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Brookline Bulletin

February 16, 2023

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Captain Samuel
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Dates to remember

Feb. 26 - Mar. 1 Winter Break
Mar. 4 - Mar. 8 Read Across America Week
Mar. 12 **NO SCHOOL** Voting at CSDA
7:00 a.m. to 7:30 p.m.
Mar. 14 STEAM Night at RMMS 5:30 p.m. - 7:00 p.m.
Apr. 22-26 Spring Vacation



President's Day
Monday, February 19th
School will be in session!

Our lost and found is full. Please ask your child to check for lost items. Unclaimed items will be donated after February break.

CSDA Happenings

Grade 4: Grade 4 will be beginning our next math unit next week: Geometry! Students are working on the final drafts of sea mammal research and have begun their Industrial Revolution unit in social studies.

Grade 5: This week, fifth graders have finished their learning in Topic 6 Math: division of decimals. Next week, students will start Topic 7 Math: adding and subtracting fractions.

Grade 6: Sixth graders are wrapping up their social studies archaeology unit with their exam happening next week. They have spent this week reviewing all material from this topic including archaeological digs, Stone Henge, artifacts from the past, and how archaeologists use all these materials to gain understanding of historic times.

CSDA Unified Arts: In physical education, we are working on rope jumping and basketball skills. This unit is in conjunction with our "Kids Heart Challenge" community service project. Students and families have until February 23rd to make donations. Thanks to all who have donated! Have a wonderful weekend!

Mrs. Bouley

RMMS Happenings

Pre-K: Preschoolers will be learning about Space. They will explore moon rocks, make rocket ships, and planets.

Grade K: Kindergarteners will read a "Let's Find Out" newspaper about Abraham Lincoln and will learn about George Washington in celebration of President's Day.

Grade 1: First graders will work on comparing numbers using the > and < symbols in math. They will also begin to explore nonfiction texts in reading.

Grade 2: Second graders will be working on book reviews in writing and subtraction with regrouping in math. They will also visit the SEE Science Center in conjunction with their matter unit in science.

Grade 3: Third grade is working on data and graphing activities in math, reviewing opinion writing, and exploring poetry in reading.

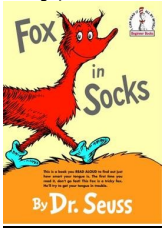

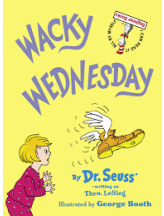

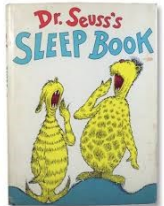
RMMS Unified Arts: In physical education, students are wrapping up their unit on jump roping and kids heart challenge and moving onto gymnastics/tumbling. Students will learn how to do a variety of rolls/tumbles on the mats safely and work on proper jumping and landing. In health class they are finishing up a unit on hygiene.

Have a great weekend!
Mr. Molinari

Celebrate Read Across America Week!

RMMS

Week of March 4th

<p><u>Monday, March 4th</u></p> 	<ul style="list-style-type: none">● 8:45 Kick off Morning Announcements - Take the Reader's Oath <p>Monday's Spirit Day - In honor of Fox in Socks, wear your FAVORITE SOCKS! Wear them inside out, mismatched or silly! <i>Please be sure that costumes and characters are school-appropriate.</i></p>
<p><u>Tuesday, March 5th</u></p> 	<p>Tuesday's Spirit Day - Words, words are everywhere! Wear a shirt with words so that we can all read throughout the day!</p> <ul style="list-style-type: none">● Read Across America activities in class
<p><u>Wednesday, March 6th</u></p> 	<p>Wednesday's Spirit Day - Dress for Wacky Wednesday...Wear your shirt backwards or inside out...mismatched clothing or shoes!</p> <ul style="list-style-type: none">● Read Across America activities in class
<p><u>Thursday, March 7th</u></p> <p>DRESS UP AS YOUR FAVORITE BOOK CHARACTER</p> 	<p>Thursday's Spirit Day - In honor of all the amazing characters in books, dress up as your favorite book character!</p> <ul style="list-style-type: none">● Read Across America activities in class
<p><u>Friday, March 8th</u></p> 	<p>Friday's Spirit Day -In honor of The Sleep Book, wear your PAJAMAS!</p> <p><u>Flashlight Friday</u> - bring a flashlight so we can read by the light of it throughout the day!</p> <p><u>Schoolwide DEAR Time</u> - Everybody Drop Everything and Read 2:15-2:30!</p>



