

October 2023

WILLARD GROWL



LIFE IS LIKE
a camera
JUST FOCUS
ON WHAT IS IMPORTANT
CAPTURE
THE GOOD TIMES
DEVELOP
FROM THE NEGATIVES
IF THINGS DON'T WORK OUT
take another shot!

Inspirational Quotes by Braden Romsburg

The beginning
is always
today.
- Mary Shelley

What I am
looking for
is not
out there,
it is in me.
- Helen Keller

Made by
brayden
Romsburg

THE HAPPIEST PEOPLE DONT
HAVE
THE BEST OF EVERYTHING
THEY MAKE
THE BEST OF EVERYTHING

BE
fearless
in the pursuit
of what sets
your Soul
on FIRE.

SELF-HARM

BY DAESHIA SMITH

TEXT OR DIAL 988 FOR
SUICIDE AND CRISIS
HOTLINE



What is Self Harm?

Self-harm refers to when a person hurts their own body on purpose. A person who self-harms usually does not mean to kill themselves, but they are at higher risk of attempting suicide and dying by suicide if they do not get help.

Feeling Sad Or Depressed

Do something slow and soothing. Take a hot bath/shower with bubbles, or oil. Light a candle or an incense that smells good to you. Call a friend and just talk about things that you like or visit a friend. Watch Tv.

Craving Sensation/Feeling Unreal

List as many uses as you can for a random object. Chew a piece of ginger root. Focus on how it feels to breathe, notice the way your chest and stomach move with each breath.

Feeling Like A Bad Person

List as many good things about yourself as you can. Read something good that someone has written about you. Talk to someone who cares for you. Do something nice for someone else. Remember when you've done something good. Think about why you feel guilty and how you might be able to change it.

ACTIVITIES & SPORTS



Coaching Staff	Administration
Kaitlyn Messina (8th HC)	Principal: Amy Sims
Kelsie Cleeton (8th AC)	MS AP: Amelia Yates
Kara Lane (7th HC)	MS AD: Trevor Bowling
Meagan Coleman (7th AC)	



7th Grade

MS VOLLEYBALL
2023 - 2024

#	Name
0	Reese Reynolds
2	Audrina Latch
4	Addison LaFarlette
6	Alivia Hambey
13	McKinley Hedgpath
14	Berkley Baker
16	Adelina Borcoi
17	Harley Shoemaker
18	Hadlie Scarlett
21	Madison Taylor
26	Maddison Merkley
27	Anna Lightfoot
29	Lillian Sims
36	Samantha Halterman
40	Riley Shank
47	Sophia Leek
48	Jayla Dickson
49	Ashley Norman



8th Grade

#	Name
3	Elizabeth Sprinkel
5	Kynlee Inman
7	Addison Proctor
10	Stella Warner
11	Aleah Vandever
12	Rilyn Kiser
20	Nathalie Petian
22	Jorja Berry
24	London Scott
25	Olivia Jackson
30	Ava Curry
31	Makenzie Dunn
32	Serenity Laughlin
33	Paige Colvett
34	Kaylee Hurd
38	Briana Garcia
42	Raegyn Leeper
45	Sophie Miller

Football and Volleyball Teams

Schedule	COACHES
09/05/23 v Republic	Justin Harris (HC)
9/12/23 @ Carthage	Keaton Presley
9/21/23 v Ozark	Mark Larson
9/28/23 @ Nixa	
10/5/23 v Branson	
10/12/23 v CJ	



7TH GRADE FOOTBALL
2023-2024

#	Name	POS.
2	Adrian Nunez	WR/S
3	Thomas Gallagher	RB/CB
4	Beau Brown	RB/LB
6	Brandon Gerhardt	WR/S
7	Landen Harter	WR/LB
8	Landon Neasby	RB/DL
9	Parker Bates	WR/LB
10	Zachariah Bell	WR/CB
11	River Keeling	WR/LB
13	Tre McBroom	OL/LB
14	Connor Craft	WR/LB
15	Cooper Katrosh	QB/LB
16	Kolter Puckett	OL/LB
17	Hudson Cummings	QB/LB
19	Jamarqus Deaneer	WR/CB
36	Braylen Lockett	WR/LB
42	Donovan Morrison	WR/LB
45	Mason Samsel	WR/CB

#	Name	POS.
50	Beau Sager	OL/LB
51	Mason Edwards	OL/DL
53	Mason Keith	OL/DL
54	Rowan Richardson	OL/LB
55	Dawson Monroe	OL/LB
59	Matttox Chase	OL/DL
60	McKennon Groves	WR/CB
62	Kole Krtek	OL/DL
63	Kolson Adams	OL/DL
64	Grabriel Nobles	OL/DL
65	Aiden Miller	OL/DL
68	Landon Willour	OL/DL
74	Addyson Svoboda	OL/DL
75	Brodie Wilson	OL/DL
83	Evan Glidewell	WR/LB
86	Conner Black	WR/CB
89	Colton Callen	WR/CB
86	Conner Black	WR/CB

Cheerleaders

Coaches: Jennifer West & Taylor Reaves

Aubrey Boyer
Avery Cassidy
Anjellett Chambers
Bella Garcia-Groves
Alivia Hambey
Chloe Kirksey
Moselle Kuhn
Sadie McNatt

