

## Kindergarten Lessons

| Lesson #                                   | GLE: Grade Level Expectation                                                                                     | Essential Question/Topic                                                                                                                                                                                                                             | Corresponding Lesson Title                                                                  |
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| 1<br><br>Academic Development              | <ul style="list-style-type: none"> <li>Transitions</li> </ul>                                                    | <ul style="list-style-type: none"> <li>I know how school expectations are different from other places (home/daycare).</li> </ul>                                                                                                                     | "Life Before Kindergarten"<br><br>"Life In Kindergarten"                                    |
| 2/3<br><br>Personal and Social Development | <ul style="list-style-type: none"> <li>Self-Concept</li> <li>Personal Responsibility in Relationships</li> </ul> | <ul style="list-style-type: none"> <li>I know the 4 Basic Feelings.</li> <li>I know what the 4 Feelings look like.</li> <li>I can match the 4 Basic feelings with reasons for them.</li> <li>I know appropriate ways to show my feelings.</li> </ul> | "Happy, Sad, Scared and Mad: All Belong to Me"<br><br>"Feeling Faces"                       |
| 4<br><br>Personal And Social Development   | <ul style="list-style-type: none"> <li>Citizenship and Contribution within a Diverse Community</li> </ul>        | <ul style="list-style-type: none"> <li>I know why being honest, respectful and responsible at home/school is important</li> </ul>                                                                                                                    | "How I Act is Who I Am"                                                                     |
| 5<br><br>Personal and Social Development   | <ul style="list-style-type: none"> <li>Quality Relationships</li> <li>Respect for Self and Others</li> </ul>     | <ul style="list-style-type: none"> <li>I know what a good friend is and how to be one.</li> <li>I know how I am alike and different from others.</li> </ul>                                                                                          | "How do I Act like a friend/How does a Friend Act?"<br><br>"How Are We Alike and Different" |
| 6/7<br><br>Personal and Social Development | <ul style="list-style-type: none"> <li>Coping Skills</li> <li>Balancing Life Roles</li> </ul>                    | <ul style="list-style-type: none"> <li>I know the roles in my family.</li> <li>I know how each role in my family is helpful.</li> <li>I know how to be a responsible</li> </ul>                                                                      | "How Families Change"                                                                       |

|                                              |                                                                                                                                                                                  |                                                                                                                                                                                                               |                                                              |
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|                                              |                                                                                                                                                                                  | member of my family.<br><ul style="list-style-type: none"> <li>I know how families can change.</li> </ul>                                                                                                     |                                                              |
| 8<br><br>Academic Development                | <ul style="list-style-type: none"> <li>Lifelong Learning</li> <li>Self-Management for Educational Achievement</li> <li>Educational Plan for Lifelong Learning</li> </ul>         | <ul style="list-style-type: none"> <li>I know how having a daily routine helps me.</li> <li>I know what things I can do to be successful in the classroom.</li> <li>I know what good listeners do.</li> </ul> | “Stick with the plan, Man!”<br><br>“Body Basics”             |
| 9<br><br>Career Development                  | <ul style="list-style-type: none"> <li>Integration of Self Knowledge into Life and Career Planning</li> <li>Adaptation to World of Work</li> <li>Respect for All Work</li> </ul> | <ul style="list-style-type: none"> <li>I know what I like/dislike about home and school.</li> </ul>                                                                                                           | “A Few of My Favorite/Not so Favorite Things”                |
| 10<br><br>Career Development                 | <ul style="list-style-type: none"> <li>Integration of Self Knowledge into Life and Career Planning</li> <li>Adaptation to World of Work</li> <li>Respect for All Work</li> </ul> | <ul style="list-style-type: none"> <li>I know which jobs match up with things I like to do.</li> </ul>                                                                                                        | “Name that Career Path”                                      |
| Other<br><br>Personal and Social Development | <ul style="list-style-type: none"> <li>Safe and Healthy Choices</li> <li>Personal Safety to Self and Others</li> </ul>                                                           | <ul style="list-style-type: none"> <li>I know the difference between good/bad touch.</li> </ul>                                                                                                               | Safe Touch Program – Sponsored by Children’s Advocacy Center |

