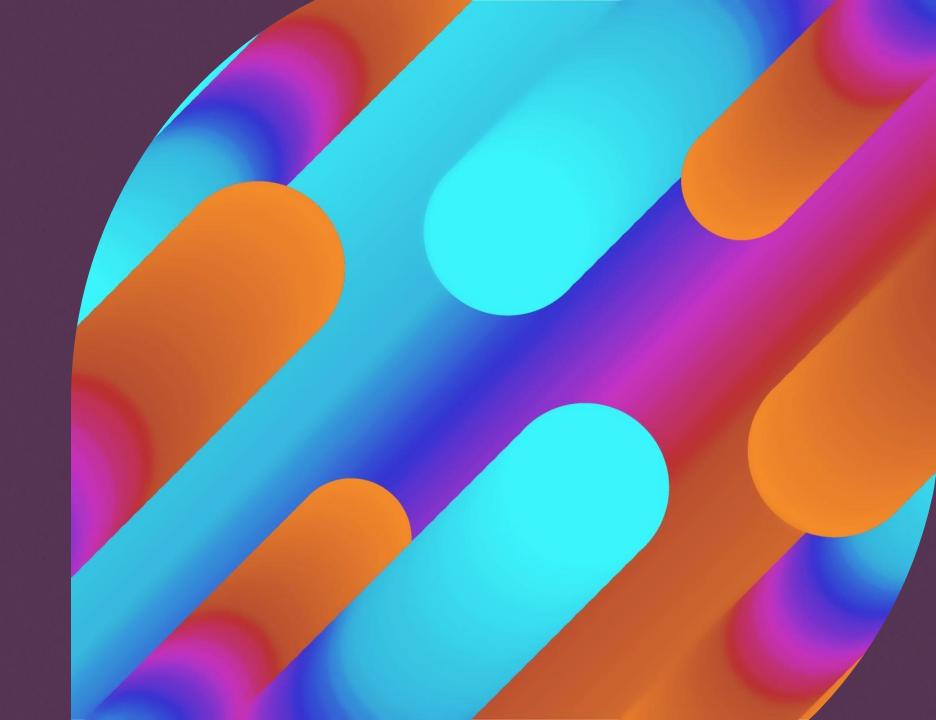
ELHS Junior Planning Night

February 15, 2024



School Counselors

Elizabeth Maiese: A-CO

David Willis (Emily Cacace): CU-GI

Jaclyn Sullivan: GJ-LE

Christy Bryant: LI-M

Lisa Belisle: N-R

Nadine Barnes: S-Z

Visit: East Lyme Public Schools: Home

- East Lyme High School
- School Counseling
- College and Career
- Naviance Student

https://student.naviance.com/eastlymehs

Be sure we have your correct email address on Naviance!



