

**NATIONAL SCHOOL BREAKFAST WEEK
MARCH 4-8, 2024**

ACTIVITY GUIDE

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SURF'S UP, WORDS OUT



Get ready for a tubular time with this Mad Libs-style activity. To start, gather your crew, grab a pencil and get ready for word-filling action. Take turns asking for different types of words and fill in the blanks below. Then add them to the story and read it aloud for some serious laughs!

1. Adjective: _____
2. Noun: _____
3. Verb (present tense): _____
4. Adverb: _____
5. Plural Noun: _____
6. Adjective: _____
7. Verb (past tense): _____
8. Noun: _____
9. Exclamation: _____
10. Verb (present tense): _____
11. Adjective: _____
12. Noun: _____
13. Verb (present tense): _____
14. Adjective: _____
15. Noun: _____
16. Favorite breakfast food: _____
17. Breakfast drink: _____
18. Verb (past tense): _____

Now, let's see the results:

“SURFIN’ ADVENTURE”

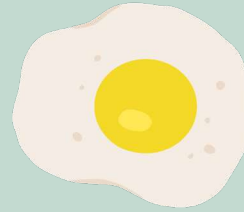
Grab your breakfast and your (1) _____ surfboard and hit the waves at (2) _____ Beach! You’ll be (3) _____ the waves (4) _____ and catching plenty of (5) _____ with your (6) _____ surfing skills. This morning, I (7) _____ an epic (8) _____ ride that everyone still talks about. ‘Cowabunga!’ was the (9) _____ heard as I (10) _____ through the tunnel of a massive (11) _____. I even managed to (12) _____ a few seagulls soaring by. People were (13) _____ at my (14) _____ moves, and I became a legend among the local (15) _____. To celebrate, I had my favorite breakfast (16) _____ with a side of (17) _____. I’ve never (18) _____ anything like it!

LINGO LUAU CHALLENGE



Can you talk like a surfer? Write the surfer-lingo terms next to their gnarly definitions below and test your skills!

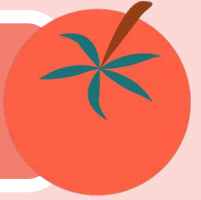
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|-------------|--------------|
| 1. Kook | 6. Rip |
| 2. Break | 7. Lineup |
| 3. Stoked | 8. Duck Dive |
| 4. Hang Ten | 9. Carve |
| 5. Wipeout | 10. Wetsuit |



- _____ A strong current that flows away from the shore, often helping surfers get out to the lineup.
- _____ A surfer who is inexperienced, often exhibiting poor etiquette in the lineup.
- _____ Excited, happy, or enthusiastic about surfing or good waves.
- _____ Falling off the surfboard while attempting to ride a wave.
- _____ A technique used by surfers to dive under an approaching wave while paddling out.
- _____ The area where surfers wait for waves, positioned outside the breaking waves.
- _____ The point where the wave begins to curl and break, creating a rideable section.
- _____ Neoprene clothing worn by surfers to stay warm in cold water.
- _____ A maneuver where a surfer walks to the front of the board and hangs all ten toes over the nose.
- _____ Making smooth and flowing turns on the face of a wave.



SUN, SAND AND WORD SEARCH



This groovy puzzle is filled with terms that capture the essence of surfing and the vibrant spirit of the islands.

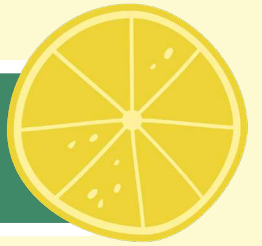
Aloha and happy searching!

- | | | | |
|-------------|--------------|--------------|------------|
| 1. Aloha | 6. Pineapple | 11. Coconut | 16. Banana |
| 2. Hula | 7. Surf | 12. Island | 17. Oahu |
| 3. Honolulu | 8. Beach | 13. Tropical | 18. Lanai |
| 4. Lei | 9. Volcano | 14. Ukulele | 19. Yogurt |
| 5. Luau | 10. Mahalo | 15. Maui | 20. Wave |

E P W Y O G U R T U E V P V U
 C E I F X H V C E K B Q N O Q
 Z J V N A U M A H A L O U L C
 I F W A E L W F K Q N Y D C V
 W F O A W A T V U U D U A A Q
 U P A F N I P A D A T Q T N B
 L W H V G A U P K N U U N O W
 U M U Q H L N I L E A I Q T T
 L L G O N F U A L E A L R X U
 O O L P I A Q E B N M O S M N
 N A I R M B L S A C P L O I O
 O J L Q E U M L U I W D B C C
 H C Y A K I I O C R J B C Y O
 T W C U D Z E A V H F S Q N C
 V H X V U H L I S V M A H A J