### First Grade Lessons

| Lesson #                                 | GLE                                                                                                                                                                | Essential Question/Topic                                                                                                                                                                                                                          | Corresponding Lesson Title                   |
|------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------|
| 1<br><br>Academic Development            | <ul style="list-style-type: none"> <li>Self Management for educational Achievement</li> <li>Transitions</li> <li>Educational Plan for Lifelong Learning</li> </ul> | <ul style="list-style-type: none"> <li>I know what differences are expected from Kindergarten to 1<sup>st</sup> grade.</li> <li>I know what a successful learner does to get good grades.</li> <li>What does good listening look like?</li> </ul> | "I am a first grader"<br>"The Learning Book" |
| 2<br><br>Personal and Social Development | <ul style="list-style-type: none"> <li>Self Concept</li> </ul>                                                                                                     | <ul style="list-style-type: none"> <li>I know how to appropriately show my feelings/state a variety of different feelings.</li> </ul>                                                                                                             | "My Feelings"<br>"Express Yourself"          |
| 3<br><br>Academic Development            | <ul style="list-style-type: none"> <li>Balancing Life Roles</li> </ul>                                                                                             | <ul style="list-style-type: none"> <li>I know the roles I play in school.</li> <li>I know why it is important to be responsible.</li> </ul>                                                                                                       | "Silly School VS. Super School"              |
| 4<br><br>Personal and Social Development | <ul style="list-style-type: none"> <li>Citizenship and Contribution within a community</li> <li>Building Quality Relationships</li> </ul>                          | <ul style="list-style-type: none"> <li>I know how people see our character traits in me.</li> <li>I know how to treat my friends.</li> <li>I know how I am alike and different from others/how to respect differences.</li> </ul>                 | "Friendship line Dancing"                    |
| 5<br><br>Personal and Social Development | <ul style="list-style-type: none"> <li>Coping Skills</li> </ul>                                                                                                    | <ul style="list-style-type: none"> <li>I know what to do when something changes at home/school.</li> </ul>                                                                                                                                        | "Changing times of my life/future"           |
| 6                                        | <ul style="list-style-type: none"> <li>Personal</li> </ul>                                                                                                         | <ul style="list-style-type: none"> <li>I know the steps</li> </ul>                                                                                                                                                                                | "STAR method of problem                      |

|                                 |                                                                                                                                                                      |                                                                                                                                                        |                                                 |
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| Personal and Social Development | Responsibility                                                                                                                                                       | to solving a problem                                                                                                                                   | solving                                         |
| 7<br>Academic Development       | <ul style="list-style-type: none"> <li>• Lifelong Learning</li> <li>• Personal skills for success</li> </ul>                                                         | <ul style="list-style-type: none"> <li>• I know how a completed assignment looks.</li> <li>• I know why it is important to do careful work?</li> </ul> | “Complete or Imcomplete? That is the question!” |
| 8<br>Career Development         | <ul style="list-style-type: none"> <li>• Integration of self knowledge into life and career planning</li> <li>• Job Seeking Skills</li> </ul>                        | <ul style="list-style-type: none"> <li>• I know my strengths and interests.</li> <li>• I know how to help at school.</li> </ul>                        | “Jobs I like at Home and School”                |
| 9<br>Career Development         | <ul style="list-style-type: none"> <li>• Adaptation to the World of Work</li> <li>• Career decision Making</li> <li>• Educational and Career Requirements</li> </ul> | <ul style="list-style-type: none"> <li>• I know the different jobs/roles within our school.</li> </ul>                                                 | “Workers who help us at school”                 |
| 10<br>Career Development        | <ul style="list-style-type: none"> <li>• Adaptation to the World of Work</li> <li>• Respect for all work</li> </ul>                                                  | <ul style="list-style-type: none"> <li>• I know the career paths and why they are all important.</li> </ul>                                            | “Career Paths in our community”                 |