WHAT HAS BEEN DONE WHAT IS HAPPENING NOW

WHAT ARE THE NEXT STEPS

About This Presentation

A LOOK INTO THE POST-SECONDARY PLANNING PROCESS

WHAT HAS BEEN DONE



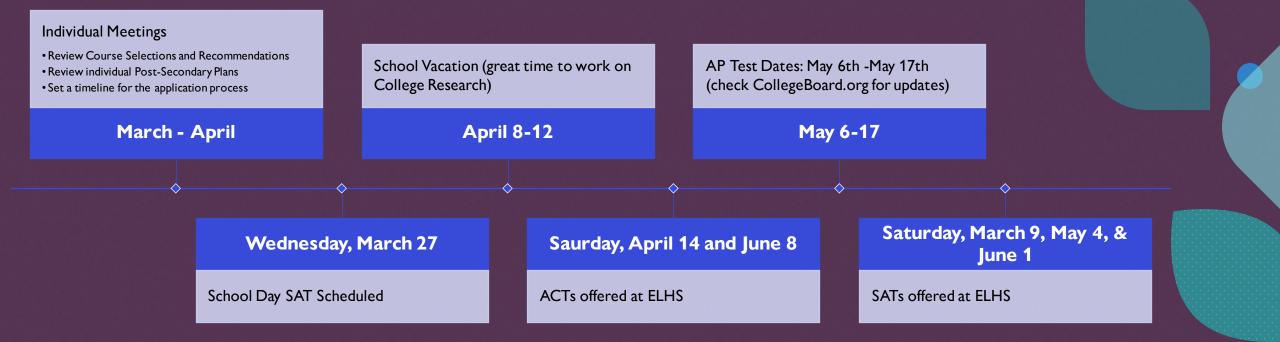


What is Happening Now



Junior Year

Important Dates to Plan For



CURRENT DISCUSSION TOPICS:



Course Selection



Exploring Careers and Majors



Standardized Tests



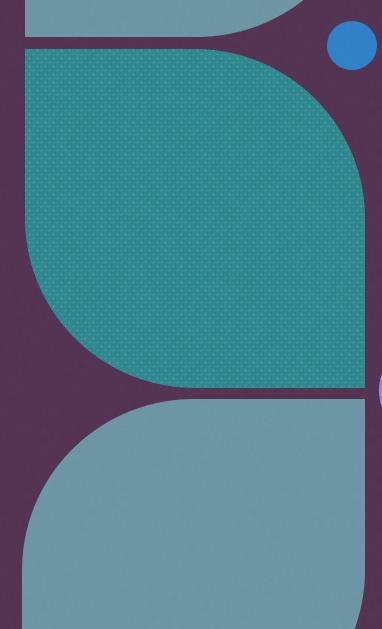
Meet With Your Counselor



Preparing to Apply/Explore



How Naviance Can Help



8

ELHS COURSE SELECTION

IL MILL

Course Recommendations & Class Selection

February

Wednesday, February 14th – Graduation Requirements Overview in Advisory Career Concentrations and Overview of Course Selection in Advisory

Wednesday, February 21st – Program of Studies debut and Career Concentrations overview

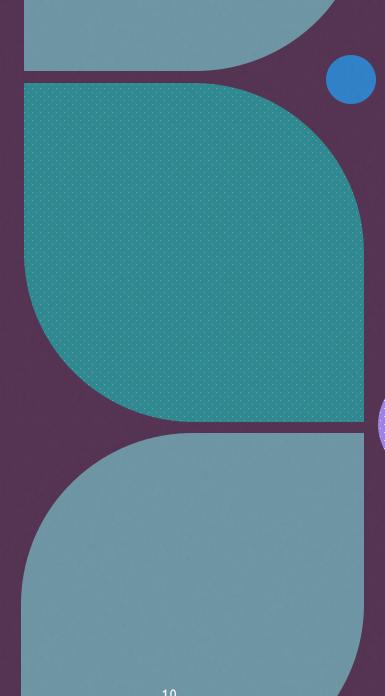
<u>March</u>

Wednesday, March 6th - Grades 9-11 Student Course Selection in Advisory Wednesday March 6th- May 3rd- School Counselors meet with Grades 9-11 for Course Planning

Late Spring

May– Master Schedule is created and course recommendations will be made available electronically

Summer – Schedules finalized and made available online



Program of Studies

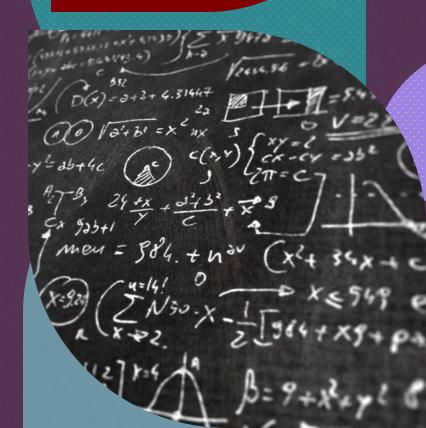
Electronic

Accessible

Simplified

AST LYME GH SCHOC

ROGRAM OF STUDI 2024-2025



Career Concentrations

• What are Career Concentrations?

