

K-12 Breakfast



*K - 12 School
Breakfast Menu
Spring 2024*

Breakfast includes:
Choice of 1 Entree,
1-2 Fruits, and 1 Milk

Menu subject to change
due to item availability

Vegetarian options are
available upon request

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<i>Week 1</i>	Feb 19	Feb 20	Feb 21	Feb 22	Feb 23
Entree Fruit (Choose 1-2) Milk (Choose 1)	<i>Presidents' Day</i> <i>RPS Closed</i>	<ul style="list-style-type: none"> Turkey Sausage Biscuit Chilled Peaches Apple Slices Assorted Milk 	<ul style="list-style-type: none"> Country Steak Biscuit Apple 100% Fruit Juice Assorted Milk 	<ul style="list-style-type: none"> Biscuit w/ Jelly Diced Pears Orange Assorted Milk 	<ul style="list-style-type: none"> Banana Bread Applesauce Cup 100% Fruit Juice Assorted Milk
<i>Week 2</i>	Feb 26	Feb 27	Feb 28	Feb 29	Mar 1
Entree Fruit (Choose 1-2) Milk (Choose 1)	<ul style="list-style-type: none"> Cereal Bowl w/ Cheese Stick Diced Pears Apple Assorted Milk 	<ul style="list-style-type: none"> Turkey Sausage Breakfast Pizza Orange Mixed Fruit Assorted Milk 	<ul style="list-style-type: none"> Crispy Chicken Biscuit Applesauce Cup 100% Fruit Juice Assorted Milk 	<ul style="list-style-type: none"> Donut Chilled Peaches Fresh Pear Assorted Milk 	<ul style="list-style-type: none"> Yogurt Parfait w/Granola Apple Slices 100% Juice Assorted Milk
<i>Week 3</i>	Mar 4	Mar 5	Mar 6	Mar 7	Mar 8
Entree Fruit (Choose 1-2) Milk (Choose 1)	<ul style="list-style-type: none"> French Toast Sticks Orange Diced Pears Assorted Milk 	<ul style="list-style-type: none"> Muffin w/ Cheese Stick Apple Mixed Fruit Assorted Milk 	<ul style="list-style-type: none"> Egg & Cheese English Muffin Orange 100% Fruit Juice Assorted Milk 	<ul style="list-style-type: none"> Manager's Choice 	<ul style="list-style-type: none"> Manager's Choice

Additional Daily Entree Options

- Assorted Cereal, Poptart or Muffin, with choice of:
- Yogurt, Cheese Stick or Hard Boiled Egg

(Managers may offer an assortment of 2-3 additional items daily. Varies by school, see your cafe manager for details)

Nutrition Bites

- National School Breakfast Week is March 4-8, 2024.
- Did you know: A healthy breakfast is associated with cognitive function, reduced absenteeism, and improved mood.
- In 2002, an average of 8.2 million children participated in the School Breakfast Program.