Lake Travis ISD Resource List: Local Therapists					
Name & Contact Info	**Website**	**Insurance**	**Client Age(s)**	**Areas of Expertise**	**Clinical Modalities**
Angela Carey, LPC 1150 Lakeway Drive #210 Lakeway, TX 78734 (713) 385-7920 angelacareycounseling@gmail.com	www.thepuravidaway.com	I do not accept insurance, I offer a sliding scale	9 and up	Stress, Anxiety, Relationship issues, Depression, Co-dependency, Life transitions, Substance Abuse, Self-esteem, Parenting, Grief, School issues, Spirituality	Cognitive Behavioral Therapy, Solution Focused, Motivational Enhancement Therapy, Motivational Interviewing, Mindfulness. Addiction Services: Assessment- SASSI- Substance Abuse Subtle Screening Inventory, Early Intervention, Treatment for Adolescents and Families Motivational and Prevention Strategies
Carissa Cano, LPC 3536 Bee Cave Rd. Ste. 10 louise536@gmail.com	https://www.counselingbycarissa.com/about	Blue Cross Blue Shield	11 and up	Anxiety, Attachment, Chronic Illness, Chronic Pain, Depression, Developmental Disorders, Divorce, Grief & loss, LGBTQIA, Life transitions, Obsessive Compulsive Disorder, Parenting, Trauma & PTSD, Couples counseling, infidelity	Attachment-based, Cognitive Behavioral (CBT), Dialectical (DBT), EMDR, Family Systems, Gottman Method, Internal Family Systems (IFS), Mindfulness Based, Psychodynamic, Trauma focused, Somatic, iRest, body centered psychotherapy
Cheri Horner, LCSW-S 1010 Land Creek Cove, Suite 150, Austin 78746 (361) 549-6718	https://cherihorner.com/	N/A, some sliding scale	12 and up	Specializes in grief & loss, adolescents and young adults, life transitions, mood and anxiety disorders, and interpersonal difficulties	Attachment-based, trauma informed, EMDR,

Dusty Byrd, LPC (512) 221-2973 dusty@dustybyrdcounseling.com	http://dustybyrdcounseling.com/	I do not accept insurance, I offer a sliding scale	11 and up	Addiction, Anxiety, Attachment, Behavioral issues, Bipolar Disorder, Chronic Illness, Chronic Pain, Depression, Family conflict, Grief & loss, Life transitions, Non-suicidal self-injurious behavior, Parenting, Substance Abuse, Suicidal Ideation, Trauma & PTSD, Traumatic Brain Injury	Attachment-based, Cognitive Behavioral (CBT), Dialectical (DBT), Family / Marital, Family Systems, Mindfulness Based, Narrative, Trauma focused, Strength Based
Erica Garcia, LPC 311 RR 620 S, Ste. 109, Lakeway, TX 78734 (737) 808-2380 ericagarciacounseling@gmail.com	https://www.psychologytoday.com/us/therapists/erica-garcia-lakeway-tx/286446	I do not accept insurance, I offer a sliding scale	18 and up	Adoption, Alzheimer's, Anxiety, Attachment, Chronic Pain, Depression, Divorce, Family conflict, Grief & loss, LGBTQIA, Life transitions, Non-suicidal self-injurious behavior, Obsessive Compulsive Disorder, Parenting, Poverty, Sleep or insomnia, Substance Abuse, Suicidal Ideation, Trauma & PTSD	Attachment-based, Cognitive Behavioral (CBT), Culturally Sensitive, EMDR, Family / Marital, Family Systems, Mindfulness Based, Psychodynamic, Sandtray, Trauma focused, Emotionally Focused Therapy
Kasey Butler, LCSW-S 4131 Spicewood Springs Rd., Ste N3 Austin, TX 78759 (512) 947-2668 Kasey@KaseyButler.com	https://kaseybutler.com/contact-us/	BCBS	Children, adolescents, and adults ages 4 and up, excellent with middle school age	Adoption, Anxiety, Depression, Family conflict, Trauma, Life Transitions, Parenting, Grief	Attachment-based, EMDR, Sandtray, Play therapy, Relational, CBT
Katie Bates, LPC-Intern Lakeway, TX (512) 522-7635		I do not accept insurance, I offer a sliding scale	11 and up	ADHD, Adoption, Anxiety, Autism, Behavioral issues, Depression, Developmental Disorders, Divorce, Family conflict, Grief & loss, Life transitions, Non-suicidal self-	Attachment-based, Cognitive Behavioral (CBT), Culturally Sensitive, Dialectical (DBT), Family / Marital, Gottman Method, Mindfulness Based, Motivational Interviewing, Sandtray, Strength Based