Career Concentrations at East Lyme High School allow students who are interested in a particular career path to receive a certificate of accomplishment for successfully completing courses that help prepare them for a related career field. Successful completion of a Career Concentration is also recorded on the student's official transcript.

• Why Career Concentrations?

🐈 Learn more about an area to see if you like it!

Build your resume and help potential employers or admissions representatives understand the depth of your interest.

🚖 Be better prepared to enter a career.

🔶 Be better prepared for courses at a technical school or college.

Program Requirements

Each concentration has a minimum credit requirement that consists of both required courses and elective courses.

• Students must:

✓ Take the correct sequence of courses as outlined in this brochure and the Program of Studies.

✓ Earn a 'C' or better in each concentration class. Grades are checked at the end of Quarter 3.

✓ Complete the application on Google Classroom in your **senior year** (code: v6cf64c) - please do NOT enter the Google Classroom until your senior year.

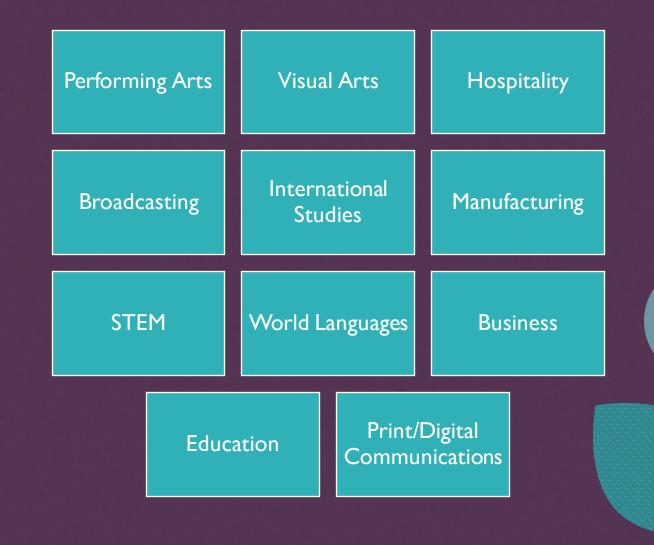
<u>Click Here for the</u> <u>Brochure!</u>

Applications are on Google Classroom: v6cf64c

Career Concentrations will be recognized on the transcript!

New Concentrations Added!

- PUBLIC SAFETY
- ALLIED HEALTH PROFESSIONALS
- COMPUTER SCIENCE



CAREER CONCENTRATIONS

Career Concentration Example



Allied Health - 4 credits 🌐

<u>Required:</u> Emergency Medical Technician ECE OR Anatomy & Physiology OR Medical Terminology ECE, Human Development ECE

<u>Electives:</u> Principles of Public Speaking ECE, Statistics or AP Statistics, Psychology or AP Psychology, Biotechnology, Sociology, Lifetime Fitness, Accounting, English 12 1004 ECE: Introduction to Academic Writing, Concentration-related WISE project

Careers: Dental Hygienist, Dietitian, Occupational Therapist, Physical Therapist, EMT



Exploring Careers and Majors:

Beginning the Post-Secondary Search



Exploring Post-Secondary Options



Exploring Careers and Majors

Those who are not sure about their plans should:

- Research possible careers/majors
- Complete the Personality Inventory or Career Interest Inventory on Naviance
- Review the Occupational Outlook Handbook and other career resources
- Talk to their parents, school counselors, and teachers
- Consider the ASVAB Senior Year
- Research with an open mind!

• While some students know exactly what they want to do for a career and what they will choose as a major in college, **most do not.**

• **Relax!** -- many students apply 'undeclared' and most students change their major at least once in four years of college



Helpful Career Resources

Occupational Outlook Handbook

Career One Stop

mySkills myFuture

My Next Move

Armed Services

Representatives from Armed Services and Apprenticeship Programs offer lunch sessions.

