

SHAC Meeting 1/24/24

[Audio Recording of the meeting](#)

Meeting Start Time: 1:00pm

- Reminder of SHAC Norms
- Presentation by Amelia Floyd and Kathleen Hassenfratz from Engage & Heal Foundation
 - Erik Hanson's story
 - Purpose: erase stigma of mental health, create a common language with Mental Health Literacy, and bridge the gap. To grow healthy young adults with the help of schools, the community, and family.
 - Discussed the Suicide and Crisis Lifeline 988 (soon to be nationwide) - can talk via chat or text
 - Discussed the presentation they conducted with LTHS Athletes which is linked on Jennifer Lyon's website to watch: <https://www.ltisdschools.org/Domain/28> - Kathleen H. has a podcast called "Mom Proof"
 - Website: <https://engageandheal.org/>
- Updates and Discussions:
 - ❖ Additional PE Staffing: No need to take additional staffing requests to the Board because the Board is already aware. The request will go to Senior Administration ❖ CAV 101: has to be fully vetted with the Curriculum and Instruction Dept, then Cabinet/Senior Administration, and then presented to Board. Will continue to work on this.
 - ❖ Lifeguard Sexual Health for 6th - 9th grades:
 - Lifeguard has recently added staff
 - Teachers will facilitate lessons using videos & discussions
 - Parent meetings will be held in April
 - Lifeguard is a year-by-year contract, can look into using other companies - LTISD has been using Lifeguard for approx 8-10 years
 - ❖ FAMP (Food and Allergy Mgmt Plan):
 - Elementary classrooms will have lunch in cafeterias, not classrooms on early release days, with the exception of emergencies.
 - This is to keep students safe and included.
 - ❖ DAEP & Alternative Campus
 - On hold with SHAC: currently being worked on by Administration
 - Alternative Campus is part of the Strategic Planning Committee with Tasha Barker. Planning to look at Eanes ISD's Alt. Campus. The LTISD Alt. Campus will probably be located near the current DAEP. Goal to open the Alt. Campus is the 24-25 school year.
 - Tasha discussed the differences bn DAEP and the Alternative Campus = DAEP is discipline related and Alt. Campus is more for students working

on credit recovery, students that have severe social anxiety, high risk of dropping out, etc...

❖ Puberty Curriculum: Presented by Becca Harkleroad

- This is an Opt In program for 4th & 5th grade students, male & female. - Sexual Health TEKS requirements are that students will learn about puberty and adolescent development. The TEKS are not currently being met by LTISD, by adding 4th grade students the TEKS will be met. New TEKS include a small amount of crossover education for boys and girls.
- Becca presented 2 links of new videos to use for the lessons which will be shared with SHAC members to watch between now and the next SHAC meeting. Will discuss the content and thoughts at the February meeting.
- Discussed amongst the group: could these lessons be an opt in option for younger children, such as 3rd graders? Possibly attend with a parent and/or an afterschool event?
- Lessons are typically presented to students in the Spring - could we possibly move it to the Fall?

❖ Open Discussion:

- Subcommittees?? -possibly separate the Mental Health Subcommittee into smaller groups?
- LTIS Student perspective =
 - 1) Biggest issue she sees, especially with girl high school students, is digital media/social media and mental health. She feels that social media has a huge impact on bullying, anxiety, etc...
 - 2) Male LTIS student states he feels that students (especially juniors and seniors) feel overwhelmed. Too much on their plate with extracurriculars and class load.
- Digital Media: laptops, phones, social media, etc...
 - Discussed lack of textbooks and use of technology for everything is worrisome and causes issues such as texting and gaming with laptops during class when students do not have their phones.
 - Discussed not allowing cell phones on campus or in any classroom. This would be a HUGE shift for students and the community, large pushback from parents.
 - Kim Kellner discussed how at the elementary level, they really try to teach independence, specifically with Kinder students, however students that have cell phones or watches reach out to their parents during the day which makes it difficult to teach independence and it creates insecurity and dependency.
 - Erin Archer discussed parent and staff pushback. Would like to educate the community on things that Kim K discussed.
 - Idea: look at neighboring districts' technology policies. Review current LTISD policies and get all campuses and classrooms on same page.

Meeting adjourned at 2:28pm

Next meeting on 2/21/24 at 1pm