If you are able to attend on STEAM night, please bring a cereal box to donate to the Brookline Food Pantry. Classroom teachers can also collect cereal boxes throughout the week of March 11th!

HAVE YOU HEARD ABOUT OUR **BROOKLINE FOOD PANTRY?**

Currently accepting donations and supporting families in Brookline and Hollis!

HOW OUR SCHOOLS CAN HELP



**Most needed items
for February:**

- Mayo, Ketchup
- Maple Syrup
- Fruit Cups
- Bottled Juice,
Juice Boxes
- Rice
- Instant Rice
- Coffee
- Canned Chicken
- Chef Bogarde
Canned Pasta
- Pretzel and Chip
Snack Packs

**All families
welcome- please
spread the word
to community
friends
and neighbors.**

**Thanks to our
PTO, you may
purchase the
most needed
items through
Amazon:**

[https://www.amazon.com/
registries/gl/quest-view/
11J6079RAHQIX](https://www.amazon.com/registries/gl/quest-view/11J6079RAHQIX)



**YOUR CONTINUED SUPPORT IS APPRECIATED!
PLEASE KNOW THAT ALL DONATIONS MAKE A
DIFFERENCE IN OUR COMMUNITY.**

**CSDA & RMMS
HEALTH OFFICE UPDATES
February 16, 2024**



**If you don't snooze, You lose!
How much sleep do I need?**

3-5 years: 10-13 hours (including naps)

6-13 years: 9-12 hours

14-17 years: 8-10 hours

February is American Heart Month



Heart Health Tip: Be More Active

Getting enough physical activity helps to lower your risk of heart disease and stroke.

- Sit less! Take the stairs. March in place or take a walk around the block.
- Try muscle-strengthening activities like, working with resistance bands, doing sit-ups and pushups, or some forms of yoga—whatever works for you.
- If you don't have a lot of time in your day, try being active for 10 minutes at a time. Anything that gets your heart beating faster counts!

Mental Health is as important as physical health. Inform the school nurse, teacher, principal, or trusted staff member about any health or emotional concerns so we can support your child together.

Resources are available in NH via Call/Text 833-710-6477 or Chat www.nh988.com <https://www.dhhs.nh.gov/programs-services/health-care/childrens-behavioral-health>

Illness Circulating now: Stomach symptoms & Strep Throat if your child has a sore throat this can be diagnosed with a throat swab. Reminder if diagnosed with strep throat: Your child must be on antibiotics for a minimum of 24 hours before returning to school.

WHEN TO STAY HOME To prevent contagious illness, stay home from school with the following:

- **Fever - until fever-free without medication for 24 hours**
- **Vomiting or Diarrhea - until symptom free for 24 hours**
- **New/ Uncontrolled Cough or Sore Throat- contact MD**
- **New or Unexplained Rash- contact MD**

Looking for Flu and COVID Vaccines or COVID tests?

Locations for obtaining a FLU VACCINE can be found here: <https://www.vaccines.gov/find-vaccines>

Locations for a COVID VACCINE can be found here: <https://www.vaccines.gov/search/>

Obtain a COVID test with any symptoms. To order 4 free COVID rapid tests <https://www.covid.gov/tests>

COVID-19 Common symptoms include Sore throat, Congestion or runny nose, Headache, Cough, Fatigue, Fever, Chills, Muscle or body aches, loss of taste or smell, Nausea or vomiting, Diarrhea. **If you have any symptoms, test for COVID right away. What should we do if we test positive for COVID?** Isolate and Contact the school nurse. Symptom start date or test positive date is Day Zero, then isolate days 1-5 and wear a well fitting mask days 6-10. **Follow the CDC Guidelines for Isolation** If someone in the household tests positive, start wearing a well fitting mask for 10 days from exposure.