Spring Armed Services Information Session Senior year – Fall Armed Services Information Session and December ASVAB testing



Standardized Tests

Testing Timeline-School Based

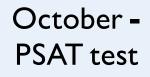
Grade 9: October- PSAT9

Grade 10: March- PSAT10

Grade 11: October- PSAT March 27th- School Day SAT



PSAT-Grade 11



Mid December-

Scores were released online

September 2024 -Schools notified about National Merit selection

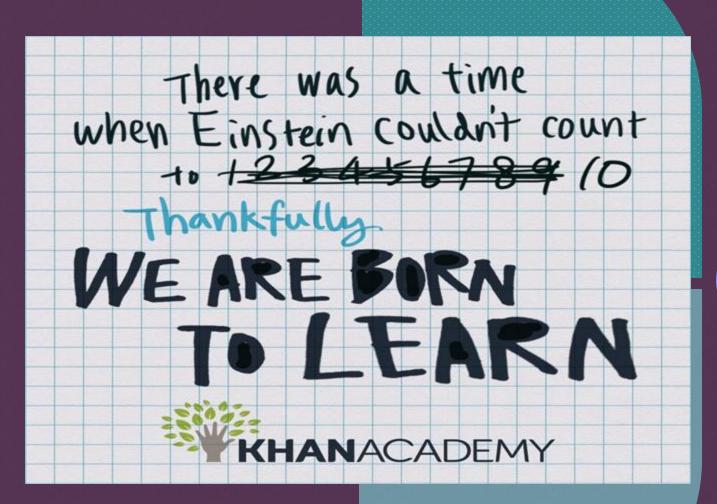
Standardized Test Prep

Khan Academy

- practice exercises
- instructional videos

Helps empower learners to study at their own pace in and outside of the classroom.

PSAT and SAT scores can be reviewed and practice can be done on Khan Academy



What are the Next Steps?

Meet with your School Counselor!

Junior Planning Meeting:



Meetings are Individualized!

- Unique Future Plans
- Ready to explore at different times
- Many need help and direction exploring

How to Schedule a Junior Planning Meeting

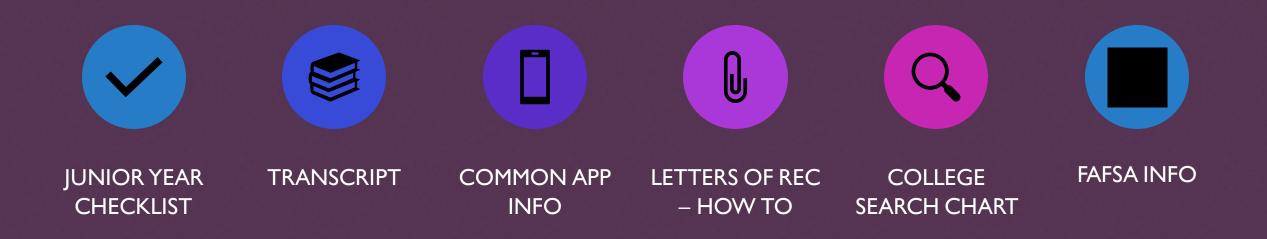


March through early May through Calendly link posted on Google Classroom

+

We welcome parents/guardians to join via phone/zoom if they are able to!

Junior Folders



Planning to Apply to College?

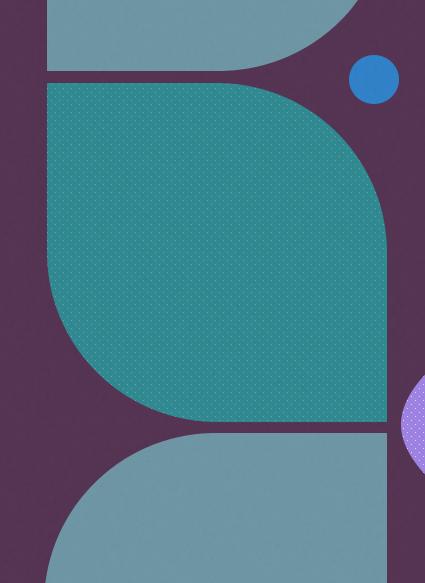


Common Questions

- How do I raise my GPA?
- Is Junior Year the 'Most Important Year'?
- Is there one school that is 'THE One' for me?
- How do I pick a school when I don't know what I want to do?
- Is Senior Year important if they don't use my GPA?
 - Do I need to take all AP and Honors classes to get into a school?

