

Asthma Rescue Inhaler

Albuterol

Store @ room temperature, not in a car or in the sun, etc.
Is in AED cabinets

Staff who are trained by the School Nurse to administer Inhalers may use the stock Albuterol.

Students are not be allowed to self-administer stock albuterol.

Canister of medication will be used for multiple students. Prime before each student’s use.

Mouthpiece. In an emergency may be used for multiple students, being cleaned with alcohol between each student. Otherwise may be washed for another student’s use later.

Lite Aire Spacer will be used by only one student. If used, label with student’s name & save for future use.

Document each use on an Accident/Incident form & contact the parent.

Use this albuterol inhaler if:

1. The student has a Medication Request/Consent form for an inhaler and the inhaler is not available then use this stock albuterol instead.
2. The student has asthma, as reported by the parent, and has NO Medication Request/Consent:
 - a. Administer the stock Albuterol inhaler when the student has any of the following:
 - Uncontrollable coughing
 - Fast or noisy breathing
 - Shortness of breath
 - Flaring (widening) of nostrils
 - Feeling of tightness in chest
 - Increased use of stomach and chest muscles during breathing
3. Give one puff. Wait 1-2 minutes, give second puff.
4. Repeat inhaler in 20 minutes if still having trouble breathing. Call 9-1-1

Call 9-1-1, if the student is/has any of the following:

- Not able to speak in complete sentences
- Bluish color of nails or lips
- Shoulders rising when breathing
- Symptoms continue after 15 minutes &/or parent is not immediately available

Signature _____ Date _____

Approved by Dr. Kim Sabey, Delton Family Medical Center, Lake Delton WI 254-5888

References:

National Association of School Nurses. (2011). Suggested *Nursing Protocol for Students without an Emergency Care Plan*. Available at: http://www.nasn.org/portals/0/resources/faat_no_ECP.pdf.

National Heart, Lung and Blood Institute, National Asthma Education and Prevention Program (NAEPP). (2011). *Management of Asthma Exacerbations: School Treatment, Steps to follow for an Asthma Episode in the School Setting when the Nurse is not Available*. Available at: http://www.nhlbi.nih.gov/health/prof/lung/asthma/no-nurse_p.pdf

National Heart, Lung and Blood Institute, National Asthma Education and Prevention Program (NAEPP). (2011). *Management of Asthma Exacerbations: School Treatment, Suggested Emergency Nursing Protocol for Students with Asthma Symptoms who don’t have a Personal Asthma Action Plan*. Available at: <http://www.nhlbi.nih.gov/health/prof/lung/asthma/sch-emer-actplan.pdf>