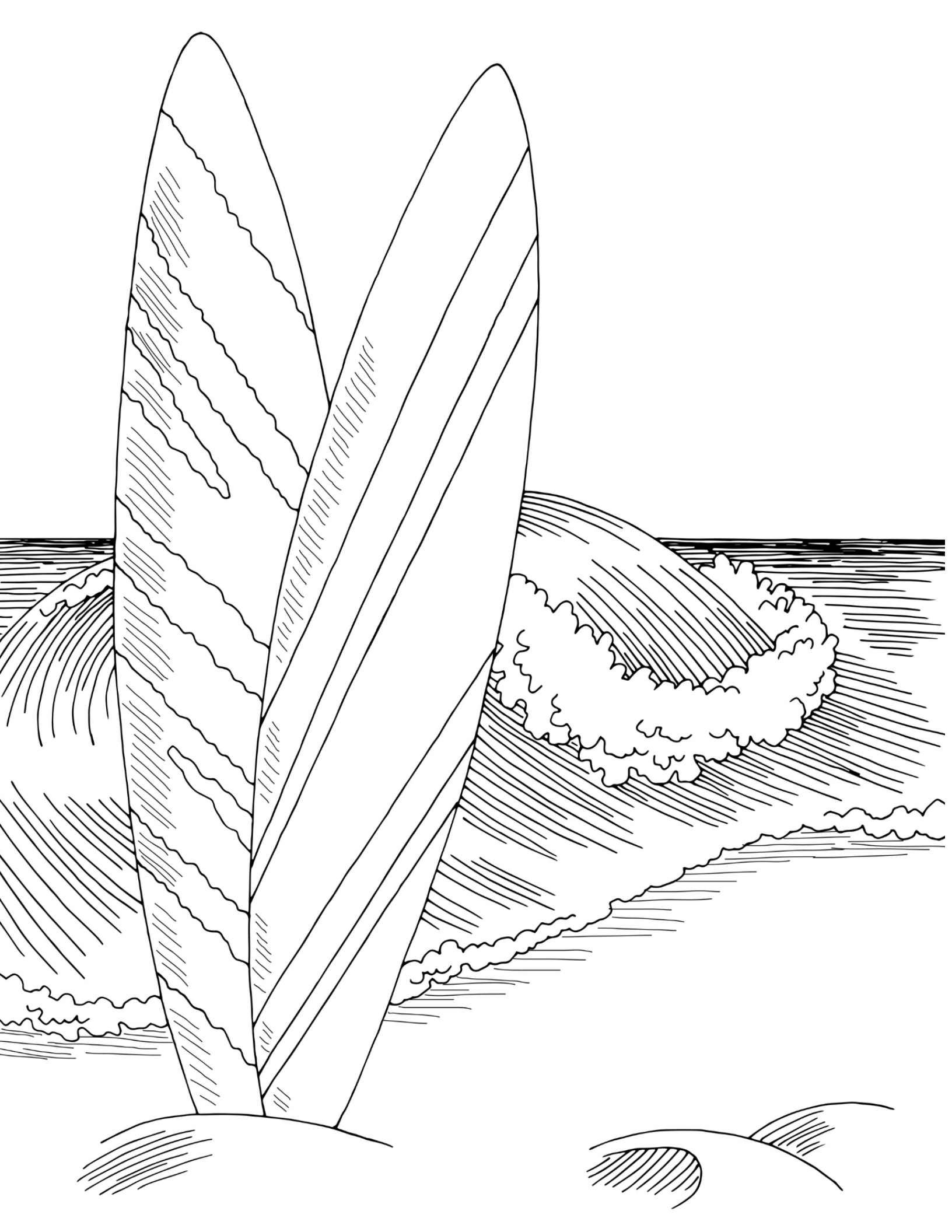
MAZE

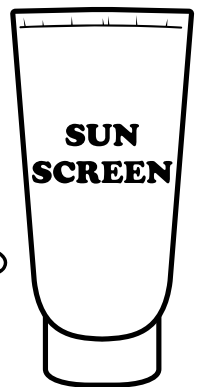
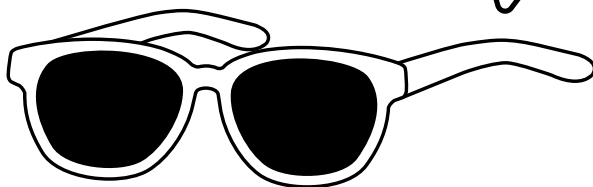
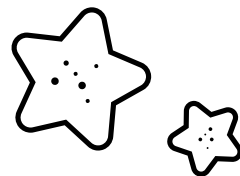
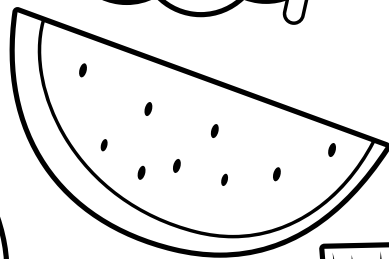
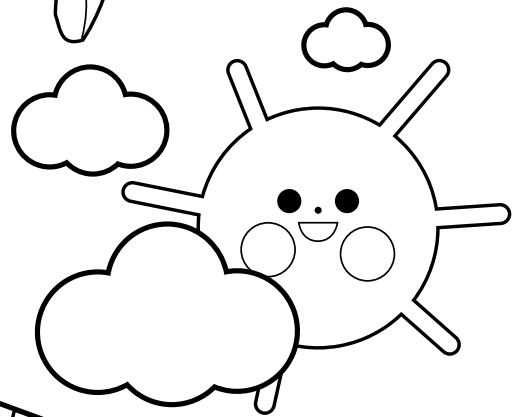
