



**THE
HASTINGS
ACADEMY**

Newsletter

9/2/2024



Dates

for the

Diary



INSET Day

9th Feb

February Half Term

9th-18th Feb

Spring Term 2 Begins

19th Feb

Parents Coffee Morning

22nd Feb

Y11 Mock Exams

26th Feb to 8th Mar

Paris Trip

13th to 15th Mar

Y9 Parents Evening

14th Mar

Red Nose Day

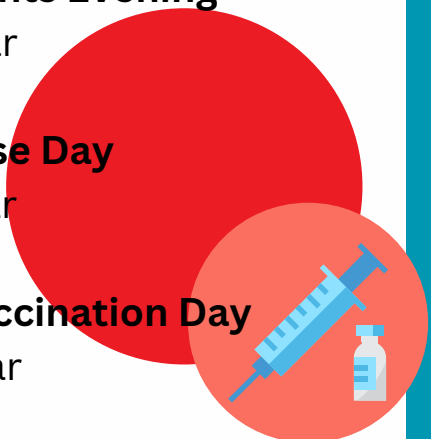
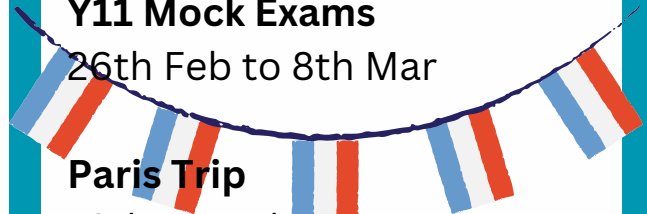
15th Mar

HPV Vaccination Day

20th Mar

Y9 GCSE Options Evening

21st Mar



A Message from Principal Simon Addison

As we bid farewell to another term, I am very pleased to share this latest edition of our newsletter. It's been a whirlwind of activities, learning, and achievements, and we couldn't be prouder of our Academy community.

From the dazzling displays of scientific brilliance at our annual Science Fair to the adventures on the ski trip, our students have showcased their talents and enthusiasm in diverse ways. We were honoured to have our students represent the academy at the Holocaust Memorial, paying tribute to the lives lost and reaffirming our commitment to fostering empathy and understanding in our community. Our recent charity bake sale for St. Michael's Hospice was a resounding success and I look forward to sharing to total sum raised with you shortly!

As we approach the half-term break, we encourage everyone to take some well-deserved rest and relaxation. It's an opportunity to recharge, rejuvenate, and spend quality time with loved ones. Whether you're embarking on exciting adventures or simply enjoying some peaceful moments at home, we wish you a restful and enjoyable break.

And a gentle reminder: Term will resume on Monday, February 19th. Please note that Monday is not an INSET day but a usual school day, so be sure to mark your calendars accordingly.

Thank you for your support throughout the term. Here's to a fantastic half-term break and a promising start to the new term ahead!



INSET Days

See below for the school INSET days for the remainder of the school year. Please note that some changes have been made so do cross-reference these with your own calendars!

Inset Days 2024

Friday 9 February

Monday 15 April

Monday 22nd July

Tuesday 23rd July

End of Term 19th
July

Term Dates 2024

**(Children in School/
not including INSET)**

Term 3:

3 Jan to 8 Feb

Term 4:

19 Feb to 28 Mar

Term 5

16 Apr to 24 May

Term 6

3 Jun to 19 Jul



CLUBS



		Monday	Wednesday	Thursday
Before School Clubs	Weeks 1 & 2	Breakfast Club <i>Mr P Avery & Mr O Mellish (Canteen)</i>	Breakfast Club <i>Mr P Avery & Mr O Mellish (Canteen)</i>	Breakfast Club <i>Mr P Avery & Mr O Mellish (Canteen)</i>
Lunchtime Clubs	Weeks 1 & 2	Library Access <i>First break- open to all</i> <i>Second break- Yrs7-10</i> <i>Mrs M Crane (Library)</i> English Homework Club <i>Miss R Standen (W16)</i>	Library Access <i>First break- open to all</i> <i>Second break- Yrs7-10</i> <i>Mrs M Crane (Library)</i> LGBTQI+ Club <i>Ms L Chamberlain (E16)</i>	Library Access <i>First break- open to all</i> <i>Second break- Yrs7-10</i> <i>Mrs M Crane (Library)</i> KS3 Science Homework Club <i>Ms D Tester (FE16)</i> The Environment Club <i>Miss Picton, Mr Wraight, Miss Beagley</i>
Afterschool Clubs	Week 1	Homework Club all years <i>Mrs M Crane (Library)</i> Warhammer & Hobby Club <i>Mr J Kern (F17)</i> Yr7 Football/ Sports Club <i>Mr M Collett (Sports Centre)</i> Badminton Club <i>Mrs Crease (Sports Centre)</i> KS3 Dance Club <i>Miss C Dengate & Miss Gibbons (Dance Studio)</i>	1066 Book Awards Book Club <i>Mrs M Crane (Library)</i> Dungeons & Dragons Club <i>Mr J Storey, Mr J Kern, Mr A Evans & Mr G Bloggs (Various)</i> Yr9 & 10 Boys Sports Club <i>Mr M Collett (Sports Centre)</i> Netball/Football/Sports Club <i>Miss M Gibbons & Miss Dengate (Sports Centre)</i> "Globetrotters KS3 Language Club" <i>Mr S Regereau (S6a)</i> Y10&11 Open Music Rehearsals <i>Miss East</i>	Homework Club all years <i>Mrs M Crane (Library)</i> Classics Club <i>Mr S Walsh & Mr G Bloggs (W8)</i> KS4 Maths Club <i>Mr J Holder (E12)</i> Duke of Edinburgh <i>Mr P Senior & Mrs E McCallum (TBC)</i> Art Club <i>Mrs L Collins (S10)</i> Y10&11 Open Music Rehearsals <i>Miss East</i> Musical Theatre Club <i>Miss East and Miss McDonald (Main Hall)</i> Y8 Boys Football/Sports Club <i>Mr Collett (Sports centre)</i>
	Week 2	KS3 Homework Club <i>Mrs M Crane (Library)</i> Warhammer & Hobby Club <i>Mr J Kern (F17)</i> Yr7 Football/ Sports Club <i>Mr M Collett (Sports Centre)</i> Badminton Club <i>Mrs Crease (Sports Centre)</i> KS3 Dance Club <i>Miss C Dengate & Miss Gibbons (Dance Studio)</i>	KS4 Homework Club <i>Mrs M Crane (Library)</i> Dungeons & Dragons Club <i>Mr J Storey, Mr J Kern, Mr A Evans & Mr G Bloggs (Various)</i> Writing Club <i>Mrs V Alves (W5)</i> Yr9 & 10 Boys Football Club <i>Mr M Collett (Sports Centre)</i> Netball/Football/Sports Club <i>Miss M Gibbons & Miss Dengate (Sports Centre)</i> Italian Club <i>Miss F Mancini (F13)</i> Y10&11 Open Music Rehearsals <i>Miss East</i> 1066 Book Awards Book Club <i>Mrs M Crane (Library)</i>	Classics Club <i>Mr S Walsh & Mr G Bloggs (W8)</i> KS3 Maths Club <i>H Levett (E11)</i> Duke of Edinburgh <i>Mr P Senior & Mrs E McCallum (TBC)</i> Musical Theatre Club <i>Miss East and Miss McDonald (Main Hall)</i> Y10&11 Open Music Rehearsals <i>Miss East</i> Y8 Boys Football/Sports Club <i>Mr Collett (Sports centre)</i>
Afterschool GCSE Intervention	Week 1	Yr11 Geography (9th GCSE) <i>Ms I Richardson (F9)</i> Yr11 English Intervention <i>Mrs H Rome & Miss K Mulcair (Various)</i>	Yr11 GCSE Geography GCSE <i>Ms I Richardson (F9)</i> Yr11 Maths Intervention <i>Mrs S King, Mr D Blackwell, Mr A Tyson & Mr D Benson (Various)</i>	Yr11 Geography (9th GCSE) <i>Ms I Richardson (F9)</i> Yr11 Science Intervention <i>Mrs T Royce-Smith, Mr J Kern & Mr J Storey (Various)</i>
	Week 2	Yr11 Geography (9th GCSE) <i>Ms I Richardson (F9)</i> Yr11 History Intervention <i>Mr A Evans (F14)</i> Yr11 Music Intervention <i>Mrs K East (S1&12)</i> Yr11 Business & iMedia Intervention <i>Mr L Sadler & G Wall (E16)</i>	Yr11 Geography (9th GCSE) <i>Ms I Richardson (F9)</i> Yr11 French Intervention <i>Mrs C Pepper (S7)</i> Yr11 Art & Photography Intervention <i>Mr E Money & Mrs H Rose (S2)</i> Yr11 DT & Food Intervention <i>Mr R Smout (W2)</i>	Yr11 Geography (9th GCSE) <i>Ms I Richardson (F9)</i> Yr11 Dance Intervention <i>Miss C Dengate (Dance Studio)</i> Yr11 Spanish Intervention <i>Mrs S Travaglia-Sage (S11)</i> Yr11 Drama Intervention <i>Ms G MacDonald (HA)</i>

