



### Pain We Treat.

Below are some common injuries our doctors successfully treat on a daily basis.



Back/Neck



Knee



Shoulder



Foot



Hip



Plus More!

### Quality Care. Rapid Recovery.

Airrosti's quality approach to care leads to rapid recovery and lasting results — while helping patients avoid surgeries, pharmaceuticals, MRIs and other costly procedures.



## We Fix Pain Fast

### Lasting Relief from Acute and Chronic Injuries

Airrosti provides highly effective, personalized care for acute and chronic musculoskeletal pain and conditions. Each Airrosti treatment plan includes:

- Thorough assessment and orthopedic testing to provide an accurate diagnosis and injury education.
- Conservative manual treatment to restore function, increase mobility, and reduce pain.
- Personalized, active rehab and at-home exercises designed to speed recovery and prevent future injuries.

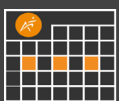
**Our goal is to give patients a quick and safe return to activity.**



**99.6%**  
Patient Satisfaction



**88.3%**  
Injury Resolution



**3.2**  
Average Visits



In-network with  
Your Health  
Benefit



# We Fix Pain Fast

Airrosti proudly offers highly effective care to help you live life pain free. Experience the Airrosti difference.



## 1. Expert Diagnosis

Your provider will perform a thorough orthopedic and functional evaluation to accurately diagnosis your injury and develop your targeted care plan.



## 2. Effective Care

Airrosti's safe and efficient care results in increased strength, function and range of motion, as well as a dramatic decrease in pain.



## 3. Personalized Plan

You will receive a customized exercise and recovery plan designed to target the source of your pain and speed recovery.



## CONVENIENT ACCESS

- 250+ Locations in TX, WA, OH, and VA
- One Full Hour of One-on-One Care
- Evidence-Based Manual Therapy to Eliminate Pain and Restore Function
- Active Care Exercises to Speed Recovery



[AIRROSTI.COM](http://AIRROSTI.COM)

## BENEFIT INFORMATION

Airrosti is a covered benefit for all Lake Travis ISD BCBS health plans

- \$20 copay (Low & High Plans)
- \$20% coinsurance after ded. (HDHP)

No referral required

30+ locations throughout Central TX

Your Airrosti Provider will be with you every step of the way to help you stay on track and support you during your recovery.

Call today to begin your recovery plan.



(800) 404-6050

