

# Bear Care



SCHOOL-BASED HEALTH CENTER



## What is Bear Care?

A no-cost health clinic for students of any age in the White Bear Lake Area School District.

We provide health services similar to what you would find in a doctor's office.

**Located in WBLAHS - North Campus**

**Open weekdays!**

*during school and after-school hours*

**(651) 653-2923**

Check our website for appointment openings!



## Health services provided

Sports physicals

Wellness exams

COVID vaccines and testing

Flu shots and other vaccines

Acute illness care

Strep throat testing

Diabetes management

Malnutrition counseling

Ear infections, pink eye treatment

Mono testing

Bladder infection testing

Teen health

Mental health counseling

Chronic illness management

Food insecurity resources

Eating disorder counseling



SCAN ME

**WEBSITE**

Call, email, or visit our website to  
make an appointment!

**(651) 653-2923**

**BearCare@RiseUpHealthClinics.org**