Student Led Clubs

Day	Club	Y11 Senior Student Lead	Senior student support	Room	Staffing
Monday	Musical Theatre	Alyssa Suhana Awal Michelle Cruttenden	Mirabel Lingard	Hall A	Ms Standen and Ms Geshteja
	Origami Club	Tia George Dawick		W12	Mr Smout
Tuesday	Geography	Xander Sophie Gore	Amelia Belcher	F9	Ms Richardson
	Meditation club	Oscar Mabel		E15	Mr Benson
	Science Practical	Amy Crabtree	Jago Herriot	F20	Mr Roberts
Wednesday	Geography	Sophie Gore Owen Hughes	Amelia Belcher	F9	Ms Puttick
	Debate club		Daisy Watson	F1	Mr Wraight
	Art	Tia Duggan Suhana Awal	Elija Bigg Mirabel Lingard	Art Room	Mr Money Ms Rose
	Story writing	Oscar Arlan	Nathan Carrington	W8	Mr Walsh
	Netball	Jess Wright and Daisy Chapman		Sports Centre	Ms Dengate and Ms Gibbons
	LGBT	Cody Nash Bridie Dolby		F14a	Ms Chamberlain
	Sewing Club	Kitty Spooner		S10	Ms Collins
Board Games	David Charlie Wright		E11	Mr Blackwell	
Thursday	Environmental Studies	Oscar Daisy Chapman	Peyton Henderson Black Jago Herriot	F19	Ms Picton Ms Trigwell to support
	Choir	Mabel Suhana		Music Room	Ms East
	Board Games for EAL students			SLCN	Ms Neda
	Creative Writing	Milo Ward Alyssa Alexander	Emma Munroe	W5	Ms Peters
	Board Games	Glyn Evans Aed		E16	Mr Tyson
	Card Games/ Chess	Arlan David Sosoi		E11a	Ms Levett
	Board Games	George Dawick		E12	Mr Holder
	Board Games	Amy Cabtree		F8	Mr Ellis
	Girls' Football	Jess Wright and Daisy Chapman	Harry Haynes and Jack Hoare	Sports Centre	Mr Collett
Friday	Drama	Oscar Mabel	Emma Munro	Drama Hall	Ms McDonald
	Inspirational People with speeches and videos	Milo		F10	Ms Smith

Y11 GCSE Mocks Timetable

26th February- 8th March

Year 11 Mocks										
Monday 26th Feb - Friday 01st March 2024										
		Tutor		P1	P2	Break 1	P3	P4	Break 2	P5
Day	Date	08:40 - 09:10	09:10 - 10:10	10:10 - 11:10	11:10-11:30	11:30 - 12:30	12:30 - 13:30	13:30-14:10	14:10 - 15:10	
M o n	26.02.24		English Lit: 1hr 45m			Science 1hr 10m > 1hr 45m				
T u e	27.02.24		Business 1hr 45m			History 1hr				
W e d	28.02.24		Science 1hr 10m > 1hr 45m			English Lang: 1hr 45m				
T h u	29.02.24		Maths 1hr 30m			Geography 1hr 30m				
F r i	01.03.24		Science 1hr 10m > 1hr 45m			DT 2hrs				



Year 11 Mocks										
Monday 04th - Friday 08th March 2024										
		Tutor		P1	P2	Break 1	P3	P4	Break 2	P5
Day	Date	08:40 - 09:10	09:10 - 10:10	10:10 - 11:10	11:10-11:30	11:30 - 12:30	12:30 - 13:30	13:30-14:10	14:10 - 15:10	
M o n	04.03.24		MFL (Fr & Sp) 1hr 45m			Dance 1hr 30m				
T u e	05.03.24		MFL (Fr & Sp) 1hr 45m			English Lang: 1hr 45m				
W e d	06.03.24		English Lit: 2hrs 15m							
T h u	07.03.24									
F r i	08.03.24									



Holocaust Memorial Service

Service held at the White Rock Theatre to remember victims of the holocaust, students of the Hastings Academy support.

On Saturday 27th January a commemoration service was held at the White Rock Theatre in Hastings to remember the lives of those lost and affected in the Holocaust. This is an annual event on the theme 'Fragility of Freedom'

At the service students from the Hastings Academy supported by reading passages and performing songs. They did so with great maturity and gravity, and represented the Academy to the highest standard. If you know these students please give them a big 'well-done'.

At the service was also a 90 year old holocaust survivor whose story was told by her son. Ms Tasker had been sent into hiding after the Nazi invasion of the Netherlands, closely avoiding capture and miraculously surviving the ordeal along with her brothers.



TIME TO DANCE



Well Done to the 23 dancers who performed at TIME TO DANCE last night in front of a huge audience at the White Rock Theatre. They performed brilliantly their pieces based on the theme 'One Day' and represented the amazing talent we have here at the academy, where we received some fantastic feedback on their performance.

If you know any of the students involved with this performance, please give them a big 'well-done', for performing in front of such a huge audience without any fear, and for all of the tireless hard work which went on behind-the-scenes at rehearsals in the run up to the performance.

Football Stars



Our Year 9 boys played against Robertsbridge on Thursday 1st February representing The Hastings Academy. They won a very tight game with a final score of 4-3. Well done to all of the boys.