## Second Grade Lessons

| Lesson #                      | GLE                                                                                                                                                                      | Essential Question/Topic                                                                                                                                                                 | Corresponding Lesson Title                                                                      |
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| 1<br><br>Academic Development | <ul style="list-style-type: none"> <li>Transitions</li> </ul>                                                                                                            | <ul style="list-style-type: none"> <li>What happens when a student doesn't meet expectations at grade level?</li> </ul>                                                                  | <ul style="list-style-type: none"> <li>"2<sup>nd</sup> Grade Great Expectations</li> </ul>      |
| 2<br><br>Academic Development | <ul style="list-style-type: none"> <li>Lifelong Learning</li> <li>Self-Management for educational achievement</li> </ul>                                                 | <ul style="list-style-type: none"> <li>What kinds of work habits are helpful/nonhelpful ?</li> <li>What kinds of work/study habits are most helpful at home/school?</li> </ul>           | <ul style="list-style-type: none"> <li>"School Success"</li> </ul>                              |
| 3<br><br>Academic Development | <ul style="list-style-type: none"> <li>Educational Plan for Lifelong Learning</li> </ul>                                                                                 | <ul style="list-style-type: none"> <li>What are goals?</li> <li>How can you be a successful learner?</li> </ul>                                                                          | <ul style="list-style-type: none"> <li>"Talk is Cheap" Parts 1 and 2</li> </ul>                 |
| 4<br><br>Personal Development | <ul style="list-style-type: none"> <li>Self-Concept</li> </ul>                                                                                                           | <ul style="list-style-type: none"> <li>What are some related feelings, body language and facial expressions for the 4 Basic Feelings?</li> </ul>                                         | <ul style="list-style-type: none"> <li>Goldilocks Revisited</li> </ul>                          |
| 5<br><br>Personal Development | <ul style="list-style-type: none"> <li>Citizenship and Contributions within a diverse community</li> </ul>                                                               | <ul style="list-style-type: none"> <li>What are similarities and differences?</li> <li>What character traits are necessary for different situations?</li> </ul>                          | <ul style="list-style-type: none"> <li>Stressed Out Sally</li> <li>Sally's Super Day</li> </ul> |
| 6<br><br>Personal Development | <ul style="list-style-type: none"> <li>Personal Responsibility in Relationships</li> <li>Safe and Healthy Choices</li> <li>Personal Safety to Self and Others</li> </ul> | <ul style="list-style-type: none"> <li>What are productive ways to solve a conflict— what are the steps?</li> <li>How do I use the problem-solving model to keep myself safe?</li> </ul> | <ul style="list-style-type: none"> <li>Be a Problem Solving Star</li> </ul>                     |

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|                          | <ul style="list-style-type: none"> <li>• Coping Skills</li> </ul>                                                                                 |                                                                                                                                                                                                                                                          |                                                                                                          |
| 7<br>Career Development  | <ul style="list-style-type: none"> <li>• Personal skills for job success</li> <li>• Job seeking skills</li> <li>• Balancing Life Roles</li> </ul> | <ul style="list-style-type: none"> <li>• What makes a good helper?</li> <li>• Why does a person need good work habits?</li> <li>• What roles do you play in your community and how are they helpful?</li> <li>• Why should we be responsible?</li> </ul> | <ul style="list-style-type: none"> <li>• The Many Roles I play in My Community</li> </ul>                |
| 8<br>Career Development  | <ul style="list-style-type: none"> <li>• Respect for all Work</li> <li>• Career Decision Making</li> </ul>                                        | <ul style="list-style-type: none"> <li>• How do community helpers help you?</li> <li>• What are different jobs within your community?</li> <li>• Why are all jobs so important?</li> </ul>                                                               | <ul style="list-style-type: none"> <li>• All Around the Neighborhood</li> </ul>                          |
| 9<br>Career Development  | <ul style="list-style-type: none"> <li>• Adaptation to World of Work</li> </ul>                                                                   | <ul style="list-style-type: none"> <li>• How will your academic subjects be used in future career decision making and actions?</li> </ul>                                                                                                                | <ul style="list-style-type: none"> <li>• Connecting the Dots: Workers and Their Importance</li> </ul>    |
| 10<br>Career Development | <ul style="list-style-type: none"> <li>• Integration of Self Knowledge into Life and career planning</li> </ul>                                   | <ul style="list-style-type: none"> <li>• What options are available to learn more about your interests?</li> </ul>                                                                                                                                       | <ul style="list-style-type: none"> <li>• Connecting the Dots: Activities/Interests to Careers</li> </ul> |