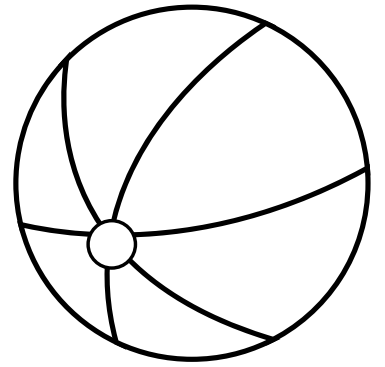
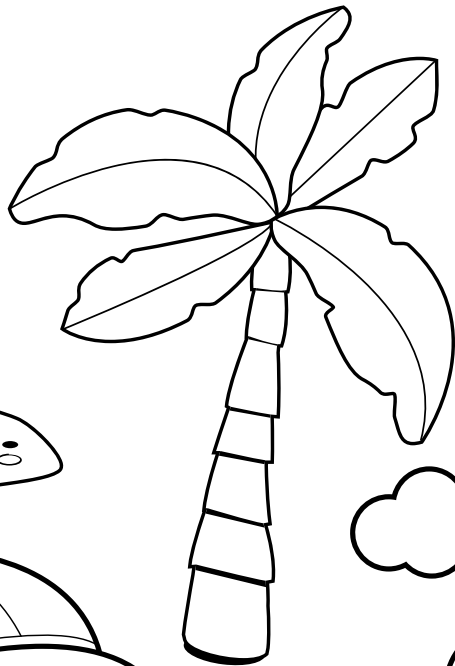
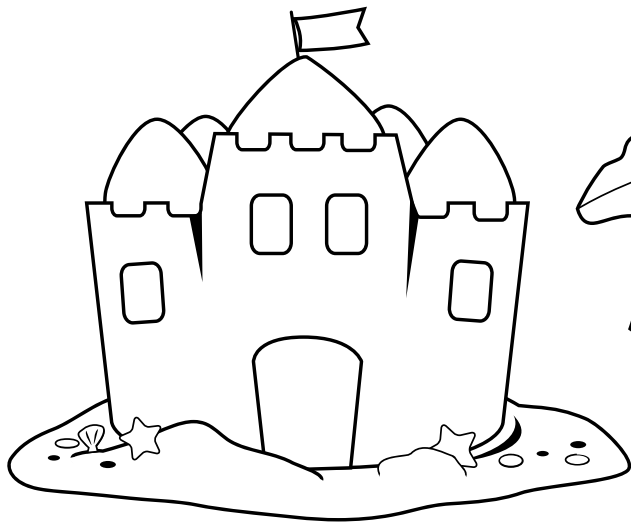


Navigate through this sunshine labyrinth to get to the delicious breakfast in the center!