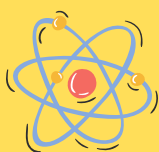
On Friday 2nd February our year 10 and 11's Girls football team played in a tournament against 6 other schools. We managed to make it to the finals, after winning on penalties in the semi-finals. It was a very tough game to finish the afternoon, but we came a very proud 2nd place. Well done to all the girls for representing The Hastings Academy!



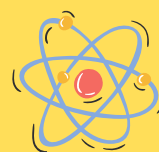
The year seven and eight science fairs were a huge success. Students were presenting projects they had worked hard on over this term including such topics as rock pools, the invention of the television and Dungeness Power Station. There was great atmosphere thanks to the high number of parents who attended, and the students left with a sense of pride in what they had achieved.

Thank you to everyone who attended, and roll on term six, when students will present the findings of their own scientific experiments.

Well done to all involved and a big thanks to all parents who came to support



Y7&8



SCIENCE FAIRS

FEATURED SCIENCE FAIR PROJECTS

See below projects from our Y7 students Amelie, Keeley, Henry, Reggie and Landon which stood out at our Y7 Science Fair. Well done all!

John Logie Baird

Amelie and Keeley

Introduction

Our poster is on who created the television, and how it was invented. We chose this topic because we know how it influenced the lives of people today.

Who Was John Logie Baird?

John Logie Baird was born in 1888 on the 13 of August. He was a Scottish inventor and engineer. He was educated at Larchfield Academy and went to university at Glasgow university. On the 2nd October 1925 John Logie Baird successfully streamed the first television image of a ventriloquists dummy in a greyscale image although it was not until 1934 when the first commercial television was made in Germany out of cathode ray tubes and was then spread around the world UK having the first ever model in 1936.

More About His Invention

The first ever television was created out of house hold items such as an old hat box a pair of scissors and some darning needles it looked like a box with a spinning mechanical disk with a spiral of apertures that produced a postage stamp sized image that could be enlarged with a magnified glass.

How have television's changed?

Nowadays, television has changed to be suited to now, it has a more compact design and now shows colour instead. And as it got more advanced more wires got removed and the images got larger. Now televisions can be mounted on walls and are used to watch programs, play games and is even connected to the internet.

What We Found Interesting When researching about John Logie Baird?

We found it interesting that the first ever model of the Television created by John was made out of household materials that could be used daily.

References

Wikipedia, Google, Information in Queens Arcade, Hastings



The Hastings Rockpool Ecosystem

Credit: Henry, Reggie, Landon.

How this links to classwork.

At the beginning of year 7 we learned about different ecosystems, rock pools are a type of habitat in an ecosystem. They have a community of organisms that live there.

These wonderful ecosystems began with old red sandstone boulders which have flourished into a magnificent habitat which has turned into a lovely low-tide walk. These ecosystems have been conquered by Marine Mollusks, Sea anemones and most commonly found - crabs.

The evolution of the rockpool ecosystems.

The rocky shores of Hastings contains some of the oldest rocks in England. It was formed around 370 million years ago when the Inlands was 300km inland! Parts from an ancient volcanic mountain chain located near the end of a coastline which soon submerged inside of the nearby deep ocean trenches. Eventually these parts of rock were pressured and heated merged them into rocks, which have today formed into our local rockpools!

What tides have to do with rockpools

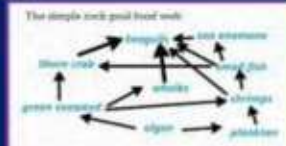
Low tide

High tide



Tides are the fall and rise of water in seas or oceans. Along coasts the water rises slowly over the shore then slowly falls backwards again.

What creatures can you find in the rockpools?



These animals have adapted to the harsh environments. They have hard shells for protection and/or suction cups to stick tight to the rockpool walls.

How can we conserve rockpools?

We can conserve rockpools by returning rocks and seaweed exactly where you can find them. They provide vital shade and shelter. Watch where you walk to avoid trampling seaweed and creatures hiding beneath it. Leave attached animals and seaweed where they are.

Final thoughts

We really enjoyed making this poster and have learnt lots about rock pools.



BAKE SALE

for

St Michael's hospice

Congratulations to all of our senior students and student reps who helped to put on the bake sale in aid of St Michaels Hospice this Thursday.

The bake sale was a great success, with a huge number of students donating baked goods to the sale. We have some secret pastry chefs amongst our students, with some especially tasty brownies, cheesecake, and a stand-out lime and thyme cake. Delicious.

Not to get too carried away with how tasty the bakes were, the money raised from the sale will go towards St Michaels Hospice, a local charity who support and enable the community of Hastings and Rother to live well with dying, death and loss.

Thanks to the efforts of our students, we have raised £150 at the last count, which will go towards this fantastic local charity.

