

PISD

School Health Advisory Council

Agenda and Minutes

Hybrid - Zoom (virtual) and In-person

Date: Tuesday, November 14, 2023 @ 6:00 - 7:00

Billie Jo	Adams
Stacey	Seiter
Jeffrey	Button
Debra	Nash
Kayla	Walling
Amber	Evans
Sylvia	Newhouse
Cindy	Smith
Briana	Jensen
Raquel	Pastrana Rodriguez
Maria	Stiney
Wendy	Cain
Allison	Gonzalez
Sara	Trammell
Hallie	Mendez
John Mark	Meulman

Agenda

Presenter	Description	Time
WAC	Call to order / Begin recording meeting through Zoom	5 min
All	Roll Call / Introduction of any new attendees	5 min
KW	Approve previous meeting minutes - 10/26/2023	5 min
WAC	Old Business - 1. PISD Wellness Policy a. W. Cain has reviewed Board Policy regarding	10 min

	<p>Student Wellness</p> <ul style="list-style-type: none"> b. No action on the part of the SHAC is needed for the policy <p>2. PISD Wellness Plan</p> <ul style="list-style-type: none"> a. W. Cain has begun the process of revising the district's Wellness Plan to be in line with the district's Wellness Policy b. Areas in yellow are items that need to be discussed and decided by the SHAC - the group needs to decide on objectives for each goal - is more than one needed? c. W. Cain has added suggestions (in an effort to give something for the SHAC to review) for Action Steps / Stakeholders / Needed Resources d. SHAC will need to develop measures of success for whatever objectives are decided upon <p>3. District Updates</p> <ul style="list-style-type: none"> a. Health Services - immunizations and other screenings continue / Science Camp is coming up soon b. Nutrition Services - new entree tastings at various grade levels to gauge students' opinions c. Counseling Services - discussion about counseling curriculum for the 2024-25 school year will begin at the end of October 	
All	<p>New Business -</p> <ul style="list-style-type: none"> 1. Guest Speaker - Mr. John-Mark Meulman, Collin County Substance Abuse Program <ul style="list-style-type: none"> a. Sharing educational information on Fentanyl with us b. HB 3908 - SHAC must recommend appropriate grade levels and curriculum for instruction regarding the dangers of opioids, including addiction to and abuse of synthetic opioids c. Instruction must be provided annually to grades 6 - 12 d. Instruction must be research-based and include the following items: <ul style="list-style-type: none"> i. Fentanyl abuse prevention ii. Drug poisoning awareness iii. Suicide prevention iv. Abuse/addiction prevention v. Awareness of local resources and how to access them vi. Any other related health information e. What curriculum topics need to be shared at each grade level? SHAC's recommendation required. 	32 min

	<ol style="list-style-type: none"> 2. Triennial Assessment of PISD Wellness Plan <ol style="list-style-type: none"> a. Amber Evans is sharing the results of the assessment with us. 3. PISD Wellness Plan Creation continues <ol style="list-style-type: none"> a. Revisions that were discussed in October meeting have been made to the document b. Continuing edits at Implementing Goals for Other School-Based Activities 4. Counseling Curriculum for 2024-25 <ol style="list-style-type: none"> a. Counselors are beginning the process of reviewing and discussing curriculum needs for the 2024-25 school year now. b. Leveled meetings will be held with counselors during November. c. There are some topics (if changes are made) that will need to come before the SHAC (2 public meetings) and have the SHAC make the recommendations to the Board. 5. District Updates <ol style="list-style-type: none"> a. Health Services b. Nutrition Services c. Counseling Services - curriculum updates as previously discussed 	
WAC	Announcements - <ul style="list-style-type: none"> • Next Meeting - Tuesday, January 9th @ 6:00 in Hybrid Mode 	2 min
WAC	Adjournment <ul style="list-style-type: none"> • Time Started - 6:00 pm • Time Stopped - pm 	1 min