What information are the colleges asking for? (Picking the right classes for Senior Year)

- Strength in Subjects (transcript)
 - (4-5 Core Courses/Year)
- Grade Point Average (GPA) challenging, but appropriate classes
- SAT I or ACT scores/possibly SAT Subject Tests
- Admissions Essay/Interview
- Recommendations
- Caliber of high school curriculum
- Meaningful activities/resume



Program Name	Three River's College and Career Pathways (CCP)	College Board's Advanced Placement (AP)	UCONN Early College Experience Classes (ECE)	
Registration/ Enrollment Deadlines (23-24 SY)	End of September	Beginning of October	End of September	
College Credit	Classes on ELHS transcript and separate TRCC transcript	Test Score Results AP Credit Policy	Classes on ELHS transcript and separate UCONN transcript	
Credits Granted Sent to attending school in June		Send AP Scores from College Board website to attending school	Request transcript to be sent to attending school in June	

College Credit Programs

*For additional information on College Credit Programs please refer to the Program of Studies on the ELHS website, under Counseling

STUDENT:

PAR/GUAR: ADDRESS: ______ PHONE: _____ SASID:

DOB:

GENDER: E



East Lyme High School 30 Chesterfield Road East Lyme, CT 06333 PHONE: (860)739-6946

School No.: 070177

GRADUATION DATE: 06/15/2023

COURSE AND GRADE HISTORY						CREDITS EARNED BY REQUIREMENT	
COURSE	FINAL	CREDITS	COURSE	FINAL	CREDITS	SUBJECT	CREDITS
GR. 09 2019-2020 East Lyme High School			GR. 10 2020-2021 East Lyme High School			English Fine Arts	4.00 0.50
FRESHMAN ACADEMY/HEALTH	в	0.50	SPECIAL NEEDS AIDE	B+	0.50	Health/Phys Ed	2.00
DESIGNING YOU AND YOUR SPACE	A+	0.50	CULINARY ARTS I	A+	0.50	Mastery-Based Diploma Assessment	1.00
ENGLISH 9 A	B+	1.00	BIRTH-THREE PLAYGROUP	A+	0.50	Mathematics	3.00
FRENCH II H	A	1.00	ENGLISH 10 A	В	1.00	Other	0.50
FRESHMAN PHYS ED	P	0.50	MUSIC COOP	A+	0.50	Science	3.50
ALGEBRAIA	8-	1.00	FRENCH III H	A-	1.00	Social Studies	4.50
INTEGRATED SCIENCE A	B-	1.00	GEOMETRY A	С	1.00	Vocational Education	6.00
MODERN WORLD A	в	1.00	BIOLOGYA	B+	1.00	World Language	3.00
		6.50	BUSINESS MANAGEMENT	A-	0.50		
			AMERICAN HISTORY 1865-1945 I A	В	1.00	TOTAL	28.00
					7.50	ACADEMIC STAN	A1649611
GR. 11 2021-2022 East Lyme High School			GR. 12 2022-2023 East Lyme High School				UM UNWEIGHTED GPA
SPEECH COMMUNICATIONS	B+	0.50	FORENSIC SCIENCE	в	0.50	Sem 6 3.16	3.26
AMERICAN HIS 1945-PRESENT II A	B-	0.50	HUMAN RIGHTS	A	0.50	RECOGNITION Career Concentration-Education	45
ENGLISH 11 A	в	1.00	PRE-SCHOOL LAB	A+	0.50	Career Concentration-International Stud	dion
FRENCH IV A	В-	1.00	IND STUDY PRE-SCHOOL INTRNSHP	A+	0.50	Career Concentration-International Stat	Jies
ALGEBRA II B	C+	1.00	ENGLISH 12 ECE	A-	1.00		
CHEMISTRY A	C-	1.00	SPECIAL NEEDS AIDE	A-	0.50		
AMERICAN CIVICS A	B-	0.50	PERSONAL FINANCE	A-	0.50		
AP PSYCHOLOGY	B-	1.00	BAKING & PASTRY	A+	0.50		
PRE-KINDERGARTEN LAB	A+	0.50	HUMAN DEVELOPMENT ECE	A-	1.00		
		7.00	IND STUDY PRE-SCHOOL INTRNSHP	A+	0.50		
			VIKING VOYAGE	Р	1.00		
					7.00		