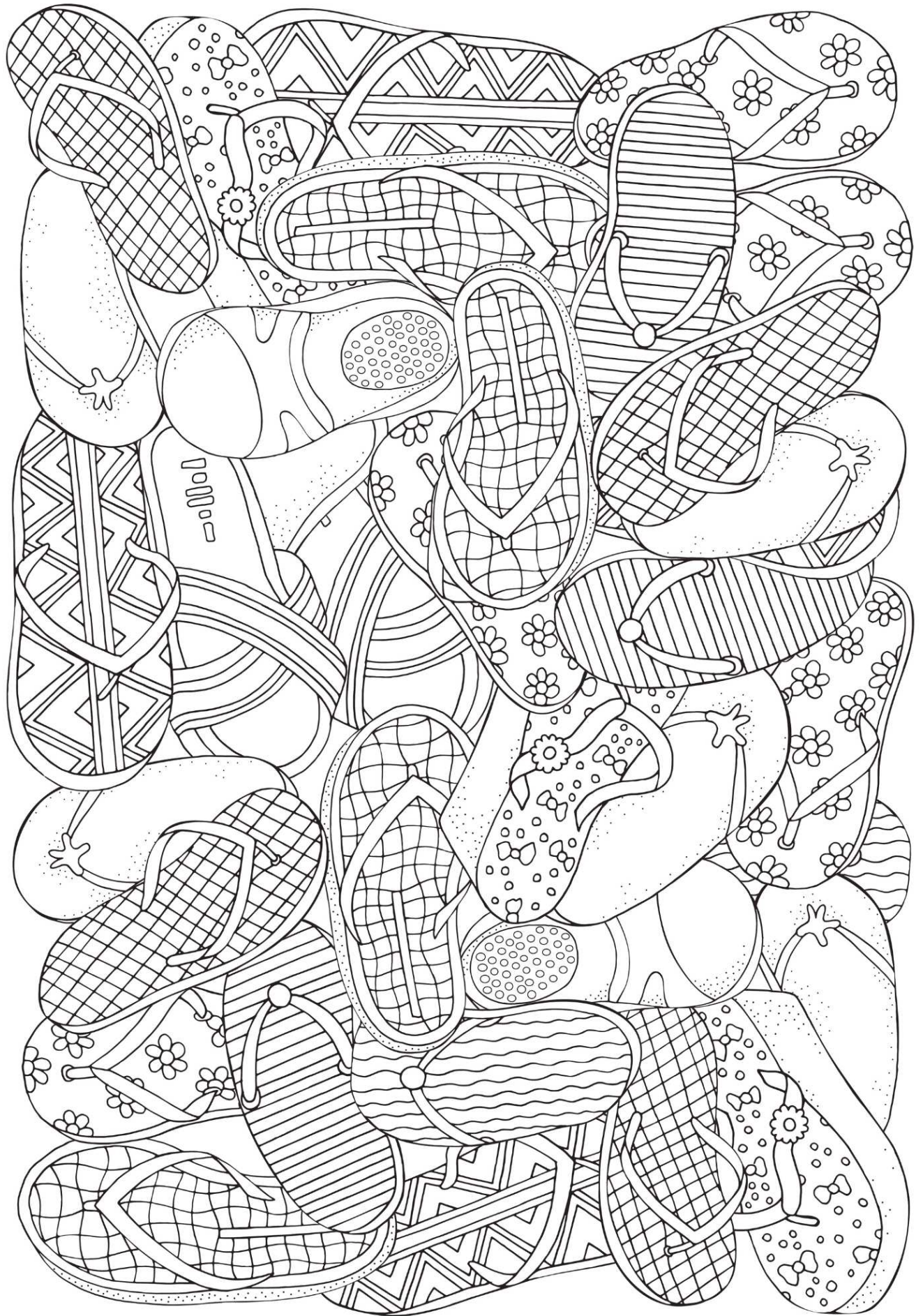




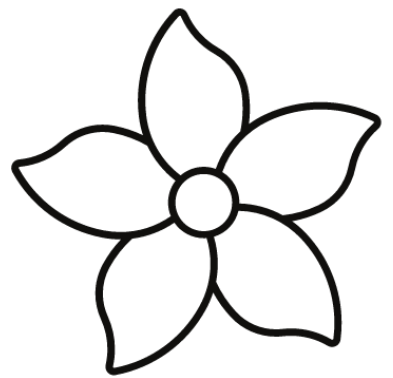
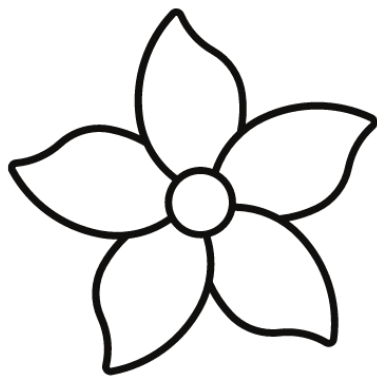
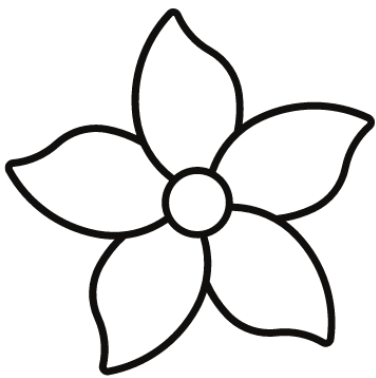
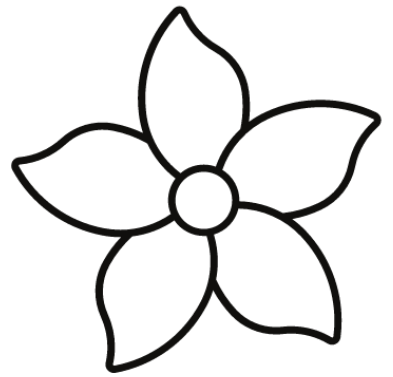
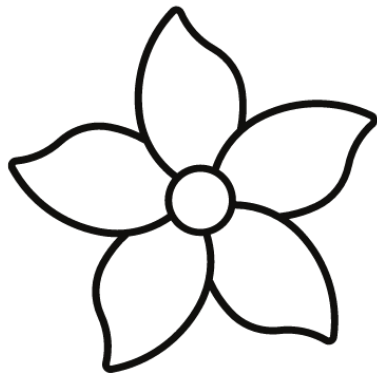