A big thank you to any parents who helped to create cakes, the students who both donated their bakes and change, and a shout-out to Senior Student Mabel Eldridge, who spearheaded the bake sale organisation.



Turning Up For Hot Chocolate Monday



“I don’t like Mondays”- Bob Geldorf

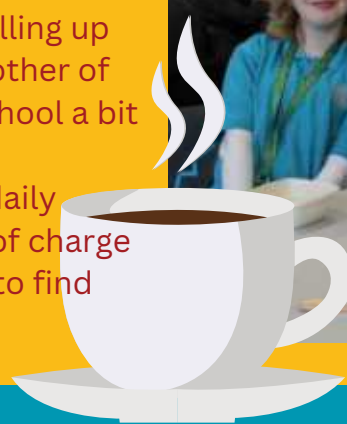
Some of our students can find it especially difficult to get into school on a Monday morning, which is why Mrs Mann, our attendance manager, has started a new scheme to help persuade those children who might find it extra tough getting into school. On a Monday morning, children who struggle with attendance are issued invitations to the library to enjoy a hot chocolate and a sociable chat to ease themselves into another week of school. So far, it has been a success!

Wednesday Breakfast Event



This Wednesday a select group of students were invited to breakfast with Mrs Mann, a chance for a bit of mid-week socialising and fuelling up for the day ahead. This is another of Mrs Mann’s ideas to make school a bit more welcoming to all.

Did you know that we run a daily breakfast club which is free of charge to all students? Read ahead to find out more.



Fitness Classes with



PLAY SPORT UK

When? Every Tuesday and Thursday after school

Who? All students welcome!

Where? In the sports hall

Through PlaySport, we have received funding for some new fitness equipment as well as a series of after-school fitness classes for our students.

The classes will be taught by Reece, a local legend on the running scene, and are completely free of charge.

These classes are for children of all levels, whether they are already very sporty and looking to increase their fitness, or whether they are just looking to start out with getting in shape. Just show up to the sports hall after school (with your sports kit!) and get stuck in!

There is also a free Women's class which runs after this at 5:15pm, for any mums out there!



MEN'S MENTAL HEALTH CLUB

This term Richard Pringle, who runs sessions with some of our children involving boxing and other physical activities, has started a Men's Mental Health Club with some of our Y11 boys. They have been meeting during break to discuss and learn about topics relating to men's mental health with the aim of fostering an open and supportive environment for our male students to thrive. It can often be difficult for young men to talk openly about their mental health so this club hopes to break the stigma. So far it has been a very positive start.



The Hastings Academy Ski Trip 2025

A 2025 ski trip was not previously planned, however, after such an amazing time we are now opening the opportunity to express interest in a 2025 trip. If enough people are interested we will be able to run it.

Unfortunately due to rising costs the price of the potential trip has risen to approximately £1200, with instalments to be paid by November 2024 and a deposit of £200 by March 2024.

We have looked into multiple options at different cost points for the trip, and believe that InterSki- the company who looked after us this year, are currently the best value option, as the price would be inclusive of everything needed for the trip.

There will also be a trip in 2026.

Y11 students (who are in Y11 the year of the trip) will not be able to attend the ski trip due to GCSE/exam commitments- so for current Y9 students this will be their last chance!

[Follow this link to express interest](#)



Parking Reminder

Just a reminder to parents dropping off or collecting children that the disabled parking bay is for those with disabilities only. We have staff, students and visitors who are blue badge holders and need these spaces so please be mindful when parking or collecting/dropping off. Thank you.



Old Uniform Donations

Children grow up quickly and it can be surprising how often they outgrow their uniforms. If you find that you have old uniforms which no longer fit, why don't you consider donating them to the school? In the 1066 area we keep a wardrobe full of spare uniform for children caught in an emergency or who struggle to pay for their own. Over this year the supply of uniforms has been a huge help to our students who might've otherwise gone without.



If you have extra uniform which you would like to donate, please bring them to the school reception. Anything from old PE kit to shirts and skirts would be hugely appreciated.

A big thanks to everyone who has already made a donation. It is a massive help.

LiBRARY WiSHLiST



Nearly every newsletter contains something exciting happening in the library and you may have heard about the gorgeous re-vamp that the library had recently. In addition to being a great meeting space, holding endless events and a fun place to hang out and play games or use the computers at breaktimes, you can actually read and take home books from the library too! Many of the books which students request can be expensive and the library budget doesn't always stretch to cover copies of popular books.

For this reason, Ms Crane has put together a library amazon wishlist.

If you ever wanted to donate to the school library, you can now do so by following the below link.

A huge thanks to those who have donated books to us before, and a big thanks to those who will in the future!



LiBRARY WiSHLiST

Breakfast Club

Rise and shine!

Breakfast club runs every day between 7:15 to 8:15 in the canteen and is completely free to all!

