


[Health Insurance-Summary of Benefits](#)

To access your health insurance information please visit and log into the Anthem website at <http://www.anthem.com> or download the Sydney Health App to your smartphone. 

The Anthem website and the Sydney Health App provide you with access to:

- Insurance Plan Specifics
- Print ID Cards
- Claim and Payment Info
- Care and Appointment Info
- Prescription Info (refills, pricing, history, [medication list](#))
- Health and Wellness Center [Formulary](#)

Anthem Support and Customer Service can be reached by calling member services at [1-833-578-4441](tel:1-833-578-4441).

Benefits and Coverage

Mon-Fri: 8AM ET - 6PM ET

Sat: 8AM ET - 5PM ET

Sun: CLOSED

Breast Pump/Maternity and Baby Benefits

Mon-Fri: 8AM ET - 6PM ET

Sat: 8AM ET - 5PM ET

Sun: CLOSED

Building Healthy Families

Mon-Fri: 8:30AM ET - 9PM ET

Sat: CLOSED

Sun: CLOSED

Claim Status and Inquiry

Mon-Fri: 8AM ET - 6PM ET

Sat: 8AM ET - 5PM ET

Sun: CLOSED

Dental Services

Mon-Fri: 9AM ET - 6PM ET

Sat: CLOSED

Sun: CLOSED

Other/General Service

Mon-Fri: 8AM ET - 6PM ET

Sat: 8AM ET - 5PM ET

Sun: CLOSED

Pharmacy - General

24/7 Schedule

Pharmacy - Home Delivery

24/7 Schedule

Specialty Pharmacy

Mon-Fri: 9AM ET - 8PM ET

Sat: CLOSED

Sun: CLOSED

No Holiday

Well-Being Coach

Mon-Fri: 9AM ET - 8:30PM ET

Sat: CLOSED

Sun: CLOSED

[Dental Insurance-Summary of Benefits](#)

To access your dental insurance information please visit and log into the Delta Dental website at <https://www.deltadentalin.com/> and the member portal at [Member Portal - Delta](#)

The Delta website and the Member Portal provide you with access to:

- Dental Plan Specifics
- Print ID Cards
- Explanation of Benefits
- Find a Dentist Tool
- Claim and Payment Info
- Oral Health and Wellness Tips

Delta Dental of Indiana Support and Customer Service can be reached through by calling 1 800-524-0149 for benefit questions or 1 866-356-0301 for member portal support. An email can also be sent to toolkitsupport@consumertoolkit.com for member portal support.

[Vision Insurance-Summary of Benefits](#)

To access your vision insurance information please visit and log into the VSP website at <https://www.vsp.com/>.

The VSP website provides you with access to:

- Explanation of Benefits
- Print ID Cards
- Find a Doctor
- Check Eligibility
- Claim and Payment Info
- Exclusive Member Extras and Offers
- Eyewear and Wellness Tips

VSP Customer Service can be reached through by calling 1 800-877-7195. An email can also be sent to toolkitsupport@consumertoolkit.com for member portal support.

To speak to a VSP customer service representative, call 1.800.877.7195

Monday - Saturday 6 a.m. to 5 p.m.*, Pacific Time

*for Medicare members hours are 8 a.m. to 8 p.m. 7 days a week in all time zones, call 1.855.492.9028.

Closed: Major Holidays (Interactive voice response system available)

If you're hearing impaired, call 1.800.428.4833 for assistance.