

**Pre-K Lunch**

*Pre-K School  
Lunch Menu  
Spring 2024*

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<i>Week 1</i>	Feb 19	Feb 20	Feb 21	Feb 22	Feb 23
<b>Entree</b> <b>Vegetables</b> <b>Fruit</b> <b>Milk</b>	<i>Presidents' Day</i> <i>RPS Closed</i>	<ul style="list-style-type: none"> <li>● RPS Burger</li> <li>● Crinkle Cut Fries</li> <li>● Applesauce Cup</li> <li>● Unflavored Milk</li> </ul>	<ul style="list-style-type: none"> <li>● Popcorn Chicken</li> <li>● Seasoned Peas</li> <li>● Chilled Peaches</li> <li>● Unflavored Milk</li> </ul>	<ul style="list-style-type: none"> <li>● Corn Dog</li> <li>● Baked Beans</li> <li>● Mixed Fruit</li> <li>● Unflavored Milk</li> </ul>	<ul style="list-style-type: none"> <li>● Big Daddy's Pizza</li> <li>● Baby Carrots</li> <li>● Apple Slices</li> <li>● Unflavored Milk</li> </ul>
<i>Week 2</i>	Feb 26	Feb 27	Feb 28	Feb 29	Mar 1
<b>Entree</b> <b>Vegetables</b> <b>Fruit</b> <b>Milk</b>	<ul style="list-style-type: none"> <li>● Crispy Chicken Sandwich</li> <li>● Steamed Broccoli</li> <li>● Mixed Fruit</li> <li>● Unflavored Milk</li> </ul>	<ul style="list-style-type: none"> <li>● Turkey Taco w/ Tortilla Chips</li> <li>● Black Beans</li> <li>● Chilled Peaches</li> <li>● Unflavored Milk</li> </ul>	<ul style="list-style-type: none"> <li>● Breakfast for Lunch: Chicken &amp; Waffles</li> <li>● Tater Tots</li> <li>● Diced Pears</li> <li>● Unflavored Milk</li> </ul>	<ul style="list-style-type: none"> <li>● RPS Burger</li> <li>● Coleslaw</li> <li>● Orange</li> <li>● Unflavored Milk</li> </ul>	<ul style="list-style-type: none"> <li>● Big Daddy's Pizza</li> <li>● Seasoned Corn</li> <li>● Applesauce Cup</li> <li>● Unflavored Milk</li> </ul>
<i>Week 3</i>	Mar 4	Mar 5	Mar 6	Mar 7	Mar 8
<b>Entree</b> <b>Vegetables</b> <b>Fruit</b> <b>Milk</b>	<ul style="list-style-type: none"> <li>● Corn Dog Nuggets</li> <li>● Baked Beans</li> <li>● Applesauce Cup</li> <li>● Unflavored Milk</li> </ul>	<ul style="list-style-type: none"> <li>● Sweet &amp; Sour Chicken Nuggets</li> <li>● Steamed Broccoli</li> <li>● Chilled Peaches</li> <li>● Unflavored Milk</li> </ul>	<ul style="list-style-type: none"> <li>● Spaghetti w/ Meatballs</li> <li>● Green Beans</li> <li>● Diced Pears</li> <li>● Unflavored Milk</li> </ul>	<ul style="list-style-type: none"> <li>● Manager's Choice</li> </ul>	<ul style="list-style-type: none"> <li>● Manager's Choice</li> </ul>

*Additional Daily Entree Options*

- Vegetarian options available upon request

*Nutrition Bites*

- National Nutrition Month
- The theme for National Nutrition Month 2024 is, "Beyond the Table".
- The six basic nutrients are: carbohydrates, proteins, fats, vitamins, minerals and water. Try to incorporate all nutrients into meals for a balanced diet.

Lunch includes:

1 Entree,  
1 Vegetable, 1 Fruit,  
and 1 Milk

Menu subject to change due to item availability