Send your child in for a free breakfast, and let them enjoy the good vibes, Mr Mellish's playlist, and start the day well.

Please ensure you arrive before 8.15 to avoid disappointment, as this is when the doors close.



Reporting Bullying

We encourage all bullying to be reported but if you have concerns that your child is being bullied, do you know how to report it?

Your child will often be reminded in school how to report any concerns they have. They are reminded of who the safeguarding team are but know they can report to any member of staff they feel comfortable speaking to. They can also report any incidents of bullying using the email address talktous@thehastingsacademy.org.uk. These concerns will be sent straight through to the safeguarding team who will promptly pick them up and start the process of dealing with them. Recently we have also introduced an anonymous reporting tool where students can report without the need for giving their name. This can be especially useful if they have a concern about someone else and worry about getting involved. A link for the anonymous reporting tool can be found on the safeguarding page of the academy website but it can also be accessed via the QR code below or [this link here](#).

If a parent or carer wishes to report an incident of bullying, they should contact their child's Head of Year by email. Those email addresses are as follows:

Year 7 Miss E Wright e.wright@thehastingsacademy.org.uk

Year 8 Mr O Mellish o.mellish@thehastingsacademy.org.uk

Year 9 Miss A Clark a.clark@thehastingsacademy.org.uk

Year 10 Miss J Wickens j.wickens@thehastingsacademy.org.uk

Year 11 Miss S Paines s.paines@thehastingsacademy.org.uk

If you wish to view the academy's Anti-Bullying Policy, it can be found on the website under 'Key Documents' along with the academy's various other policies. Alternatively, you can access it [via this link](#), and we would certainly encourage all parents, carers, students and staff to familiarise themselves with the contents

Anonymous Concern



Anti-Bullying Quality Mark

We have recently started the process of working towards the Anti-Bullying Quality Mark-UK, a national award that challenges schools to demonstrate their effectiveness in anti-bullying and the prevention of harassment. As an academy, we want to show that our students come to school without the fear of being bullied and that they and their families are confident that any incidents which do occur will be dealt with efficiently and effectively.

The process will involve reflecting on our current practice and developing it where necessary and, as part of the process, we are looking to involve parents and carers. If you would like to express an interest in being part of the academy's Anti-Bullying Steering Group, and would like to receive more information, then please email Mr Wall at g.wall@thehastingsacademy.org.uk.

Free Fitness Class

For Hastings Academy
Students- all years

Tuesdays and Thursdays

3:15-4:15pm

No need to book- just go to the
sports hall after school

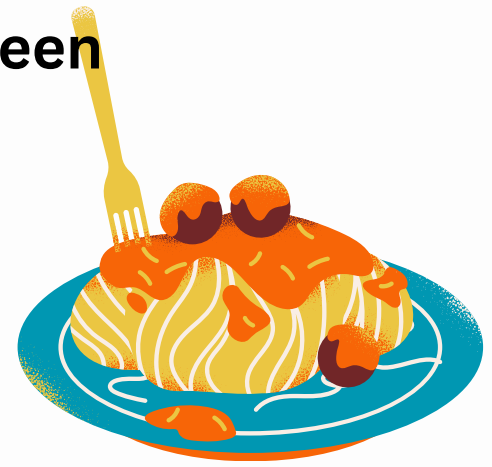


PLAY SPORT^{UK}

Flavours from the canteen

Pizza:

Margherita
Meat
Vegetarian

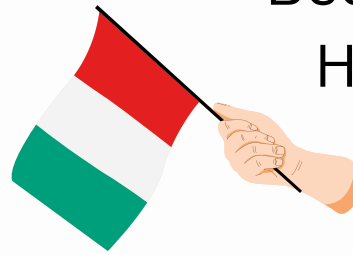


Pasta:

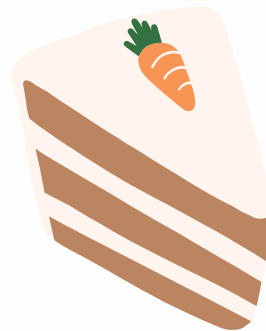
Beef Bolognaise
Herby Tomato
Carbonara

Sides:

Dough balls
Garlic and Herb Wedges
Side Salad



Have a pasta with
sauce and add a
drink or cake for only
£3!