The East Lyme High School experience prepares students academically, emotionally, and socially to be positive. forces in the world and to live responsible, purposeful, and healthy lives.

The School

Kast Lyme High School is a four-year comprehensive public high school offering curricular and co-curricular programs to 995 students in grades rune-twelve. Accendited through the New England Association of Schools and Caller

cast Lynne High School Frome 2023-2024 30 Chesterfield Road Phone: (\$60) 739-6945 CEEB#070177 East Lyme, CT 06333 Fax: (860) 691-4623 www.eastlymeschools.org Mr. Jeffrey Newton Mr. Deb Roselli Kally Superintendent. Principal Counseling Office x-5580 Registrar-a-5512 School Highlights 2023 Connecticut/Whode Island National Science Bowl Competition Weiner 2023 American Regional Math League National Competition Participant 2023 International Chemistry Olympiat Participant

- Ranked #3 2023 Nuche linut High School for Athletes in New London County
- Kanked K2 2028 Name Best College Prep Public Schools in New London County
- Ranked 3rd in 2023 US News and World Reports Norwich, CT Metro Area High Schools
- 2017 horizonal litize #litizion School

Graduation Requirements and Coreer Concentrations

and an inclusion **ELHS School Profile** and caree High Scho courselos

The Community

East Lynne High School Hesta in a residential community of 18,683 with its students residing in the spains of East Lyme, Nantic and Salem Located in New London County along the shoreline, the school is equidutant horn New Haven and Providence. RI and is easily accessible via interstate 95.

Coastal Connections

inspired by lig Picture Learning, Coastal Connections is an interest-based learning opportunity for ELHS students." that incorporates classroom learning with internship placements. Courses are designated with CC on the transcript.

School Counselors

Elizabeth Malese, A-Cil elizabeth movese @elpick12.org Emby Cacace, Do-Har emily cococe @elpsk12.org Jachyn Sullivan, Has-Lejachen sullivan @etpsk12.org Christy Bryant Li-Ra christy bryant @elpik12.org

then Hallaha Double Mar

10.00	PEARstan 2.0	-10
	Fee Arts 10	
	Vocational 5d.1.0	2
	Electives4.0	
	Mastery Experience. 1.D	
	25 Total Credits to Grad	-
	Contraction of the Contract	

AP Classes Offered

Rising, Calculus AR, Calculus MC, Chemistry, Computer Science, Environmental Science, Government, Language & Composition, Literature & Composition, Mobile Computer Science. Mull: Theory, Physics 2 & J. Paschology, Seminar, Statistics, Studio Art, US History, World History

Applied Mechanics, Calculus BC, EMT Training, English 12 1004, English 12 1007, French V. German IV, Human Development, Medical Terminology, Physics 1 & 2, Public Speaking, Spanish V