### Third Grade Lessons

| Lesson #                                 | GLE                                                                                                                                           | Essential Question/Topic                                                                                                                                                                                                                                   | Corresponding Lesson Title                   |
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| 1<br><br>Academic Development            | <ul style="list-style-type: none"> <li>Transitions</li> </ul>                                                                                 | <ul style="list-style-type: none"> <li>What successful strategies do third graders use to be the best students they can be?</li> <li>How can you make sure you are meeting the third grade expectations?</li> </ul>                                        | Getting Ready for Success<br>Parts 1 and 2   |
| 2<br><br>Personal and Social Development | <ul style="list-style-type: none"> <li>Self-Concept</li> <li>Citizenship and Contribution within a Diverse Community</li> </ul>               | <ul style="list-style-type: none"> <li>What are positive and negative characteristics?</li> <li>What help you to be successful?</li> <li>Why is it important to be a good citizen in class?</li> <li>What character traits make a good citizen?</li> </ul> | An Apple A Day<br>What Color is Your Apple?  |
| 3<br><br>Personal and Social Development | <ul style="list-style-type: none"> <li>Quality Relationships</li> <li>Personal Responsibility in Relationships</li> </ul>                     | <ul style="list-style-type: none"> <li>What is a quality relationship?</li> <li>What does it mean to compromise and why is it important?</li> </ul>                                                                                                        | Communicating with "I-Messages" Part 1 and 2 |
| 4<br><br>Personal and Social Development | <ul style="list-style-type: none"> <li>Safe and Healthy Choices</li> <li>Personal Safety to self and others</li> <li>Coping skills</li> </ul> | <ul style="list-style-type: none"> <li>What situations cause students to be and feel unsafe?</li> <li>How can I make safe and healthy choices?</li> </ul>                                                                                                  | Don't Tease Me<br>Can You Erase The Damage?  |
| 5<br><br>Academic Development            | <ul style="list-style-type: none"> <li>Lifelong Learning</li> <li>Self-Management for educational</li> </ul>                                  | <ul style="list-style-type: none"> <li>Why is it important to incorporate study skills and test taking strategies into your life?</li> <li>How do good study</li> </ul>                                                                                    | Help is on the Way!<br>Bingo!                |

|                             |                                                                                                                                                               |                                                                                                                                                                                    |                                                                                             |
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|                             | achievement                                                                                                                                                   | skills, test-taking strategies, time management and organizational skills impact you personally?                                                                                   |                                                                                             |
| 6<br>Academic Development   | <ul style="list-style-type: none"> <li>Balancing Life Roles</li> <li>Personal Skills for Job Success</li> </ul>                                               | <ul style="list-style-type: none"> <li>What roles do you play in your life?</li> <li>What ways do school success skills impact life success?</li> </ul>                            | Fly Your Kite                                                                               |
| 7/8<br>Academic Development | <ul style="list-style-type: none"> <li>Integration of Self-Knowledge Into Life and Career Planning</li> <li>Educational Plan for LifeLong Learning</li> </ul> | <ul style="list-style-type: none"> <li>What are some of your accomplishments?</li> <li>What are Short vs. Long term Goals?</li> <li>How can I plan to achieve my goals?</li> </ul> | <ul style="list-style-type: none"> <li>My School Goal</li> </ul>                            |
| 9<br>Career Development     | <ul style="list-style-type: none"> <li>Job Seeking Skills</li> <li>Adaptation to the World of Work</li> </ul>                                                 | <ul style="list-style-type: none"> <li>What qualities are needed for various school helper jobs?</li> <li>How do you show an understanding of the six career paths?</li> </ul>     | <ul style="list-style-type: none"> <li>Becoming a Career Detective Parts 1 and 2</li> </ul> |
| 10<br>Career Development    | <ul style="list-style-type: none"> <li>Respect for All Work</li> <li>Career Decision Making</li> </ul>                                                        | <ul style="list-style-type: none"> <li>Why is all work important?</li> <li>What do workers do?</li> <li>Why is education important?</li> </ul>                                     | <ul style="list-style-type: none"> <li>How do they DO that?</li> </ul>                      |

