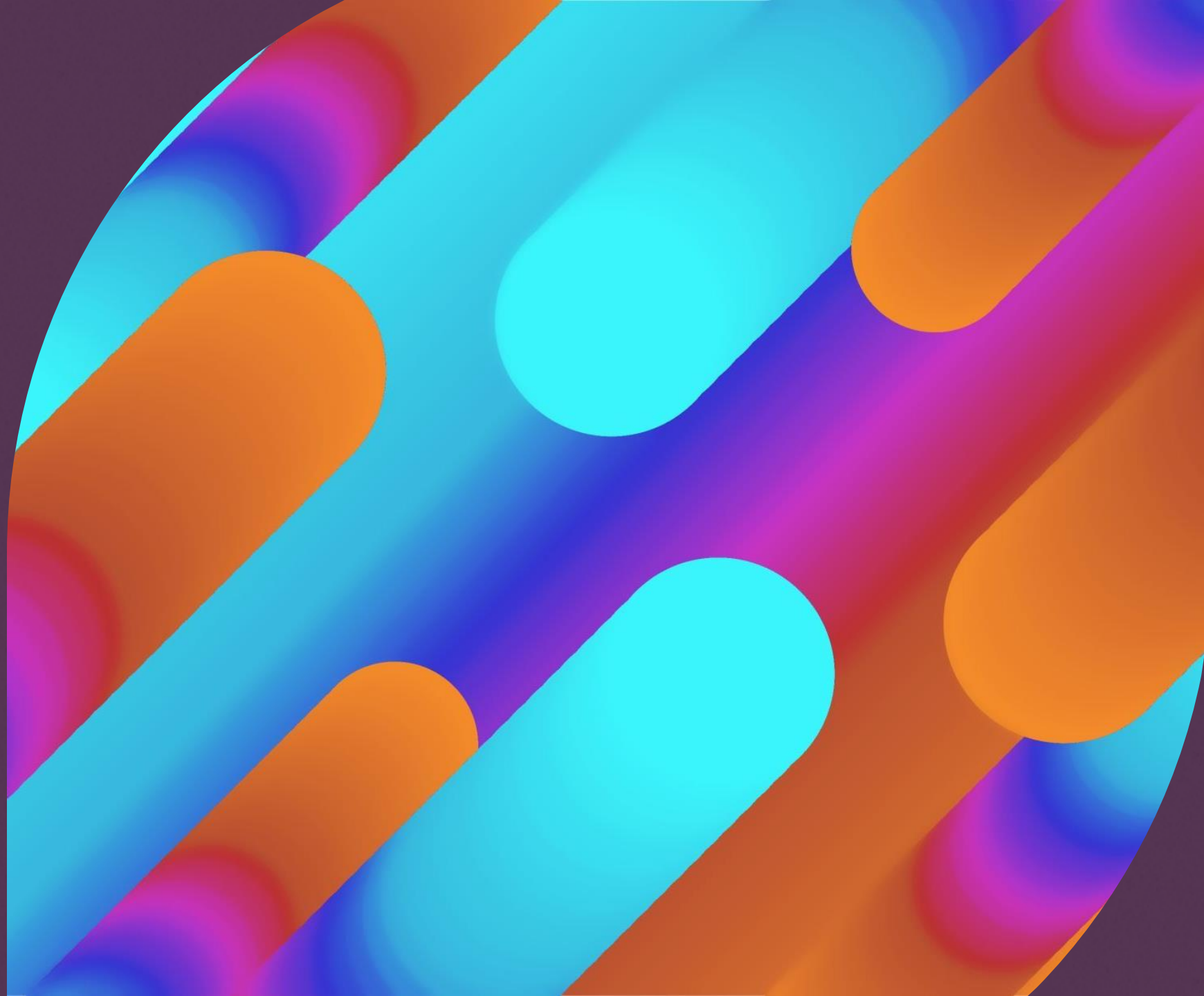


ELHS Junior Planning Night

February 15, 2024



School Counselors

Elizabeth Maiese: A-CO

David Willis (Emily Cacace): CU-GI

Jaclyn Sullivan: GJ-LE

Christy Bryant: LI-M

Lisa Belisle: N-R

Nadine Barnes: S-Z

Visit: [East Lyme Public Schools: Home](#)

- East Lyme High School
- School Counseling
- College and Career
- Naviance Student

<https://student.naviance.com/eastlymehs>

Be sure we have your correct email address on Naviance!