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RMMS: Tena Ferenczhalmay,
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CSDA Yearbook 2023-2024 Order Form

January 12, 2024

Dear Parents,

We are pleased to announce that we are offering an 8 1/2" X 11" full color yearbook documenting the 2023-24 school year. We are planning for candid photos chronicling the events at CSDA. The cost of the yearbook will be \$17.00.

To reserve your copy, please send your payment along with the bottom portion of this notice to your child's teacher. Families with more than one student who wish to purchase a book for each child are requested to complete a separate order form for each student. One check per family, however, is acceptable. **Please make checks payable to Capt. Samuel Douglass Academy; no cash, please.**

Please send your order in no later than March 08, 2024

Sincerely,

Mary-Lou Gilbert
Yearbook Editor

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CSDA Yearbook 2023-2024 Order Form

Student Name: _____ Teacher: _____

Amount of check: _____ Check#: _____

Payment sent in with sibling: _____
(Name and Teacher)



We are excited to announce that registration for the 2024 Hollis Brookline Cal Ripken (HBCR) Spring Baseball Season is now open!

Programs are available for Hollis and Brookline youth, ages 5-16. You can register your player(s) today at www.hbcalripken.org. Age requirements and cutoffs by division are listed on our registration page. We strongly suggest registering as soon as possible to ensure a spot for your player(s).

Other items to note:

We have sponsorship opportunities available for the 2024 season! Please contact us via email at playball@hbcalripken.org if your business is interested in becoming an HBCR sponsor!

We are seeking head and assistant coaches across all divisions. If you are interested, please indicate this, and complete the coach registration, during the registration process of your player.

Baseball will be back before you know it. We can hardly wait to see you and your player(s) on the field this spring!

-HBCR Board

Not a school sponsored event

SUMMER CAMP

Beaver Brook Association
Hollis, NH

2024 – AT A GLANCE



Week 1: June 24 – June 28

Kindergarten: Busy Bears (9-12pm)

K-1: Farm to Forest

Grades 1-2: Naturally Curious

Grades 3-4: Grasshoppers

Grades 5-6: Beyond the Trail

Week 4: July 22 – July 26

K-1: Dragonflies

Grades 1-2: Nature Detectives

Grades 3-4: The Great Outdoors

Grades 5-6: Pathfinders

Grades 7-9: Bouldering and
Belaying



Week 2: July 8 – July 12

K-1: Summer Squirrels

Grades 1-2: Fun on the Farm

Grades 3-4: Outside Adventures

Grades 5-6: Venture Visionaries

Grades 7-9: Live Streaming – Water
Adventures

Week 5: July 29 – August 2

K-1: Ladybugs

Grades 1-2: Nature Explorers

Grades 3-4: Forest to Farmstead

Grades 5-6: Art Venture



Week 3: July 15 – July 19

K-1: Fireflies

Grades 1-2: Barnyard Fun

Grades 3-4: Outside Discoveries

Grades 5-6: Into the Wild

(includes 2 overnights)

Week 6: August 5 – August 9

K-1: Bumblebees

Grades 1-2: Nature Discoveries

Grades 3-4: Hidden Treasures

Grades 5-6: TBD

SCHEDULE SUBJECT TO CHANGE

CAMPS RUN
9AM-3PM

OUT THERE SINCE 1964

FOR MORE INFORMATION: WWW.BEAVERBROOK.ORG

CAMP GRADE REFERS TO GRADE YOUR CHILD IS ENTERING IN 2024-2025 SCHOOL YEAR

REGISTRATION OPENS FOR MEMBERS/SUPPORTERS ON MARCH 6TH AND TO THE PUBLIC ON MARCH 8TH AT 8AM

NOT A SCHOOL SPONSORED EVENT

SCHOLARSHIPS
AVAILABLE