

Highland East Jr High School Pom Information

Important Dates:

Online packets

- Informational meeting/packets available Feb. 26th 6pm-at Southmoore High School
- Packets are **due 2pm March 14.** (submitted online)

Tryout clinics

- Monday March 25 and Tuesday March 26 5-6:30pm
- Arrive 15 minutes early.
- Attendance is mandatory to participate in tryouts.
- Wear school appropriate t-shirt and shorts. Remember to bring your jazz shoes and a full water bottle.
- Bring your physical on the first day. You will not be able to participate without it. If you have a current physical for school year 23-24, you do not need a new one. Ask if you are unsure.

Tryouts

- Thursday March 28 2pm at WHS
- Athletes will be excused from school all day.
- Arrive at least 30 minutes early to warm up and stretch.
- Bring a full water bottle.
- Wear school appropriate black shorts.
- Wear your try-out shirt that will be provided during clinics.
- Bring your jazz shoes and tennis shoes.
- Wear your hair pulled back into a ponytail, no bangs, no bow, no jewelry.
- Videos will be posted online on the first day; practice outside of clinics is strongly encouraged.
- Teams will be announced by 9pm.

Parent/Team Meeting

Monday April 1 6:00 (HEJH)

- \$275 uniform rental fee due (paid through mypaymentsplus)
- Camp will be discussed, and the fee deadlines will be announced.
- Parents, please be prepared to volunteer on the Booster club board. The program is only as good as you all make it. We will vote on new board members at this meeting.
- We will have a contract with our choreographer for you to sign.
- Practices in April and May will be Mondays and Wednesdays 4:30-6pm

Uniform Distribution

To be determined, probably during July practices.

- Wear sports bra and spunks to try uniforms on.
- Girls will be leaving with multiple uniforms and warm-ups.

Booster club meeting

May (time and location TBD)

- \$250 accessories due (cash, cashapp paypal or check to HEJH Pom)
*Amount is estimated; exact amount figured once items are ordered

Summer Camp

June (TBD)

- Bring a full water bottle.
- Bring your jazz shoes as well as tennis shoes.
- You will have camp shirts.
- Wear school appropriate black shorts.
- This is required for all members of the squad.

Summer Break

- No practice during dead week June 30-July 7.
- Summer schedule will be determined, we will be flexible with family vacations.

Thank you,

Pauline Caldwell
Head Coach

Katie Evans
Choreographer

STUDENTS MUST BE IN SCHOOL ALL DAY IN ORDER TO PARTICIPATE IN ACTIVITIES. THIS MEANS THEY CANNOT HAVE UNEXCUSED ABSENCES ON CLINIC DAYS!

Highland East Jr. High School Pom **Estimated** Expenses 2024-2025

Spring 2024

Item	Cost	Notes
Uniform Rental	\$275	Uniform rental, new uniform, warm-ups
Camp T-Shirts	TBD	
Camp	\$250	MHS camp \$100 (June) Katie Camp \$150 (July)
Accessories	\$250	leggings, shorts, sports bras, shoes, backpack, spanx (red and blue), earrings, poms *Returning girls will only purchase some of these items
Coaching Fee	\$65 Monthly	This will be a monthly fee paid to our choreographers. April 2024 through March 2025

Summer 2024

Item	Cost	Notes
Booster Club Dues	\$200	paid in two installments of \$100 each

Fall / Winter 2024

Item	Cost	Notes
State Costume	\$200	Costume and Shoes
State Supplies	\$50-\$100	This will include make-up, lashes, lip stick, stones, etc.

Spring 2024

Item	Cost	Notes
Banquet	\$25	Depends on location, number of people attending, etc.

*Please remember these are just **estimated** expenses. It is important to note that pricing may change, and fees/events may be added. This is to just simply give you (as parents) a guideline to prepare for the upcoming year.

*Fundraisers can help offset some of these costs. It is up to the parents and booster club to coordinate and implement these events. **All parents are expected to help with fundraising throughout the year!**