

Girl Scout Troop 2355 Bronze Award

Painting positive messages in the
girls bathroom

About our Troop

We are SPU's Junior Girl Scout troop. Our troop has been together since Kindergarten. We have had a lot of fun experiences, including camping and going on field trips. We have also done a lot of community service projects to give back to our community, including, making blankets for dogs and cats at a shelter, putting together bags for families at the Ronald Mcdonald house, and more. We are hoping to earn our bronze award this year.





What We'd Like to Do

We would like to paint the girl's middle school and lunch bathrooms with positive messages to earn our bronze award. To earn the bronze award we have to do something helpful for the community that will last for a long time. We would like to paint the bathroom stall doors and possibly on the mirrors.



Examples

Why We'd Like to Do It

- ❖ Bathrooms are a safe place to 'escape' problems and positive messages can put you in a better mood
- ❖ Girls don't always think they are good enough
- ❖ Makes the bathrooms more colorful and inviting
- ❖ Positive affirmations build confidence and self-esteem
- ❖ Reading positive messages brings joy to you and you spread it out to friends
- ❖ 70.6% of young people say they have seen bullying in their schools
- ❖ 49% of children between 4th - 12th grade reported being bullied at least once during the past month.
- ❖ By high school, less than 30% of girls feel confident and positive about themselves
- ❖ Girls are 3 times more likely than boys to have a negative body image

Proposed Sayings-

Middle School Bathrooms (6 stalls / 2 mirrors)

WHY FIT IN WHEN
YOU WERE BORN
TO STAND OUT.

-OR SEUSS

NO  negative
THOUGHTS
allowed

DON'T COUNT
THE DAYS. MAKE THE
DAYS COUNT.

I'M NOT
WEIRD
I AM
LIMITED
EDITION

life is
tough
my darling
but so
are you



A
smile
IS THE BEST
MAKEUP
ANY girl
CAN WEAR.

REAL
girls
AREN'T
PERFECT
AND
PERFECT
girls
AREN'T
REAL

YOU ARE
Kind
YOU ARE
Smart
YOU ARE
Important

Proposed Sayings -

Lunch Bathrooms (4 stalls / 2 mirrors)

IN A
world
WHERE YOU CAN
be anything,
BE KIND

Be a pineapple
STAND TALL,
WEAR A
crown,
AND BE SWEET
on the inside



BE A
FRUIT
LOOP
IN A
WORLD
OF
CHEERIOS

you are
-all-
kinds of
amazing

'KEEP SHINING,
BEAUTIFUL ONE.
THE WORLD NEEDS
YOUR LIGHT.'

AUTHOR UNKNOWN

SET
YOUR
GOALS
AND
CRUSH
THEM

Supplies / Budget

- Drop Cloths/tarps
- Paint Trays, Rollers and Roller Sponges
- Paint Brushes
- Stencil Material
- Painters Tape
- Bonding Primer
- Solid Base Door Color Paint
- Decorating Color Paints
- Color Vinyl for Mirror Quotes/Designs
- Sealer Coat

COOKIE FUNDS:
Total Estimate
= \$250 - \$350