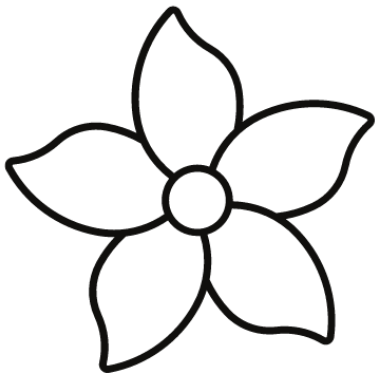
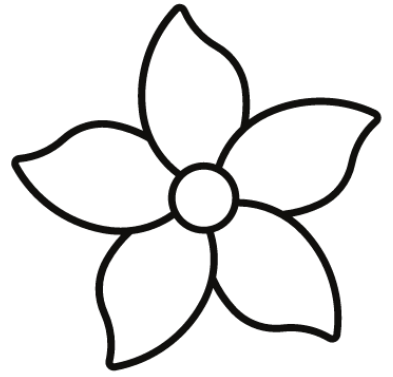
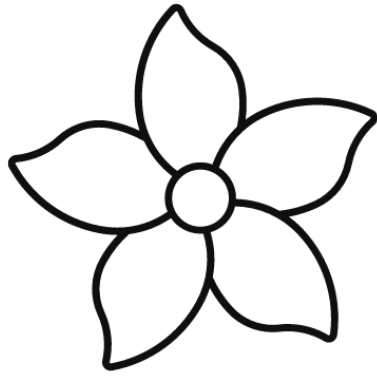
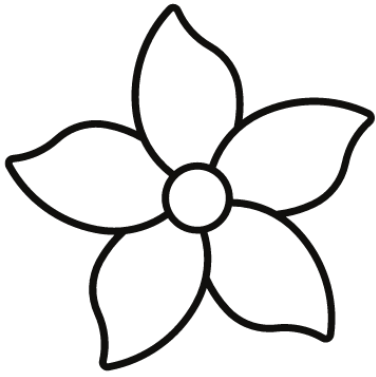
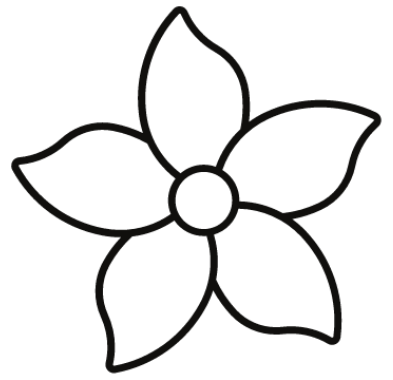
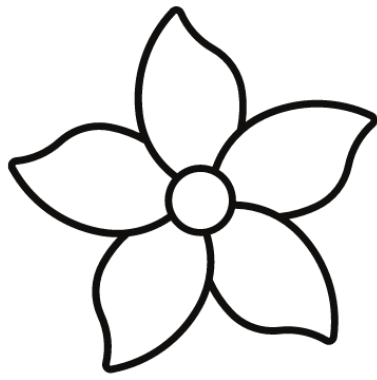
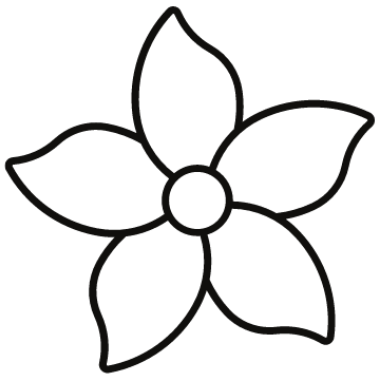