Action / Future Items

Owner	Description	Date Due
All	Topics for next SHAC meeting	TBD
All		
All		

Minutes

Call to Order at: 6:00 pm
Recording Started at: 6:00 pm

Roll Call /Introduction of any new attendees

- John-Mark Meulman - Collin County LCDC
- Hallie Mendez - 2nd grade Teacher, school counseling student

Approval of Previous Minutes of 10/26/2023 meeting

Previous Meeting Minutes: Read by Wendy Cain

Motion made by: Kayla Walling , Seconded by: Amber Evans

Old Business:

- 1) PISD Wellness Policy - no action needed
- 2) Wellness Plan - creating fro 24-25 school year (continued tonight)
- 3) District Updates
 - a) Health , immunization records, vision/hearing screening being done, science camp
 - b) Nutrition - entree tastings
 - c) Counseling - Curriculum revisions for 24-25 school year

New Business -

- 1) Guest Speaker - John-Mark Meulman - Collin County Substance Abuse Program
 - a) Sharing educational info on Fentanyl with/us
 - i) Fentanyl overdosing driving bills and legislation. - many of the young kids believe they are taking other drugs that may be laced with Fentanyl
 - ii) Can differentiate between age groups, JMM is LPC and could help provide additional presentations on suicide prevention.
 - iii) Define what is needed from Collin County Substance Abuse Program to help provide information to us. - How can they support us?
 - b) HB 3908 - SHAC recommend appropriate grade levels & curriculum for instruction regarding opioids / Instruction for grades 6 - 12 grades / each year / Research based and include required items / curriculum topics at each grade level - SHAC recommends what will be used to the School Board - how can we tailor information to different campus levels
 - i) Suggested NIDA for teens - National Institute for Drug Awareness website / SAMHSA website
 - ii) As a parent, Sara thinks a guest speaker would be great, but not necessarily needed all the time. - does think that marketing should be amped up and using more information and more often - multiple viewpoints would be helpful - 7 times shown before purchasing decision
 - iii) SHAC should have a conversation of what should be covered over different years
 - iv) Red Ribbon Week - could be used for roll out with presentations
 - (1) Elementary - focus on drug free & bully free - dress up days, guidance lessons for different ages, delivered by books
 - (2) Middle -
 - (3) High School - facts shared during announcements, dress up

- days,
- v) Billie Joe suggested a video to push out to classes if speaker wasn't available
- 2) Triennial Assessment of PISD Wellness Plan - will be covered at January meeting
 - 3) PISD Wellness Plan Creation continuation
 - a) Starting from pg. 12 (Goal 1 - Objective 1; remove objective 2)
 - i) Measure of success - implementation of timing during onsite visits - counting how many students came through per minute, or how long did it take 10 students to go through the line
 - b) Goal 2 - Objective 1
 - i) Measure of Success - Pre/Post tests with guidance lessons (Likert scale) & Needs Assessments for students / staff / parents & Campus Climate Surveys
 - c) Goal 3 - Objective 1
 - i) Measure of Success - numbers from Care Solace access
 - d) Nutrition guidelines - Good
 - e) Food & Beverages Sold - Fundraisers - to be consumed during the school must be smart snack compliant - focus on vending machines, then work on school stores, and then fundraisers
 - f) Food & Beverages Provided - food given to students for free, does not have to meet Smart Snack compliance - taken out
 - 4) Counseling Curriculum - have begun the process , through leveled meetings
 - a) If some topics have changed or programs have changed, will need SHAC approval
 - 5) District Updates
 - a) Health - all good, a lot of stomach bug in clinics, respiratory
 - b) Nutrition - this week is Thanksgiving feasts; pizza taste testing successful; after Thanksgiving break will schedule chicken tender taste testing for next year
 - c) Counseling Services - curriculum update and revisions

Announcements - Next meeting - Tuesday, January 9, 2024 6 - 7pm

- Hybrid format

Adjournment at: 7:08 pm
Recording Ended at 7:08