Bonnie Morton
Lexi Neal
Addison Pruitt
Reese Reynolds
Jailynne Sneed
Megan Summers
Addison Welsh



MS Principal: Amy Sims

MS AP: Amelia Yates

MS AD: Trevor Bowling

The Willard Homecoming Parade

by Oleg Cristev and Curtis Abraham



The Willard Homecoming parade had a lot of entries, like baseball players in the back of trucks, and football players on fire trucks. There were cheerleaders, homecoming queen candidates, each standing and waving from jeeps. High school band people had drums clarinettes trumpets and a lot more instruments that the high school band kids were playing along the way. Also, there were younger kids and teachers from each of the Willard Elementary Schools, dressed to fit the “Boot-Scootin’ Boogie” theme.

The Willard Assemblies

The entire school went to their team assemblies to play games and have fun. The assemblies were very entertaining and some students even won prizes. After the team assemblies the school went to the large gym to win points for their team by playing and winning games of different types. The school athletes (Football players, Volleyball players, Cross country, and Cheerleaders) were introduced to us and the cheerleaders gave their performance.



PROS & CONS OF TRAVELING SPORTS

BY MACKARSON COTTER

Benefits to playing travel sports Cons to playing travel sports

- Travel sports events offer social benefits for athletes and their families
 - Opportunity to learn skills and understanding of the sport beyond what school and local recreation leagues provide
 - Increase in athlete's self-esteem and confidence level, socially and athletically
 - Camaraderie with fellow travel sports participants and bonding time with family
- Expense of participation including registration fees, lodging, meals, equipment, camps, private coaching.
 - Performance pressure and anxiety – being part of an elite team brings higher expectations for the athlete.
 - Increased risk of injury – concussions, repetitive motion/overuse injuries, torn ligaments, heatstroke and broken bones, as well as accidents while traveling to and from events

**Around
WMS...**



SPOOKY SEASON



Spooky season is the best time of the year. It's a time of giving....
CANDY. Who needs turkey when you've got candy?? By Daisy Hull



TEACHER FEATURE

MYSTERY TEACHER

Can you guess the teacher with these hints?

- 1.They've been teaching for 11 years
- 2.They have one kid
- 3.They're 35
- 4.Their favorite music genre is: rock
- 5.Theyre a bass pro catalog model

BY: MARLEY AND ANNA

Creative Corner



FALL RECIPES

By Samantha Jellison

Pumpkin cupcakes

- 2 ¼ cups all-purpose flour
- 1 tablespoon baking powder
- 1 teaspoon ground cinnamon
- ½ teaspoon ground nutmeg
- ½ teaspoon ground ginger
- ½ teaspoon ground cloves
- ½ teaspoon ground all spice
- ½ teaspoon baking soda
- ½ teaspoon salt
- 1 cup white sugar
- ½ cup butter, softened
- ⅓ cup brown sugar
- 2 large eggs, room temperature
- 1 cup pumpkin puree
- ¾ cup milk

Cinnamon cream cheese frosting

- 1 (8 ounce) package cream cheese, softened
- ¼ cup butter, softened
- 3 cups confectioners' sugar
- 1 teaspoon vanilla extract
- 1 teaspoon ground cinnamon

Directions

Step 1

Preheat the oven to 375 degrees F (190 degrees C). Grease 24 muffin cups or line cups with paper liners. Sift flour, baking powder, 1 teaspoon cinnamon, nutmeg, ginger, cloves, allspice, baking soda, and salt together in a large bowl; set aside.

Step 2

Beat white sugar, ½ cup butter, and brown sugar together in a large bowl with an electric mixer until light and fluffy. Add eggs one at a time, beating well after each addition. Add pumpkin puree and milk; stir in flour mixture until just combined. Spoon batter into the prepared muffin cups, filling each ¾ full.

Step 3

Bake in the preheated oven until tops spring back when lightly pressed, about 25 minutes. Cool in the pans for 5 minutes. Transfer to a wire rack and let cool, about 20 minutes.

Step 4

Make the frosting: Beat cream cheese and 1/4 cup butter together in a large bowl with an electric mixer until smooth. Beat in confectioners' sugar, a little at a time, until incorporated. Add vanilla extract and 1 teaspoon ground cinnamon; beat until fluffy.

People Making an Impact





Student Spotlight: Kenley Eskina

by Kaitlyn Brady



- Why did you join the student lighthouse?

"I like the whole vibe and I like Mrs. Graves"

- What does the lighthouse do for the school?

"We organize events, decorate, and school spirit"

- What would you say to your 7th-grade self?

"Be better."

- What do you love about WMS?

"The people, teachers"

- If you could change anything about WMS what would it be?

"The food"

- Is there a teacher who has impacted your life, and if so who?

"Mrs. Graves because I love her"



- Is there a student who has made an impact on your life, if so who?

"My friends because they have helped me through a lot"

- Is there anyone who you'll miss next year, if so who and why?

"Mr Greenhaw, because he funny"

- What are your academic goals this year?

"Get all As and Bs"

- If you could be anyone in the world who would you want to be?

"Travis kelce because he is dating Taylor Swift"