Sweet Treats

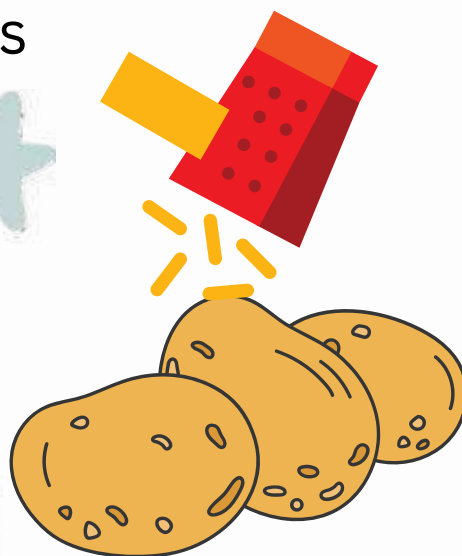
Oat Cookie
Chocolate Brownie
Fruit Flapjack
Iced Bun
Jam Doughnut
Rice Crispy Cake
Cornflake Cake
Lemon Drizzle Cake
Shortbread

Jackets of all trades:

Toppings:

Baked Beans
Cheese
Bolognaise
Tuna Mayo

Side:
Salad



Deals from the canteen

Morning Break

BACON BAGUETTE WHOLE	£2.32.
HALF BACON BAGUETTE	£1.30.
VEGGIE SAUSAGE BAP	£1.30.
HOT FILLED BAGEL (MEAT OR VEGGIE)	£1.93
TOASTED BAGEL WITH SPREAD	£1.20
PIZZA	£1.40
VEGGIE SAUSAGE ROLL	£1.66
CHEESE ON TOAST PER SLICE	£0.92
SAVOURY TURN OVER/SAUSAGE ROLL	£1.66
BACON AND EGG BREAKFAST MUFFIN	£1.93
VEGGIE SAUSAGE , CHEESE AND EGG MUFFIN	£1.93
TOAST WITH SPREAD PER SLICE	£0.25
CEREAL AND MILK	£0.93
MIXED FRUIT POT	£0.93
OVERNIGHT OATS	£1.30
MEAL DEAL	£3.00

Lunch Menu

Main Meal & Dessert OR DRINK	£3.00
Main Meal	£2.56
Main Dessert	£1.14
Meat Pizza	£1.56
Cheese OR Veggie Pizza	£1.40
Plain Jacket Potato	£1.29
Jacket with One Topping	£1.76
Jacket with Two toppings	£2.08
Plain Pasta	£1.56
Pasta & Sauce & Cheese	£2.69
Pasta & Cheese	£2.46
Portion of Cheese	£0.54
Meal Deal	£3.00
HotWrap	£2.06
Burger(veg, beef, chicken)	£2.06
½ Panini	£1.30
Full panini	£2.60
Veggie sausage roll	£1.66
Savoury side (chips, wedges)	£1.18

Drinks

Radnor Fizz	£1.25
Radnor Carton	£0.70
Water SportWater 500ml	£1.06£0.77
Juice Cartons	£0.70
Viva Milkshake	£0.70

Cold Snacks

Solo Sandwich	£ 1.67
Classic Sandwich	£ 2.00
½ Baguette	£1.30
Wraps	£2.07
Baguette	£ 2.07
Large salad with protein	£2.08
Crudities & Houmous	£1.13
Salad Pot Small	£.99
Cold Pasta Pot	£2.69
Mixed Fruit Pot	£0.93
Grape Pot	£0.93
Pineapple Pot	£0.93
Piece of Fruit	£0.63
MEAL DEAL	£3.00
Oreo	£1.00
Mini Biscuit Pack	£0.60
Homebakes	£1.06
Homebakes mini	£0.65

Meal deals

Main with a drink or homemade cake for £3



Moon
tell me
truth

**Art & Poems
from the
Children
of Gaza,
Palestine**

Artwork by Samia Baroud (age 14), Palestine

9–15 February 2024

Stade Hall, Hastings
Open daily 11am–5pm | Free Entry

A series of workshops and activities will run alongside the exhibition. Scan the QR code below for details and schedule.

Hosted by Hastings & District PSC
with The Hands Up Project.

Sponsored by the Chalk Cliff Trust and
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FACE it!



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Approved CPD training for anyone who works with children or teenagers.

**National Standards CPD accredited
with certificate**

Thursday
21 March

19:00 - 20:00

FREE



FREE SESSION

Understanding Addictive
Behaviour - Screens, gaming,
drugs and more

Tuesday
19 March

19:00 - 21:00

£24



What is ACT?

An introduction to Acceptance
and Commitment Therapy

Thursday
28 March

19:00 - 21:00

£24



Supporting a child with ADHD
challenging the stereotypes and
giving practical advice

What Parents & Carers Need to Know about

ROBLOX

Roblox is one of the most popular video games on the market. By 2020, the game's makers were claiming that more than half of children in the USA play it. As a 'sandbox' title, Roblox offers a huge amount of creative freedom: it lets players create their own gaming experiences with the Roblox Studio to build custom levels and games, which can then be shared with other players online. Roblox fosters creative thinking and enjoys a robust online community of fans.

AGE RATING
PEGI
7

WHAT ARE THE RISKS?

CONTACT WITH STRANGERS

Roblox encourages players to communicate online (including a group chat facility). This could expose children to risks such as scammers, online predators, harassment, griefers and more. The in-game chat has some filters, but isn't perfect: players can still send harmful messages to others – such as general hostility – while predators can reach out to children directly.