Kathrynmbatescounselor@gmail.com				injurious behavior, Obsessive Compulsive Disorder, Parenting, Suicidal Ideation	
Kristen Wicke, LPC 1015 Beecave Woods Dr. Suite 207C, 78746 (512) 957-1560 kristenwicke@gmail.com	https://www.kristenwicke.com/	I do not accept insurance	11 and up	Anxiety, Attachment, Behavioral issues, Depression, Family conflict, Grief & loss, Parenting, Substance Abuse, Suicidal Ideation	Attachment-based, Family / Marital, Psychodynamic, Trauma focused, Strength Based
Kristin Bowers, MA, LPC-S One In Mind Counseling 2802 Flintrock Trace, Unit B101, Lakeway TX 78738 (512) 900-6589	www.oneinmindcounseling.com	N/A	11-22	Individual Therapy, EMDR, Telemental Health	CBT and EMDR
Laura Hopkins, LPC Evolve Counseling of Lakeway 2802 Flintrock Trace, Unit #B101, Lakeway TX 78738 (512) 575-3545	www.evolvecounselinglakeway.com	BCBS	11 and up, family, and couples	Anger, Anxiety, Depression, Divorce, Dual Diagnosis, Grief, Life Transitions, Trauma and PTSD, Mood disorders, Personality Disorders	Attachment, CBT, Family/Marital, Internal Family Systems (IFS), Mindfulness Based, Narrative, Interpersonal, Rational Emotive Behavior Therapy, Somatic, Trauma Focused, Family, and Couples
Lori Sheffield, MA, LMFT Evolve Counseling of Lakeway 2802 Flintrock Trace Unit #B101, Lakeway TX 78738 (512) 270-1403	www.evolvecounselinglakeway.com	N/A	15 and up, families, couples	Relationship issues, Anxiety, Depression, Life Transitions, Greif, Trauma, PTSD, LGBTQ and related identity issues	CBT, Emotionally Focused, Family/Marital, Gottman, Humanistic, Mindfulness-based, Person Centered, Somatic, Trauma Focused

lsheffcounselor@gmail.com					
Mary Moore, LMSW, L.Ac, MSOM 4425 Mopac South Building II, Suite 301 D, Austin, 78735 (210) 313-3563		Yes, most insurance carriers, military discount, and reduced fee available	All ages and family therapy		Medical Hypnosis, Qi Gong, Acupuncture
Mary Beth Gober, Psy.D. 3595 Ranch Rd 620 S Suite 200 Bee Cave, TX 78738 (512) 387-5077 (214) 412-9587 (cell) marybeth@marybethgober.com	marybethgober.com	no insurance	Testing: school ages 5+; Therapy: 15 and up	Testing for ADHD, Dyslexia, psychological issues, for ages 5+ Autism	
Melissa Gaber, M.A., LMFT-A 311 RR 620 S, Suite 100 Lakeway, TX (512) 249-8544 melissa@ gentlecc.com	http://www.gentlecc.com/	Can provide a receipt or superbill, I am out of network	Toddlers and up, couples, and family	ADHD, Attachment, Behavioral issues, Developmental Disorders, Divorce, Family conflict, Life transitions, Parenting, communication, connection	Art Therapy, Attachment-based, Cognitive Behavioral (CBT), Family / Marital, Family Systems, Gottman Method, Internal Family Systems (IFS), Mindfulness Based, Play Therapy, The Nurtured Heart Approach
Nancy Dorsett, MA LPC (512) 955-1350	https://transitionsaustin.com/		5 and up	Individuals, Families, Groups, Couples	

nancydorsett@yahoo.com					
Norma Perez, Licensed Psychologist 1213 Ranch Road 620 South, Suite 203, Lakeway, TX 78734 drperez@mindbodylifeconnection.com	https://www.mindbodylifeconnection.com/	I do not accept insurance, I offer a sliding scale	18 and up	Anxiety, Behavioral issues, Bipolar Disorder, Chronic Illness, Chronic Pain, Depression, Divorce, Grief & loss, Life transitions, Parenting, Sleep or insomnia, Trauma & PTSD, Veterans	Acceptance & Commitment Therapy (ACT), Cognitive Behavioral (CBT), Culturally Sensitive, Family / Marital, Gottman Method, Mindfulness Based, Motivational Interviewing, Trauma focused
Pam Gates, LPC 1150 Lakeway Drive, #210 Lakeway, TX 78734 (512) 328-2563 pamela@pamelagatescounseling.com	https://pamelagatescounseling.com/		10 and up, and families	Depression, Anxiety/Phobias/Panic, Addictions, PTSD, Bipolar, Codependency, Borderline Personality, Care Giver, Chronic Pain, Stress Management, Life Adjustments, Adolescent Issues, Parenting Teens, Family Issues, Development Trauma, Sexual Abuse, Self Esteem	CBT, Motivational Enhancement Therapy/Motivational Interviewing, 12 Step Recovery Model, EMDR, Mindfulness, Trauma Recovery
Rebecca Kloc, LPC 3101 Bee Cave Rd. Ste. 125 (512) 940-7434		N/A	All ages	Specializes in trauma, kids with behavior problems, and ADHD	Play therapy, EMDR, talk therapy
Shelley Coleman, LPC-S 2802 Flintrock Trace Unit #B101 (405) 406-2007 shelleybcolemanlpc@gmail.com	https://www.shelleybcolemanlpc.com/	I accept AWP (EAP for LTISD)	3-19	ADHD, Anxiety, Attachment, Behavioral issues, Depression, Divorce, Domestic violence, Family conflict, Grief & loss, Life transitions, Non-suicidal self-injurious behavior, Obsessive Compulsive Disorder, Parenting, Suicidal Ideation, Trauma & PTSD	Art Therapy, Cognitive Behavioral (CBT), EMDR, Family / Marital, Play Therapy, Sandtray