WHAT HAS BEEN
DONE



WHAT IS
HAPPENING NOW

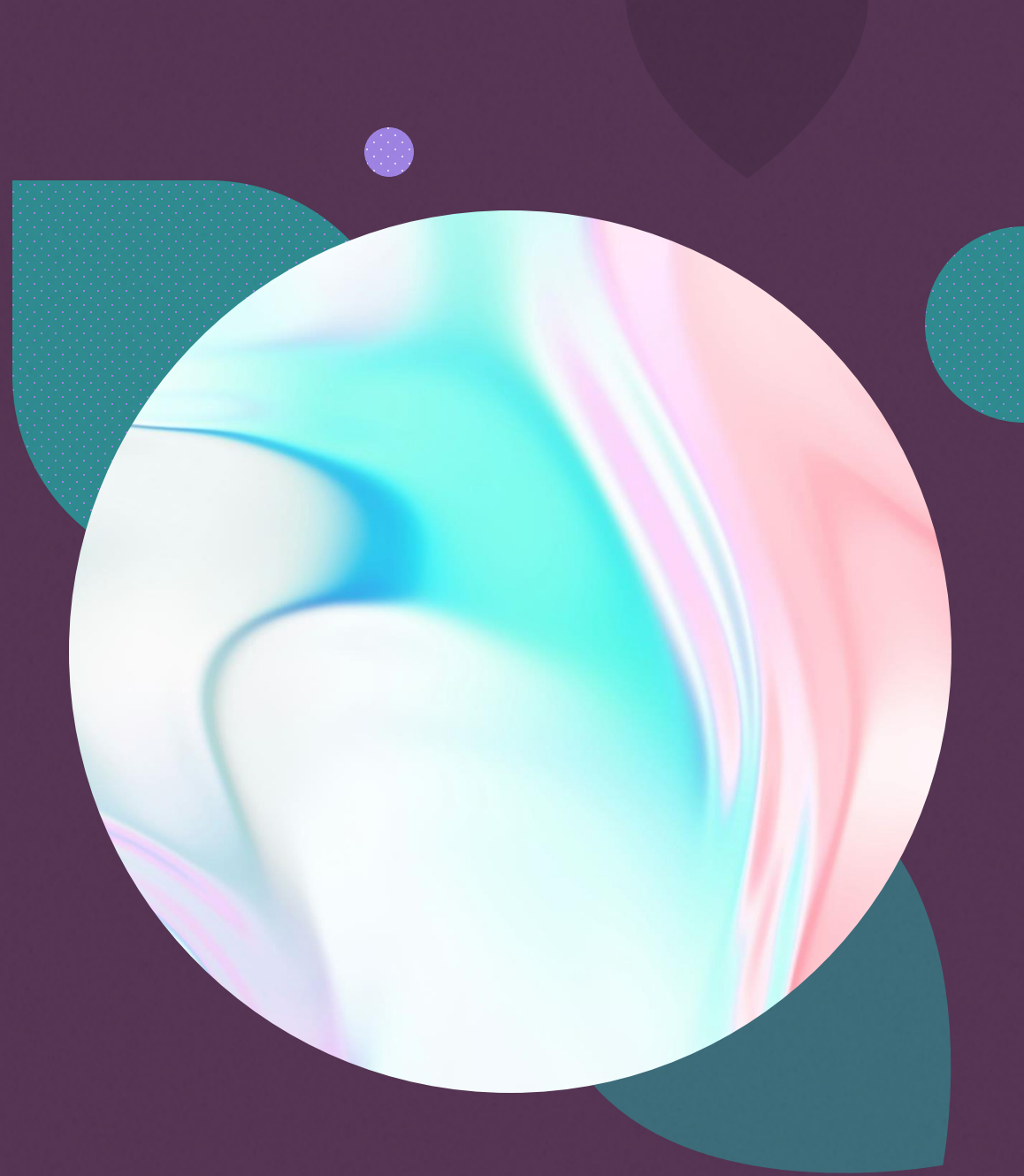


WHAT ARE THE
NEXT STEPS

A LOOK INTO THE POST-SECONDARY PLANNING PROCESS

About This Presentation

WHAT HAS BEEN
DONE



FRESHMAN/SOPHOMORE YEAR

Grade 9

October-November:

- Took PSAT 9
- Registered on CollegeBoard

February-May:

- Individual meetings to review Course Selections and Recommendations

Grade 10

February – April:

- Classroom Lessons
 - *Career Interest and Personality Inventories* on Naviance

February - May:

- Individual meetings to review Course Selections and Recommendations

What is Happening Now



Junior Year

Important Dates to Plan For

Individual Meetings

- Review Course Selections and Recommendations
- Review individual Post-Secondary Plans
- Set a timeline for the application process

March - April

School Vacation (great time to work on College Research)

April 8-12

AP Test Dates: May 6th -May 17th
(check CollegeBoard.org for updates)

May 6-17

Wednesday, March 27

School Day SAT Scheduled

Saturday, April 14 and June 8

ACTs offered at ELHS

Saturday, March 9, May 4, & June 1

SATs offered at ELHS

CURRENT DISCUSSION TOPICS:



Course Selection



Exploring Careers and Majors



Standardized Tests



Meet With Your Counselor



Preparing to Apply/Explore



How Naviance Can Help

ELHS COURSE SELECTION



Course Recommendations & Class Selection

February

Wednesday, February 14th – Graduation Requirements Overview in Advisory
Career Concentrations and Overview of Course Selection in Advisory

Wednesday, February 21st – [Program of Studies](#) debut and Career Concentrations overview

March

Wednesday, March 6th - Grades 9-11 Student Course Selection in Advisory

Wednesday March 6th- May 3rd- School Counselors meet with Grades 9-11 for Course Planning

Late Spring

May– Master Schedule is created and course recommendations will be made available electronically

Summer– Schedules finalized and made available online

AST LYME
GH SCHOOL

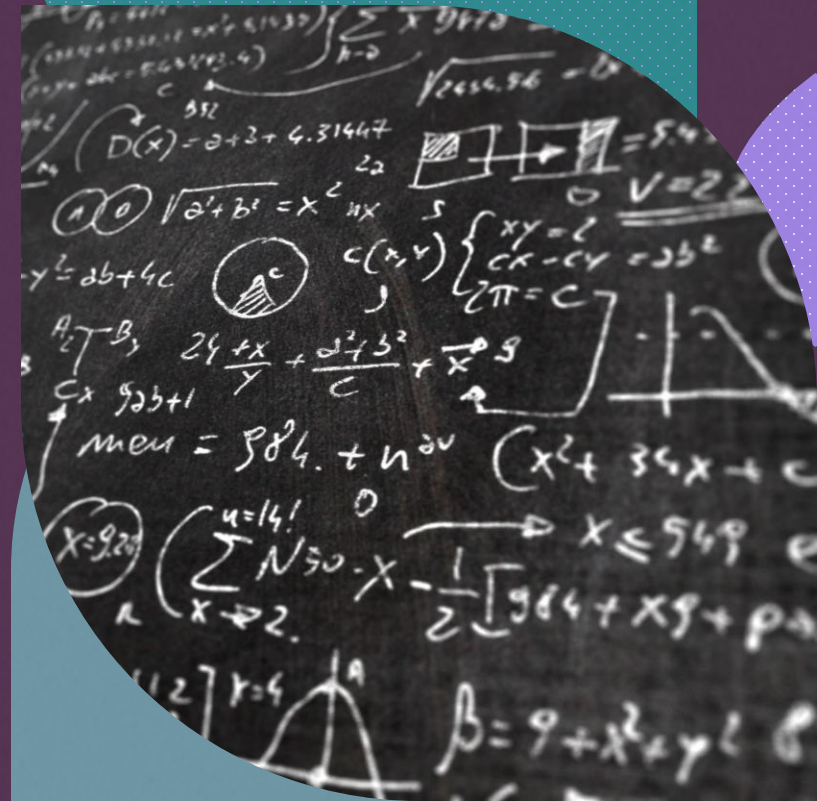
ROGRAM OF STUDIES
2024-2025

Program of Studies

Electronic

Accessible

Simplified



Career Concentrations

- **What are Career Concentrations?**

Career Concentrations at East Lyme High School allow students who are interested in a particular career path to receive a certificate of accomplishment for successfully completing courses that help prepare them for a related career field. Successful completion of a Career Concentration is also recorded on the student's official transcript.

- **Why Career Concentrations?**

- ★ Learn more about an area to see if you like it!
- ★ Build your resume and help potential employers or admissions representatives understand the depth of your interest.
- ★ Be better prepared to enter a career.
- ★ Be better prepared for courses at a technical school or college.

- **Program Requirements**

Each concentration has a minimum credit requirement that consists of both required courses and elective courses.