PUBLIC SERVERS

Roblox has private or VIP servers which allow people to play exclusively with their friends, but this costs money. Most Roblox players will instead be on public servers that anyone can join. Servers can host games which focus on all kinds of aspects, including direct player interaction. Some games and servers, therefore, will put children more at risk of contact from strangers than others.

ONLINE DATERS

These are also called 'ODers' and are quite common in Roblox. An ODer is an individual who joins a game with the intention of finding someone to date online – and eventually meet in person. Such online dating is against the Roblox community guidelines, but this usually doesn't deter ODers. Some player-built Roblox game worlds have even been designed with online dating specifically in mind.

IN-APP PURCHASES

Roblox is actually free to download and play, but bear in mind that there are some hidden costs. Players are encouraged to make purchases in the game, for example, using real money. People can also buy extra Robux (the in-game currency) to spend on cosmetic items in the game, and some private or VIP servers also have a cost.

Advice for Parents & Carers

SET PARENTAL CONTROLS

Roblox comes with several parental control options, which are explained well on the game's official website. It's essential to enter the correct date of birth for your child, as that allows Roblox to automatically apply the appropriate chat filters. The game also allows parents and carers to set monthly spending restrictions and monitor their child's account.

DISABLE PRIVATE MESSAGING

Roblox's private messaging function raises the risk of children being contacted by people they may not want to speak with – potentially leading to bullying, harassment, toxicity and scam attempts. The game allows you to disable messages from anyone who hasn't been added as a friend on your child's account.

PRIVATE SERVERS

If your child has genuine friends who they play Roblox online with, paying for a private or VIP server decreases the risk of contact from strangers. Even then, however, some players could invite other people – who might not necessarily be child friendly – into the private server. If your child is a Roblox fan, it's important to talk with them regularly about who they are playing the game with.

MONITOR SPENDING

If they don't understand they're using real money, it's easy for children to accidentally spend a sizeable amount in the game. Using parental controls to place limits on their spending will help avoid any nasty financial surprises. Ensuring that you have two-factor authentication on your payment accounts also makes it harder for your child to spend money inadvertently.

DEALING WITH STRANGERS

At some point in their development, your child will need to learn how to deal with strangers online. Show them how to block and report any users who are upsetting them or asking uncomfortable questions. Talking to them about what's OK to discuss – and what they should never tell a stranger online – will help them understand how to communicate with others safely in the digital world.

Meet Our Expert

Claire Godwin (a.k.a. Lunawolf) has worked as an editor and journalist in the gaming industry since 2015, providing websites with event coverage, reviews and gaming guides. She is the owner of Lunawolf Gaming and is currently working on various gaming-related projects including game development and writing non-fiction books.



National
Online
Safety®

#WakeUpWednesday

Sources: <https://www.theverge.com/2020/7/2/203343/roblox-over-half-of-us-kids-playing-virtual-parkas-for-nite>
<https://corp.roblox.com/parents/>

YOUTH CLUBS

HOLLINGTON YOUTH HUB

MONDAY

HANGOUT CLUB, 4:00 till 5:30pm, ages 8-13

A free youth club for young people aged 8-13, with mild to moderate learning difficulties:
Referral only - contact us below

FUNKY TEENS, 6:30 till 8:30pm, ages 13-19

A youth club for young people aged 13-19, with mild to moderate learning difficulties:
Referral only - contact us below, £2 per week subsidy.

TUESDAY

ACTIVE HASTINGS INCLUSIVE SPORTS, 4:00 till 5:00pm, ages 10-14

A free sports club for young people aged 10-14 with mild to moderate learning difficulties.

SOME PEOPLE, 5:30 till 7:30pm, ages 14-19

A free club for LGBT+ young people aged 14-19. Referral only - contact us below

WEDNESDAY

ACTIVE HASTINGS DANCE HUB, 4:30 till 5:30pm, ages 10-16

A free dance club for young people aged 10-16.

MUSIC CLUB, 5:30 till 7:30pm, ages 10-16

A free music club for all young people aged 10-16.

THURSDAY

JUNIORS CLUB, 4:30 till 6:00pm, ages 10-13

A free youth club for young people aged 10-13.

SENIORS CLUB, 6:30 till 8:30pm, ages 14-19

A free youth club for young people aged 14-19.

FRIDAY

FRIDAY NIGHT CLUB, 6:30 till 8:30pm, ages 10-16

A free youth club for young people aged 10-16.

HOLLINGTON YOUTH HUB
1 WISHING TREE ROAD NORTH
ST LEONARDS, TN38 9LL



For more information, please contact:

Reece Dreavyn, Assistant Area Youth Worker - reece.dreavyn@eastsussex.gov.uk - 07973 255076