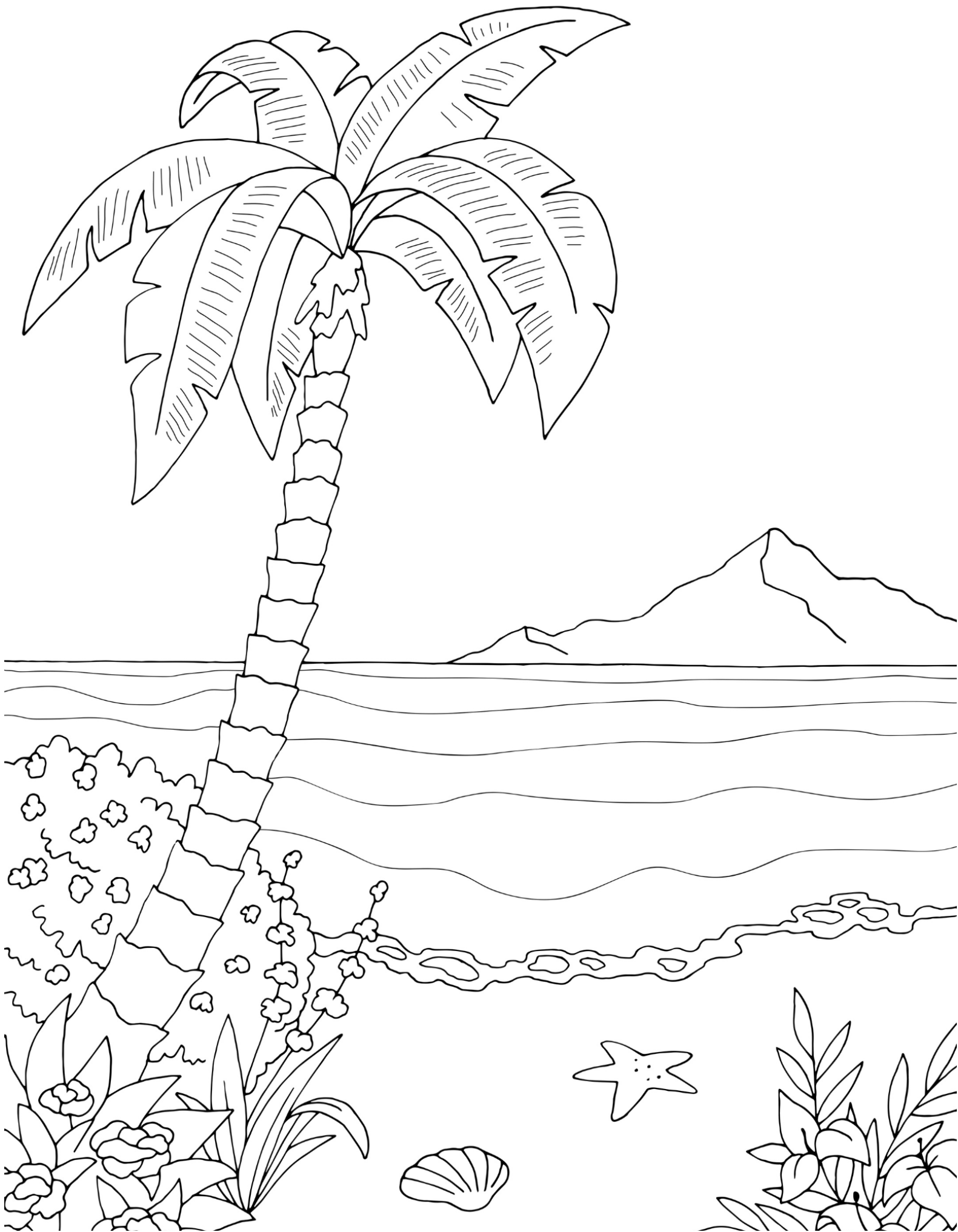


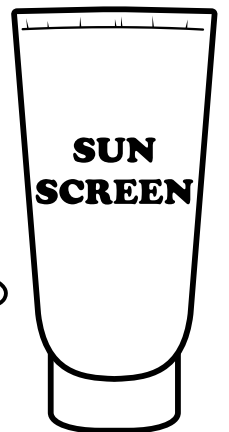
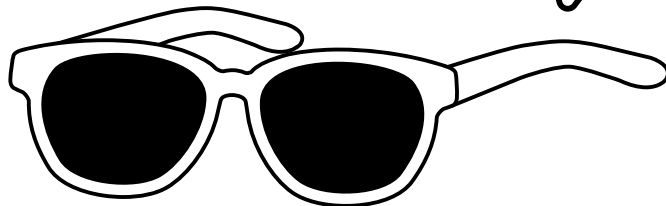
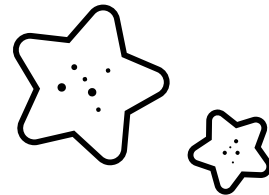
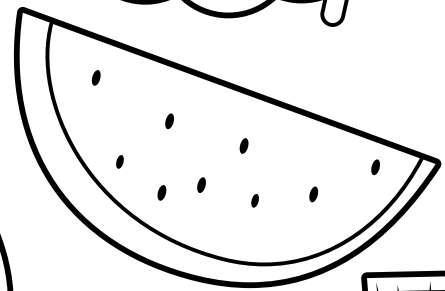
