Medicaid Waiver Programs - Information

Medicaid waivers allow older adults, people with disabilities, or medical/emotional needs to live at home, rather than in nursing homes or other institutions. Waivers provide services such as behavior support, adaptive aids, medical supplies, respite care, occupational therapy, physical therapy, speech therapy, minor home modifications, nursing, specialized therapies, pre-vocational training, supported employment, transition assistance, and others. *The services provided vary by waiver.* Texas has 7 waivers, each with an interest list. Your child can be on multiple interest lists at one time but can only receive services from one waiver at a time.

Most waivers have a 15+ year wait for services, so it is important to get on interest lists as soon as possible.

Community Living Assistance and Support Services (CLASS): Services/supports for people with related conditions other than intellectual disability/mental health that began before age 22 and are not expected to improve. Examples include autism, cerebral palsy, seizures, spina bifida, and others. The disability must affect 3 or more of the following areas: self-care, understanding and use of language, learning, mobility, self-direction, or capacity for independent living. There is no age limit for this waiver.

Deaf Blind with Multiple Disabilities (DBMD): Services/supports for people who are legally deaf-blind or have a condition that will lead to becoming legally deaf-blind in the future; plus at least one other disability that affects independent functioning. There is no age limit for this waiver.

Medically Dependent Children's Program (MDCP): Services/supports for families caring for a young adult at home who would otherwise require care in a nursing home. Recipients must be under 21 years old. If under 18, they must be living with an adult family member or legal foster family.

STAR+PLUS Home and Community Based Services (HCBS): Managed care program for people who meet medical necessity criteria for nursing home care and are at risk for being placed in a nursing home. Allows recipients to get both acute and long term services at home. Recipients must be age 21 or older.

Call 1-877-438-5658 to place your child on the CLASS, DBMD, MDCP, AND HCBS interest lists.

Home & Community Based Services (HCS): Services/supports for people with intellectual disability (ID) or related conditions who live with family members, in their own homes, or group homes with 4 beds or less. Services like day habilitation, respite, nursing, employment provided. There is no age limit for this waiver.

Texas Home Living (TxHmL): Services to people with an intellectual disability (ID) or a related condition who live in their own home or their family's home. Services include adaptive aids, behavioral support, community support, day habilitation (help with development of basic life skills), employment assistance, minor home modifications, nursing, respite, professional therapies, supported employment, and others. There is no age limit for this waiver.

Call Integral Care (ATCIC) at 512-472-HELP (4357) to place your child on the HCS and TxHmL interest lists.

Youth Empowerment Services (YES): Services/supports for people who experience mental/emotional/behavioral issues to reduce time in psychiatric hospitals, allowing recipients to stay at home and in their community. Recipients must be 3-18 years old for this waiver.

Call the YES Waiver Inquiry Line at 1-512-804-3191 to place your child on the YES interest list.

You may have to leave a message saying, "I'd like to put my child on the inquiry list." Once you leave your contact information, someone should call you back within a couple of days.

IMPORTANT! *Once your child is on the interest list(s) you MUST call and update any changes to your phone number and address immediately. Many parents call each waiver interest list around their child's birthday to ensure they still have the correct contact information and let them know you want your child's name to remain on the interest lists.*

Questions? Reach out to Erika Musick-Griffin, LTISD Transition Specialist - musicke@ltisdschools.org

Information for this flyer was obtained from the Navigate Life Texas website. Visit www.navigatelifetexas.org for additional information on Medicaid Waivers.