

UT Teen Health partners with youth-serving organizations that serve youth 10–24 years of age in rural and urban communities. UT Teen Health can work with you to identify the best teen pregnancy prevention curriculum to fit your community’s needs.



UT Teen Health, a program within the UT Health San Antonio, serves the community by bringing medically accurate sexual health information and positive youth development to adolescents. UT Teen Health has been awarded funding to carry out educational and clinical projects designed to strengthen youth and their families and prevent teen pregnancy in the San Antonio area as well as throughout South Texas. Projects focus on school and community-based education, as well as programming for youth in the juvenile justice and foster care systems, and pregnant or parenting teens.

Advancing Equity in Adolescent Health through Evidence-Based Teen Pregnancy Prevention Programs and Services

UT Teen Health utilizes programs that:

- Focus on knowledge of physical development, personal relationships, and sexual risks.
- Strengthen future goals and opportunities for youth.
- Ensure inclusive, safe, supportive, and trauma-informed approaches for positive youth development.
- Provide training and technical assistance in implementation of the chosen curriculum.
- Support parents/caregivers to help promote optimal health in their community.
- Plan for sustainability from program onset.

UT Teen Health assists partnering organizations in different settings to choose evidence-based programs that fit their communities, train facilitators in trauma-informed approaches, and promote long-term sustainability.

Middle and High Schools	Clinics	Community-based Organizations
Houses of Worship	Detention centers	Group/Residential/Foster Care Programs

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