

Serving fruit and vegetables on the same tray offers variety while saving space

A rainbow of Veggie Cruncher Cups are presented daily

Sauquoit High School pairs red peppers with a dark green spring mix back drop for contrast

Zucchini is sliced at Memorial Park Elementary for the Harvest of the Month recipe- Zucchini Parmesan

Samples of allergen free Sunbutter were taste-tested at Frankfort Elementary

Did you know- Fresh fruits and vegetables, whole grains, lean protein and low fat dairy are available every day as part of school lunch and breakfast. Students in all grades have a daily choice of entrées including a fresh salads and sandwiches. Many items are homemade and almost 20% of our food dollars are spent on New York State grown and produced items.

Large salads are a complete grab and go reimbursable lunch

BOCES Conservation class grows lettuce and tomatoes for a "Greenhouse to School" partnership

A variety of Chilled and Fresh Fruit is available at breakfast and lunch

