

Avoiding Email Phishing Attacks

Phishing emails are one of the most common and effective methods cyber attackers will use to gain access to secure information.



- Check the “from” field to verify the sender.
- Hover over links within emails with your cursor to verify URLs.
- If you are unsure an email is authentic, verify with the sender.
- Think about the subject matter of an email and if it makes sense.
- Report suspicious email to your IT Department.



- Never send sensitive information through unencrypted email.
- Never open files attached to emails you do not recognize.
- Never click on links in emails without verifying the destination.
- Never click “Enable Macros” in unknown documents.
- Never respond or reply to spam in any way. Delete it.



Email — What to Watch For:

- From an Unrecognized Sender
- Please Click Link or Attachment
- Strange Subject Matter
- Bad Grammar or Spelling
- Offers and Deals
- Urgent or Threatening Requests
- Requests for Credentials
- Requests for Personal Information