Debra	Nash
Kayla	Walling
Amber	Evans
Sylvia	Newhouse
Cindy	Smith
Briana	Jensen
Raquel	Pastrana Rodriguez
Maria	Stiney
Wendy	Cain
Allison	Gonzalez
Sara	Trammell
Hallie	Mendez
Amanda	Douglas

## Agenda

Presenter	Description	Time
WAC	Call to order / Begin recording meeting through Zoom	5 min
All	Roll Call / Introduction of any new attendees	5 min
KW	Approve previous meeting minutes - 11/14/2023	5 min
WAC	Old Business - 1. Guest Speaker a. John Mark Meulman from Collin County	10 min

	<p>Substance Abuse Program</p> <ul style="list-style-type: none"> <li>b. Shared w/ SHAC his background and ability to provide educational presentations for the topic of Substance Abuse and Prevention</li> <li>c. Discussion that SHAC must recommend appropriate grade levels and curriculum for instruction (HB 3908)</li> </ul> <p>2. PISD Wellness Plan</p> <ul style="list-style-type: none"> <li>a. SHAC completed revisions to the Plan for the 2024-25 school year</li> <li>b. Plan was emailed to SHAC prior to tonight's meeting</li> </ul> <p>3. District Updates</p> <ul style="list-style-type: none"> <li>a. Health Services - vision/hearing/scoliosis screenings continue</li> <li>b. Nutrition Services - Chicken Tenders taste test to be scheduled</li> <li>c. Counseling Services - Counselors have concluded their curriculum meetings and have curriculum for substance abuse and prevention to present to SHAC for Board recommendation</li> </ul>	
All	<p>New Business -</p> <ul style="list-style-type: none"> <li>1. Triennial Assessment of PISD Wellness Plan <ul style="list-style-type: none"> <li>a. Amber Evans is sharing the results of the district assessment with us.</li> </ul> </li> <li>2. PISD Wellness Plan Creation <ul style="list-style-type: none"> <li>a. PISD Wellness Plan for 2024-25 is now complete</li> <li>b. Emailed out to SHAC prior to this meeting</li> <li>c. Will be posted on the district's SHAC website</li> </ul> </li> <li>3. Counseling Curriculum for 2024-25 <ul style="list-style-type: none"> <li>a. Counselors have completed their curriculum reviews</li> <li>b. Specific topics must be presented to the SHAC for their recommendation to the Board</li> <li>c. Requirement that 2 public meetings must be held - this is the 1st required meeting</li> <li>d. HB 3908 requires SHAC input in the area of Substance Abuse and Prevention <ul style="list-style-type: none"> <li>i. Middle Schools would like to use Youth Equipped to Succeed (YES) - Speaker to provide "Power to Succeed" presentation w/ A. Douglas (Southard Counselor) sharing information</li> <li>ii. LHS would like to use Collin County Substance Abuse Program speakers for 9th grade w/ R. Pastrana (LHS Counselor) sharing information</li> </ul> </li> </ul> </li> </ul>	32 min

	<ul style="list-style-type: none"> <li>iii. LHS would like to use Grace to Change speakers for 10th grade w/ R. Pastrana (LHS Counselor) sharing information</li> <li>iv. PHS would like to use Operation Prevention for 11th and 12th grades w/ K. Walling (PHS Counselor) sharing information</li> <li>v. PHS would like to use "Dead on Arrival" for 12th grade w/ K. Walling (PHS Counselor) sharing information</li> </ul> <p>4. District Updates</p> <ul style="list-style-type: none"> <li>a. Health Services</li> <li>b. Nutrition Services</li> <li>c. Counseling Services</li> </ul>	
WAC	<p>Announcements -</p> <ul style="list-style-type: none"> <li>• Next Meeting - TBD by SHAC @ 6:00 in Hybrid Mode</li> </ul>	2 min
WAC	<p>Adjournment</p> <ul style="list-style-type: none"> <li>• Time Started - 6:00 pm</li> <li>• Time Stopped - pm</li> </ul>	1 min

### Action / Future Items

Owner	Description	Date Due
All	Topics for next SHAC meeting	TBD
All		
All		

### Minutes

<p>Call to Order at: 6:00 pm</p> <p>Recording Started at: 6:00 pm</p>
<p>Roll Call /Introduction of any new attendees</p> <ul style="list-style-type: none"> <li>• Amanda Douglas</li> </ul>

Approval of Previous Minutes of 11/14/2023 meeting  
Previous Meeting Minutes: Read by Wendy Cain  
Motion made by: Kayla Walling , Seconded by: Amber Evans

Old Business:

- 1) District Updates
  - a) Health - Guest Speaker
  - b) Nutrition - Wellness Plan
  - c) Counseling - Curriculum updates needed

New Business -

- 1) Triennial Assessment of PISD Wellness Plan - Amber Evans shared info - every 3 years, evaluate wellness plan - updated and revised. Did well - areas of improvement needed - SMART SNACKS - Met with Mr. McIntyre, reached out to principals, talked with PTO leaders for better compliance - will be posted on Website to be open to public - has to be submitted when audited.
- 2) PISD Wellness Plan Creation continuation
  - a)
- 3) Counseling Curriculum - Tucker's Law HB 3908 - Substance Abuse & Prevention -
  - a) 6th - 8th (Amanda Douglas) - YES (Youth Equipped to Succeed) - Power to Succeed - specifically addresses needs prescribed from Tucker's Law, will also address suicide and self-injury prevention - Delta 8 & Dabbing not covered with 6th grade - will have 7th & 8th grade receive same program - Cost required, but federal funds may cover
  - b) 9th - 10th (Raquel Pastrana) - 9th: Mark Meulman - CCSA program to present - LCDC - covers many things on presentation - paraphernalia, images, risks, common street names, community resources. 10th: Grace to Change - Shannon White - LCDC - treatment center, outreach, resources, education
  - c) 11th - 12th (Kayla Walling) - Operation Prevention - two different programs from Operation Prevention for 11th grade / 12th grade - Also use "Dead on Arrival" but it is not evidenced based
- 4) District Updates
  - a) Health - testing vision, hearing, scoliosis, uptick in health concerns such as flu
  - b) Nutrition - Larger pilot of testing foods - will be serving new menu choices and getting feedback; pizza & chicken tenders
  - c) Counseling Services - Counselor Appreciation week coming up 1st week in February / 4 new positions for next school year - 2 new elem. Positions & 2 at LHS /

Announcements - Next meeting - January 23 , 2024 6 - 7pm  
● Hybrid format

Adjournment at: 6:33 pm  
Recording Ended at 6:33 pm