

## Satsuma Football August 2023

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>July 31</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
OFF Yard Weights	OFF Yard Weights	OFF Yard Weights	OFF Yard Weights	OFF Yard Weights
<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>
First Day of School Preseason # 1 6:00 PM - 8:30 PM Helmets Middle School / Varsity	Preseason # 2 6:00 PM - 8:30 PM Helmets Middle School / Varsity	Preseason # 3 6:00 PM - 8:30 PM Shells Middle School / Varsity	Preseason # 4 6:00 PM - 8:30 PM Shells Middle School / Varsity	Preseason # 5 6:00 PM - 8:30 PM Full Varsity
<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>
Preseason # 6 3:15 PM - 5:15 PM Full Middle School / Varsity	Preseason # 7 3:15 PM - 5:15 PM Shells Middle School / Varsity	Preseason # 8 3:15 PM - 5:15 PM Full Middle School / Varsity	Preseason # 9 3:15 PM - 5:15 PM Helmets Middle School / Varsity	Preseason # 10 Full Scrimmage (Referees) 3:15 PM - 5:15 PM Varsity
<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>
McIntosh # 1 3:15 PM - 4:45 PM Shells Middle School / Varsity	McIntosh # 2 3:15 PM - 5:15 PM Shells Middle School / Varsity	McIntosh # 3 3:15 PM - 4:45 PM Shells Middle School / Varsity	McIntosh # 4 3:15 PM - 4:15 PM Helmets Middle School / Varsity	McIntosh 7:00 PM - Home Varsity
<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b>	<b>September 1</b>
Cottage Hill # 1 3:15 PM - 4:45 PM Helmets JV @ Citronelle - 6:00 PM	Cottage Hill # 2 3:15 PM - 5:15 PM Shells Middle School / Varsity	Cottage Hill # 3 3:15 PM - 4:45 PM Shells Middle School / Varsity	Cottage Hill # 4 3:15 PM - 4:15 PM Helmets Middle School / Varsity	Cottage Hill Christian 7:00 PM - Home Varsity

Contact Coach Rodney Jordan prior to any missed team activity (251) 753-7847 - All August Practices are MANDATORY -