

## SHAC COMMITTEE

# MEETING NOTES

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**February 13, 2024 / 3:30- 4:30 PM**

### WELCOME

- Karen Graves, Director of Administrative Services
- Board meeting update: Council may move the board presentation to May 13 instead of the June meeting, when it typically has been scheduled for in the past

### SHAC Website Update Discussion

- Rebecca M.- SHAC officers met with Justin to discuss how to get more information on the SHAC website, asked for ideas from everyone and showed the FBISD site as a good example/model we liked.
- Ideas included- link to Parent ; asking counselors to create a page we can link; drug/counseling info as a monthly tidbit on the page; considering national SHAC pages to link resources as an option; also increasing mobile accessibility, terms useful to parents in a fast search option to link to SHAC page (nutrition, exercise, recess, mental health)
- Steven Schiel: the district already has a book of resources we can pull from; Mental Health Fair- one page with key resources that is very helpful

## WELLNESS PLAN UPDATES

- **Recess**
- Suggestion to add into the plan that intermediate schools be included with elementary recess, and that any new building would incorporate a space for outdoor recess in it's master plan. Consider changing the wording to say "20-30 minutes" for elementary schools to give principals some flexibility on schedule (versus the current "20 minutes" in plan)
- Karen mentioned the wording that we strongly recommend; basically a need implemented in each school and should not be taken away for other reasons. Encouragement when possible.
- Karen will provide a copy of the Wellness Plan for us to all review next meeting
- Other comments on this topics: maybe SHAC could provide a successful model to administration on how to implement more recess in the schedule; each campus would look different to fit more time in; one member asked if we could add more minutes in the day to give more recess but it presents other challenges like transportation, etc; do teachers have much lee-way to work it in but they have TEKS and guidelines to fulfill making it difficult; we can ask for feedback from elementaries to see what is even feasible (maybe someone come to the next meeting to share?); currently elementary does 20 minutes and some try to implement extra when they can but intermediate is combined time with lunch; what about Tomball Int? That is a one year growing issue that will change; what about the new Creekside Int, is there space? There is land/space; one other comment asked why some teachers have recess restriction on playing with nature/exploring while outside is not encouraged for the little ones?

## DISTRICT UPDATES

- Cathy Pool, Director of Health Services: Superintendent Fun Run on April 13, encouraging everyone to come out and participate in all the various activities, more than the run will be there! Some questions about funds raised- they pay for employee incentives, health, wellness and Tomball Education Foundation grants; they go directly to staff/students; if you cannot attend in person you can still contribute and affiliate with your campuses online
- Whitney Johnson, Child Nutrition Director: big updates happening- Tomball High renovation this summer May 31-Aug 1, showed the council the new rendering; large equipment bid this spring break will include many campuses; we have our own Indeed account which has generated 7 applicants already, still have 16 vacancies to fill

## ADDITIONAL COMMENTS

- SHAC positions: officers serve 2 year term and council 3 year term. How do we transition in the next year as our positions are up? If you would consider serving as the current officers will transition out after this year.
- Another committee update about later start times: council was given a reference page with other Texas districts that already have later start times; if we will still consider making a recommendation to the board on this topic.

## CLOSING MEETING

- Next meeting is set for April 9, 2024
- Meeting closed at 4:26pm