#### Fourth Grade Lessons

| Lesson #                                 | GLE                                                                                                                                                                                                       | Essential Question/Topic                                                                                                                                                                                                                                                                                            | Corresponding Lesson Title                                               |
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| 1<br><br>Personal and Social Development | <ul style="list-style-type: none"> <li>• Self-Concept</li> <li>• Balancing Life Roles</li> <li>• Citizenship and Contribution within a diverse Community</li> </ul>                                       | <ul style="list-style-type: none"> <li>• How do our thoughts and feelings affect how we handle various situations?</li> <li>• What are character traits needed to be a responsible member of the community?</li> <li>• What are some personal character traits that help you to be successful at school?</li> </ul> | <p>“Think Positive”</p> <p>“I’m A Star”</p>                              |
| 2<br><br>Personal and Social Development | <ul style="list-style-type: none"> <li>• Quality Relationships</li> <li>• Respect for Self and Others</li> </ul>                                                                                          | <ul style="list-style-type: none"> <li>• What does Respect mean?</li> <li>• How do you show respect?</li> <li>• What are different groups in the school and community?</li> </ul>                                                                                                                                   | <p>“Respect for All Kinds of people in and outside of school”</p>        |
| 3<br><br>Personal and Social Development | <ul style="list-style-type: none"> <li>• Personal Responsibilities in Relationships</li> <li>• Safe and Healthy Choices</li> <li>• Personal Safety to self and others</li> <li>• Coping Skills</li> </ul> | <ul style="list-style-type: none"> <li>• What are unsafe situations and how does a person avoid them?</li> <li>• How do you use problem solving skills?</li> </ul>                                                                                                                                                  | <p>Talk it over and Work it out</p> <p>Tic Tac Toe, get off my Toes!</p> |
| 4<br><br>Academic Development            | <ul style="list-style-type: none"> <li>• Lifelong Learning</li> <li>• Self Management for Educational Achievement</li> <li>• Transitions</li> </ul>                                                       | <ul style="list-style-type: none"> <li>• How are your current study skills and strategies working for you?</li> <li>• How do you prioritize and schedule your activities each day</li> </ul>                                                                                                                        | <p>“Time is on my side/Again”</p> <p>Tic Tac Toe Do’s and Don’ts</p>     |

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|                                                                           |                                                                                                                         | <p>to be most effective?</p> <ul style="list-style-type: none"> <li>• What strategies will I need to be successful in the fourth grade?</li> </ul>                                                             |                                                                                                         |
| <p>5</p> <p>Academic Development</p>                                      | <ul style="list-style-type: none"> <li>• Educational Planning for Life Long learning</li> </ul>                         | <ul style="list-style-type: none"> <li>• What goals can I set for myself as a fourth grade student</li> </ul>                                                                                                  | <p>Man on the Moon</p> <p>Testing Skills Rock</p> <p>Simon Says – Taking Small steps toward my goal</p> |
| <p>6</p> <p>Personal and Social Development</p> <p>Career Development</p> | <ul style="list-style-type: none"> <li>• Personal Skills for Job Success</li> </ul>                                     | <ul style="list-style-type: none"> <li>• What communication skills are needed to work and deal with a variety of personalities?</li> </ul>                                                                     | <p>Conflict Mediation – Parts 1 and 2</p>                                                               |
| <p>7</p> <p>Career Development</p>                                        | <ul style="list-style-type: none"> <li>• Career Decision Making</li> <li>• Education and Career Requirements</li> </ul> | <ul style="list-style-type: none"> <li>• What are the six Career Paths?</li> <li>• Why should you have various options as you choose a career?</li> </ul>                                                      | <p>Road to Careers part 1 and 2</p>                                                                     |
| <p>8,9,10</p> <p>Career Development</p>                                   | <ul style="list-style-type: none"> <li>• Job Seeking Skills</li> </ul>                                                  | <ul style="list-style-type: none"> <li>• How do I find information about jobs I am interested in?</li> <li>• I know how to find qualifications/educational requirements of jobs I am interested in.</li> </ul> | <p>Traveling the Career Paths parts 1,2,3</p>                                                           |

