

2 – Monitoring Health Conditions

In order to keep our students and staff safe and healthy and maintain full-time, in-person learning, [Poland Central School District](#) will be proactive regarding students and staff who are experiencing COVID-19 symptoms.

Students and staff should stay home if they are showing signs and symptoms of COVID-19. Parents should screen their children for COVID-19 symptoms before sending them to school each day. Symptoms of COVID-19 include:

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

The CDC maintains an updated list of COVID-19 symptoms here:

<https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html>

Students who exhibit COVID-19 symptoms will be sent home and should not return until they have a negative test or a specific alternative diagnosis from a licensed medical professional.

Monitoring staff and student absenteeism and tracking reasons for their absences will be a shared function of the nurse, school administrator, and superintendent, along with local health officials; this is needed to identify any trends that would suggest spread of illness such as COVID-19. Contact will be made when a person is absent for unknown reasons.

Daily screening for employees and students will not be conducted unless required, as we have data from employee attendance and student attendance software programs. Screening of visitors and vendors will occur in order to allow contact information.

[Poland Central School District](#) **expects that employees who are symptomatic will not report to work and parents of students who exhibit these symptoms have evaluated the student prior to allowing the student to board the bus or attend school.**

Testing Protocol & Responsibility

Any member of the school community who is experiencing COVID-19 symptoms, is a direct contact of a person identified as having COVID-19 or has been otherwise exposed to COVID-19 should immediately seek diagnostic testing. [Poland Central School District](#) will make sure families without regular access to healthcare know where in the community to find testing if needed. Regional testing sites may be found through the NYSDOH's website:

<https://coronavirus.health.ny.gov/find-test-site-near-you>

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Based on changing conditions of the COVID-19 Pandemic, [Poland Central School District](#) may implement additional testing and screening procedures based on CDC guidance. If needed, with coordination from Herkimer-Fulton-Hamilton-Otsego BOCES, [Poland Central School District](#) could implement a screening and/or diagnostic COVID-19 testing program in order to identify and isolate cases of COVID-19 within the district as quickly as possible to minimize the disruption of full-time, in-person learning and maintain as safe and healthy a school environment as possible.