



MARCH 1, 2024

## SMART SNACKING

Each month we bring our Discovery Kitchen program to the cafeteria to provide students with an experiential learning activity!

This month, our Discovery Kitchen theme was Smart Snacking!

This month's theme was a great opportunity for students to take what they have learned and create Smart Snacks for school and at home!

See inside for photos of some of the demos we did in February!



As February comes to a close, and we enter March, our minds turn towards the coming of spring!

Warmer days, baseball, flowers, life...it is such a beautiful season!

But as much as we want to look ahead, it is fun to stop and look back on the days that just passed! February was a busy month for us in the world of food service! Super Bowl celebrations, Valentine's Day, Mardi Gras, and lots of other fun days were squeezed in during our shortest month, along with a full week off!

Take a look inside for some highlights from the past month, and don't forget to follow us on Instagram for regular updates every week!

Ben

Benjamin Leahey  
Director of Dining Services  
[bleahey@westportps.org](mailto:bleahey@westportps.org)  
203-341-2431

Follow us on Instagram:  
SHS Café-@wreckers.cafe  
District wide-@Chartwells.Westport



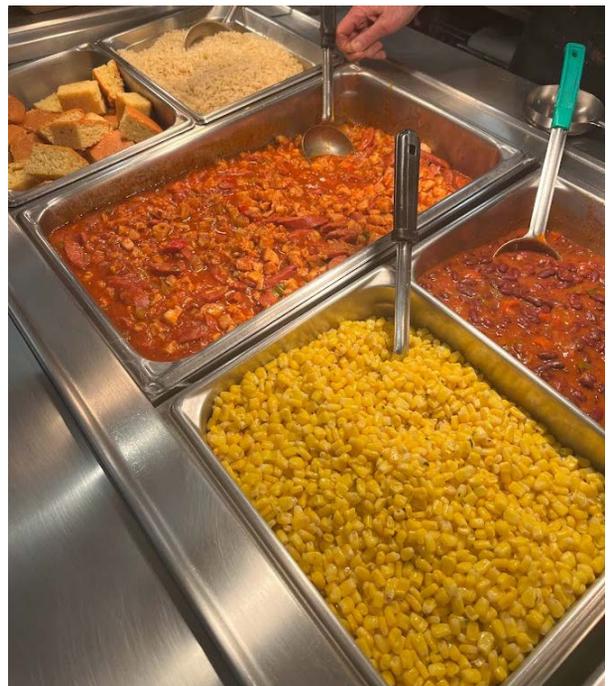
## FUN AND HEALTHY SNACKING!!

Who doesn't love snacks?! In February, students were introduced to some fun and easy ways incorporate some healthy and robust snacks into their day to day food choices! We sampled fun things like hummus and carrot sticks, house made oatmeal cookies, and overnight oats!



**February Fun Days!!**

**We featured fun and creative menus for Valentine's Day and Mardi Gras in February! Students loved the Pasta Bars (RED!) and Traditional Jambalaya!! The SHS team even created a beautiful King Cake and a tri-color pasta salad in Mardi Gras themes!!!**



**SUPER BOWL FUN!!!**

**February 9 we featured a Super Bowl themed menu across the district! Students at all schools were treated to fun menu items including-Nacho bars, Big Pretzels, Boneless Wings, and house-made Grinder Sandwiches!**

