

2024 Spring Sports

Week 1 Practice/Tryout Information

Spring Sports Parent Meeting – March 5 @ 7:00PM in the Commons

Team	Practice Times	Location	Additional Comments
Badminton	3:45PM – 5:15PM	Fieldhouse	<p>1st week practice will be Monday-Friday from 3:45PM – 5:15PM in the fieldhouse.</p> <p>Players should arrive early to help set up nets and equipment.</p> <p>We have rackets to lend, but please bring your own if you have one.</p> <p>Coach Contact: Peter Cheng pcheng@lwsd.org</p>
Baseball	3:45-6:00PM M,T,Th,F 2:30-5:00PM Wed TBD Sat	Baseball Field	<p>Tryouts will be held Monday 2/26 – Tuesday 2/27.</p> <p>Cuts will be made on Wednesday, 2/28.</p> <p>Players will need rubber or plastic cleats (NO METAL!), their own glove, baseball pants, baseball belt, baseball hat, and a long sleeve shirt/sweatshirt/jacket (We will be outside no matter what!). They should also bring a bat if they have one but not required.</p> <p>Lastly, please NO SUNFLOWER SEEDS! We have a beautiful new turf field and would like to keep it clean! GO RAVENS!</p> <p>Coach contact: Jason Musselman jmusselman@lwsd.org</p>

Golf (Girls)	3:50PM – 5:15PM M-Th	Meet at Willows Golf Course (Par 3 Course) 10402 Willows Rd, Redmond, WA	Tryouts Monday 2/26 @ Willows Par 3 Course practice area and Tuesday 2/27 @ Redwood Golf Range. Be prepared for rain, please. Coach Contact: Michael Fleming mflaming@lwsd.org
Soccer (Boys)	5:00-7:00PM	Soccer Field	Tryouts are Monday, 2/26 – Tuesday, 2/27 5:00-7:00PM (You should be there for all tryouts) Coach contact: Leslie Cox lescox@lwsd.org
Softball	3:45PM-5:45PM M,T,Th,F 2:30PM-4:30PM Wed. 9:00 – 11:30AM Sat	Softball Field	Tryouts Monday 2/26 and Tuesday 2/27 & potentially Wednesday Team(s) will be determined after tryouts on Tuesday or Wednesday Practice begins after tryouts with determined teams. Bring: Glove, molded cleats, bat (if you have one) and tennis shoes. Dress for the weather! We will have Saturday practice 9A-11:30AM Coach Contact: Chris Cook ccook@lwsd.org
Tennis (Girls)	3:45PM-5:45PM M, T, TH, F 2:15-4:15PM Wed	Tennis Courts	Bring your tennis racquet, tennis shoes, clothing for tennis, water, and snacks. Come ready to run around. Coach Contact: Toni Leitao aleitao@lwsd.org
Track and Field	4:00PM-6:00PM M-F 8:30AM -10:30AM Sat	Track	Bring running shoes, sweats, and a raincoat. Coach Contacts: Neil Kells nkells@lwsd.org