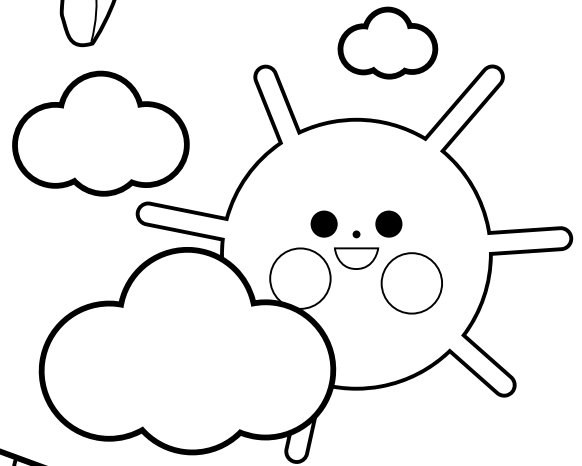
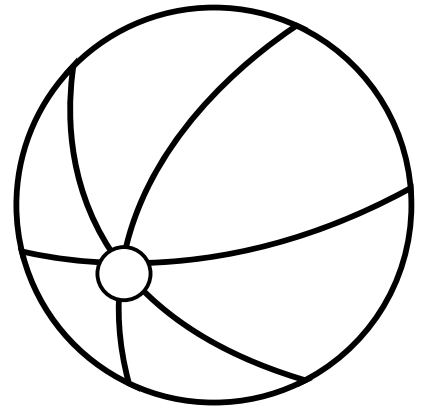
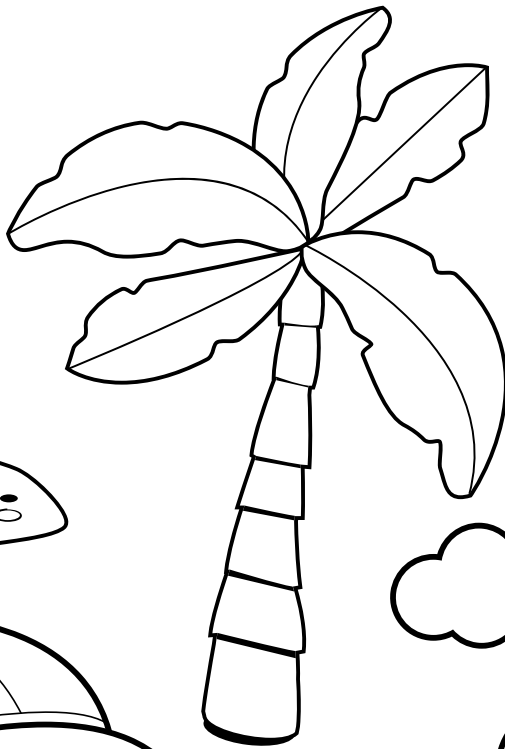
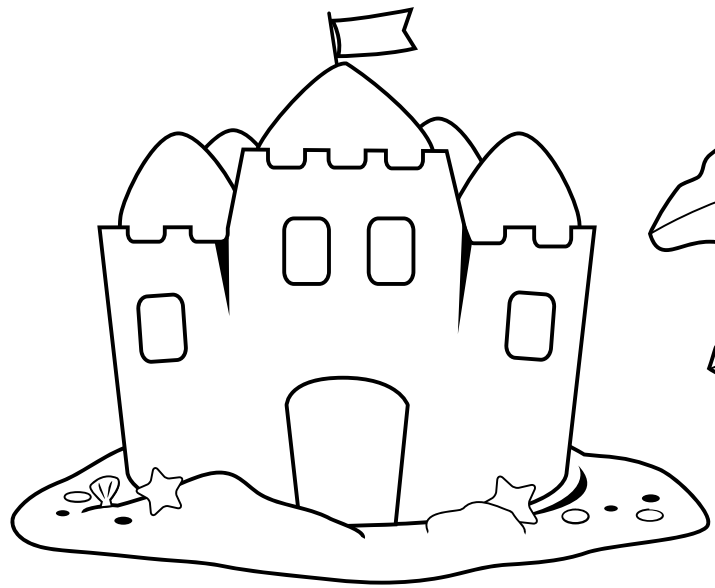










