With a Ph.D. in American Studies, Dr. Tim Uhl has taught English and history at the high school and college levels. An avid reader and writer, he has averaged a book a week for the past four years and has written numerous articles on Catholic schools and authored a book published in 2020. He's currently working on another book on Catholic school innovation.

When he began his high school teaching career, Dr. Uhl took up coaching. Although he coached football and track, his greatest joy and success was coaching swimming, securing state championships in Texas and Nebraska. He is a Masters swimmer, erstwhile triathlete, and devoted Pelotoner.

Father of three, including two high schoolers, Dr. Uhl and his wife, Joanne, met while working at a Catholic school in Seattle. Their lives revolve around Catholic schools as she is a Catholic high school guidance counselor and coach and their three children attend three different Catholic schools.

Dr. Uhl has served as a dean of students, assistant principal, and principal of Catholic high schools. He also helmed a Catholic elementary school, helping turn an under enrolled parish school into a thriving regional bilingual school. In his tenth year as a Catholic school superintendent, Dr. Uhl is a nationally-known podcaster ("Catholic School Matters"), blogger, and speaker as well as an accreditation leader.