Honors Classes Offered

Algebra 8, Anatomy Physiology, Astronomy, Band, Bology, Catering and Hospitality, Chemistry, Concert Choir, Digital Film, Digital Journalism, English 30, Foundations of Calculus, French, Geometry, German, Graphics, Human Development, Journalism, Orchestra, Pre-Calculus, Spanish, String Example, Utudio Art, Trigonometry, WILL

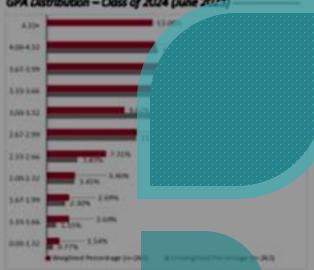
College Partnerships and Special Programs

University of Connecticut Early College Experience (ECE)- allows motivated students to take UCDRN courses at their high schools for both high school and college credit.

New London Scholars Program- allows students to take entry level college courses on the **Connecticut College Campus**

Here. School Partnership (HSP) allows students to take entry level college courses on the Three

Groding System						
1		Curtulation .	magnes 674			
			AP7 8/3 (NL 35)	manara (45.35	A-boal (+105)	B/C Insulti (x3.0)
84.	\$5-330	4.38	4.98	4.76	4.35	4.32
16.11	33.66	10	46	4.4	43	40 1
40	90.62	1.67	6.33	4.04	1.85	367
64	47.08	8.33	3.83	3.65	3.50 (**	111
8	41.95	3.00	3.45	3.30	4.15	\$30
4.	40-42	2.67	1.07	2.04	3,80	247
60.	23.3%	2381-014	268	2.38	2.45	232
¢	75.75	100	2.33	2.30	2.28	2.00
\$2.5	30.32	167	1.92	1.84	1.25	117
44	47.42	1.33	155	1.46	1.40	1.11
@=	63.68	10	8.25	LL	4.05	1.0
B	40.42	247	4.75	0.34	6.35	0.07
19	delow 60	22.	44	0.0	44	2.2
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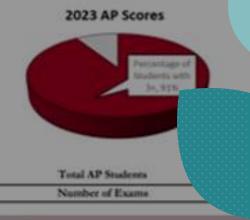
Both on unweighted and weighted GPA are calculated for each student after the first six semesters and after each East Lyme High School publishes subsequent semester. The unweighted, cumulative GPA is a GPA and does not calculate class Umple average of all courses on a 4.0 scale. The weighted GPA is based on grades earned in leveled classes only.

School Accomplishments and 2023 AP Test Data

Class of:	2023	2022	2021	2020	2019
Four-year Colleges	25%	71%	20%	ESN.	75%
Two-year colleges	14%	15%	17%	9%*	10%
NMSQT semi- finalists/finalists	2/2	3/3	4/4	2/2	3/3
SAT Reading Mean	\$77	:596	573	591	540
LAT Much Mean	\$55	583	344	580	542

The Class of 2023 had, five members matriculate to hy League Colleges, a member commit to a Military Academies and two members who enlated in the military. *industes COVID year and student self-reporting

represents individual students' in performance in relation to their cl



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Class of 2023 Attending Colleges

American University, Boston University, Brown University, Brown University, Camege Mellion University, Camege College Columbra University, Connectorul College, Connell University, Santonuch College, Bavehon College, Eastern Connectorul State University, Endcast College, Fanfald University, Holdung State University, Funda Altanta University, Fordham University, Category, Community, College, George Maxim University, Georgetown University, Gettydourg College, Hangaben Sudney College, Handrid University, Hartwick College, House College, Ho rames Maduan University, who Cablet University, Witness & Wales University, Kantas City Art Institute, Logista University, Altere Martime Academy, Marta College, Michigan State University, Middleson Community College, Mitchell College, New England Institute of Technology, New York University, Michell College North Carolina State University, Northwestern University, Rocketting, Pace University, Pace Chester, Providence College, Portue University, Guinepiol University, Remainler Published Institute, Robert Values, Roger Williams University, Ratgers University, Sacred Heart University, Lant Michae's College, Lave Regna University, Simmons University, South College, Southers Connecticul State University. and I included with a Distance of Middle Area ()

strung information can be found in . Performing Arts. Program of Studies on the \$245.