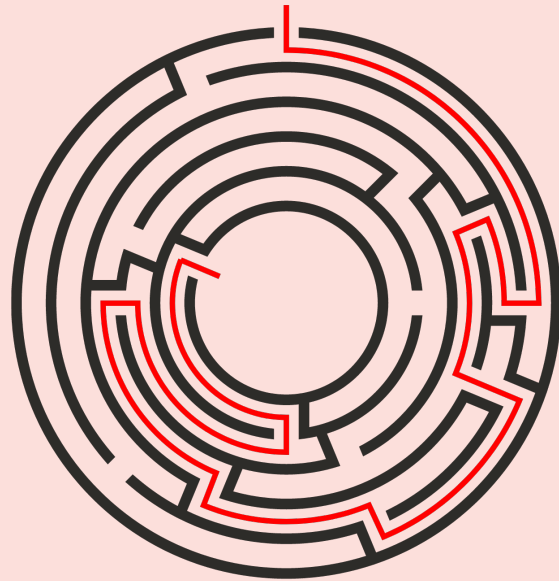


ANSWER KEY

LINGO LUAU CHALLENGE

- 1. Rip
- 2. Kook
- 3. Stoked
- 4. Wipeout
- 5. Duck Dive
- 6. Lineup
- 7. Break
- 8. Wetsuit
- 9. Hang Ten
- 10. Carve

MAZE



SUN, SAND AND WORD SEARCH

E	P	W	Y	O	G	U	R	T	U	E	V	P	V	U
C	E	I	F	X	H	V	C	E	K	B	Q	N	O	Q
Z	J	V	N	A	U	M	A	H	A	L	O	U	L	C
I	F	W	A	E	L	W	F	K	Q	N	Y	D	C	V
W	F	O	A	W	A	T	V	U	U	D	U	A	A	Q
U	P	A	F	N	I	P	A	D	A	T	Q	T	N	B
L	W	H	V	G	A	U	P	K	N	U	U	N	O	W
U	M	U	Q	H	L	N	I	L	E	A	I	Q	T	T
L	L	G	O	N	F	U	A	L	E	A	L	R	X	U
O	O	L	P	I	A	Q	E	B	N	M	O	S	M	N
N	A	I	R	M	B	L	S	A	C	P	L	O	I	O
O	J	L	Q	E	U	M	L	U	I	W	D	B	C	C
H	C	Y	A	K	I	I	O	C	R	J	B	C	Y	O
T	W	C	U	D	Z	E	A	V	H	F	S	Q	N	C
V	H	X	V	U	H	L	I	S	V	M	A	H	A	J