### Fifth Grade Lessons

| <b>Lesson #</b>                          | <b>GLE</b>                                                                                                                          | <b>Essential Question/Topic</b>                                                                                                                                                                                                    | <b>Corresponding Lesson Title</b>                                     |
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| 1<br><br>Personal and Social Development | <ul style="list-style-type: none"> <li>• Self-Concept</li> <li>• Citizenship and Contribution within a diverse community</li> </ul> | <ul style="list-style-type: none"> <li>• I know what characteristics to use to demonstrate a positive self concept.</li> <li>• I know the character traits associated with community members who contribute to society.</li> </ul> | "Finding the Positive"                                                |
| 2<br><br>Personal and Social Development | <ul style="list-style-type: none"> <li>• Balancing Life Roles</li> </ul>                                                            | <ul style="list-style-type: none"> <li>• I know examples of good and bad stress.</li> <li>• I have some ideas how to keep good and bad stress balanced in my life.</li> </ul>                                                      | "Are You Balanced?"                                                   |
| 3<br><br>Personal and Social Development | <ul style="list-style-type: none"> <li>• Building Quality Relationships</li> </ul>                                                  | <ul style="list-style-type: none"> <li>• I know what compromise and mutual respect are.</li> <li>• I know how to show compromise and mutual respect in my friendships.</li> </ul>                                                  | "Acting Out Respect/Respect Mixer"<br>With,<br>"Problem Solving Game" |

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| 4<br><br>Academic Development | <ul style="list-style-type: none"> <li>• Lifelong Learning</li> <li>• Self-Management for Educational Achievement</li> </ul> | <ul style="list-style-type: none"> <li>• I know what study skills and strategies work for me and don't work for me.</li> </ul> | "Dear Sassy Successful Student"<br><br>"My time to shine!" |
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|                                              |                                                                                                                                                                                               | <ul style="list-style-type: none"> <li>I know my own self-management and time management style.</li> </ul>                                                                                                                                                                                                                                         |                                                                  |
| <p>6 &amp; 7</p> <p>Academic Development</p> | <ul style="list-style-type: none"> <li>Transitions</li> <li>Self Management for Educational Achievement</li> <li>Lifelong Learning</li> <li>Educational Plan for Lifelong Learning</li> </ul> | <ul style="list-style-type: none"> <li>I know how expectations are different from elementary to middle school.</li> <li>I know what self management and time management practices I need to follow to ensure success in middle school.</li> <li>I know what changes (from elem. To middle school) to expect in next the several months.</li> </ul> | <p>“Middle School, Here I come Parts 1 and 2”</p>                |
| <p>8</p> <p>Career Development</p>           | <ul style="list-style-type: none"> <li>Integration of self-knowledge into life and career planning.</li> <li>Adaptation to world of work</li> <li>Respect for all work</li> </ul>             | <ul style="list-style-type: none"> <li>What choices are available in the world of work?</li> <li>Create a plan for your portfolio.</li> <li>What careers fall under each pathway?</li> </ul>                                                                                                                                                       | <p>Missouri Connections Activities: Career Cluster Inventory</p> |
| <p>9</p> <p>Career Development</p>           | <ul style="list-style-type: none"> <li>Career Decision Making</li> <li>Education and Career Requirements</li> </ul>                                                                           | <ul style="list-style-type: none"> <li>What choices are available in the world of work?</li> </ul>                                                                                                                                                                                                                                                 | <p>Missouri Connections Activity: Occupations</p>                |

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|                                     |                                                                                                                                                                                                  | <ul style="list-style-type: none"> <li>• Create a plan for your portfolio.</li> </ul>                                                                                                                                                                      | Scavenger Hunt                                                                                             |
| <p>10</p> <p>Career Development</p> | <ul style="list-style-type: none"> <li>• Personal Skills for Job Success</li> <li>• Job Seeking Skills</li> <li>• Career Decision Making</li> <li>• Education and Career Requirements</li> </ul> | <ul style="list-style-type: none"> <li>• What are the differences in training in education required for the six different career pathways?</li> <li>• How does it look when personal and ethical skills are used to get a dream job?</li> <li>•</li> </ul> | <p>Missouri Connections Activity: My Career Action Plan</p> <p>Also, Culminating Activity: Career Fair</p> |