UConn ECE Courses Offered

Manufacturing

Wint/Digital

STEM.

Mount Arts

Communications.

Naviance

What do I want to do?:

• Do What You Are

• Career Interest Inventory

Career Interest Profiler

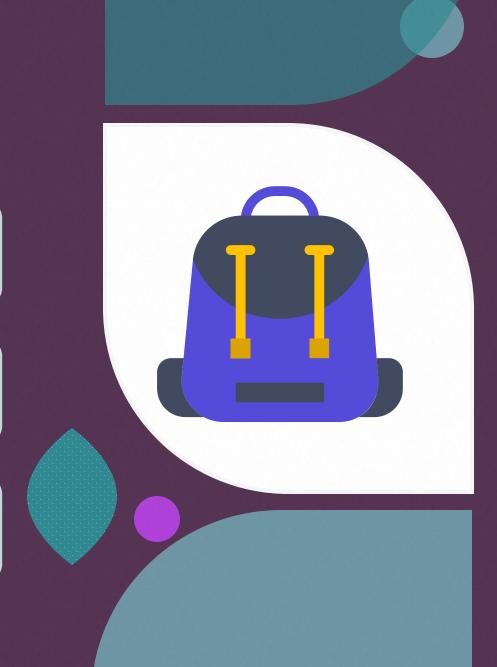
How do I find a college?

College SearchCollege Super Match

Other useful resources and Links:

• NCAA

- Military Academy information
- Financial Aid information



Supermatch College Search

Click Colleges

• Supermatch College Search

- Select a few basic criteria
 - Location states interested in attending school
 - Academics majors you may be interested in
 - 1 or 2 other things (if you want)
- You can use your results from the CIP to guide your search (majors, career interest, etc.)

SuperMatch College Search About SuperMatch 🖓						
HI Choose Fit Criteria Location Academics	Admission Student Life Diversity	Institution Characteristics C	Cost Athletics Resources	Groups		
Your Fit Criteria			Saved Searches Choose one 🔻	Save Search Start Over		
2 selected criteria To refine your results, use the arrows to move your criteria into the "Must Have" and "Nice to Have" boxes.	Must Have × Location [7] → × Major [2] →		Nice to Hav A Nice to Have is anyt that's important to you isn't an absolute must	hing u, but		
Your Results Your results include 55 institu	itions that are both an academic match and also match	all the criteria collected above				

All the information!

Your Results Your results include 55 institutions that are both an academic match ⁹ and also match all the criteria selected above.							
	Fit Score 0	Academic Match					
Central Connecticut State University New Britain, CT, Town not near a City 4 year, Public, Not Applicable PINNED FAVORITE	why?	Average You GPA 3 N/A0 SAT 1000 N/A ACT 21.5 N/A To determine if you're an academic match for this institution, enter your GPA and/or standardized test scores. GPA					
Sacred Heart University Fairfield, CT, Small City 4 year, Private nonprofit, Roman Catholic PINNED FAVORITE	U00% Why?	Average You GPA 3.6 N/A0 SAT N/A N/A ACT N/A N/A To determine (Fyou're an acodemic match for this institution, enter you' GPA and/or standardized test scores.					
University of Massachusetts-Lowell Lowell, MA, Small City 4 year, Public PINNED FAVORITED	U00% Why?	Average You GPA 3.6 N/A0 SAT 1236 N/A ACT 2.6 N/A To determine if you're an academic match for this institution, enter your GPA and/or standardized test scores. GPA					

Scattergrams | Applications for East Lyme High School



Your high school's application history



Continue to check:

Principal's Newletter

ELHS Counseling Website

Class of 2025 ELHS Counseling Office Google Classroom Page

February 29th, 2024 – Financial Aid Planning Presentation

HELPFUL RESOURCES