- **Students must:**

- ✓ Take the correct sequence of courses as outlined in this brochure and the Program of Studies.
- ✓ Earn a 'C' or better in each concentration class. Grades are checked at the end of Quarter 3.
- ✓ Complete the application on Google Classroom in your **senior year** (code: v6cf64c) - *please do NOT enter the Google Classroom until your senior year.*

[Click Here for the Brochure!](#)

Applications are on Google Classroom: **v6cf64c**

Career Concentrations will be recognized on the transcript!

NEW CONCENTRATIONS ADDED!

- **PUBLIC SAFETY**
- **ALLIED HEALTH
PROFESSIONALS**
- **COMPUTER SCIENCE**

Performing Arts

Visual Arts

Hospitality

Broadcasting

International
Studies

Manufacturing

STEM

World Languages

Business


Education

Print/Digital
Communications

CAREER CONCENTRATIONS

Career Concentration Example



Allied Health - 4 credits 

Required: Emergency Medical Technician ECE OR Anatomy & Physiology OR Medical Terminology ECE, Human Development ECE

Electives: Principles of Public Speaking ECE, Statistics or AP Statistics, Psychology or AP Psychology, Biotechnology, Sociology, Lifetime Fitness, Accounting, English 12 1004 ECE: Introduction to Academic Writing, Concentration-related WISE project

Careers: Dental Hygienist, Dietitian, Occupational Therapist, Physical Therapist, EMT

Exploring Careers and Majors:

Beginning the Post-Secondary Search



Exploring Post-Secondary Options

College: 2- or
4- year degrees

Technical
School

Apprenticeship

Work/Career

Military

Gap Year



Exploring Careers and Majors

Those who are not sure about their plans should:

- Research possible careers/majors
 - Complete the *Personality Inventory* or *Career Interest Inventory* on Naviance
 - Review the Occupational Outlook Handbook and other career resources
 - Talk to their parents, school counselors, and teachers
 - Consider the ASVAB Senior Year
 - Research with an open mind!
-
- While some students know exactly what they want to do for a career and what they will choose as a major in college, **most do not.**
-
- **Relax!** -- many students apply 'undeclared' and most students change their major at least once in four years of college



Helpful Career Resources

[Occupational Outlook Handbook](#)

[Career One Stop](#)

[mySkills myFuture](#)

[My Next Move](#)

Armed Services

Representatives from
Armed Services and
Apprenticeship Programs
offer lunch sessions.

Spring Armed Services
Information Session

Senior year – Fall Armed
Services Information
Session and December
ASVAB testing



The background of the slide is a dense, colorful pattern of small dots in various shades including blue, green, brown, orange, and purple. On the right side, there are several overlapping teal-colored shapes, including a large rounded rectangle and a smaller circle, both with a fine dotted texture.

Standardized Tests

Testing Timeline- School Based

Grade 9:

October- PSAT9

Grade 10:

March- PSAT10

Grade 11:

October- PSAT

March 27th- School Day SAT



PSAT- Grade 11

October -
PSAT test

Mid December-
Scores were
released online

September 2024 -
Schools notified
about National
Merit selection

Standardized Test Prep

Khan Academy

- practice exercises
- instructional videos

Helps empower learners to study at their own pace in and outside of the classroom.

PSAT and SAT scores can be reviewed and practice can be done on Khan Academy

There was a time
when Einstein couldn't count
to ~~1 2 3 4 5 6 7 8 9~~ 10

Thankfully

**WE ARE BORN
TO LEARN**



KHANACADEMY

The background of the slide is a dense, colorful halftone pattern of dots in various shades including blue, purple, green, yellow, and pink. A teal rectangular box is positioned on the left side, containing white text.

What are the Next Steps?

**Meet with your School
Counselor!**

Junior Planning Meeting:



Meetings are Individualized!

- Unique Future Plans
- Ready to explore at different times
- Many need help and direction exploring

How to Schedule a Junior Planning Meeting



March through early May
through Calendly link
posted on Google
Classroom



We welcome
parents/guardians to join
via phone/zoom if they are
able to!

Junior Folders



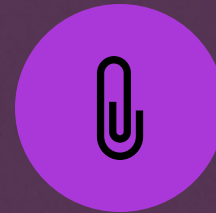
JUNIOR YEAR
CHECKLIST



TRANSCRIPT



COMMON APP
INFO



LETTERS OF REC
– HOW TO



COLLEGE
SEARCH CHART



FAFSA INFO

Planning to Apply to College?



Common Questions

- How do I raise my GPA?
- Is Junior Year the 'Most Important Year'?
- Is there one school that is 'THE One' for me?
- How do I pick a school when I don't know what I want to do?
- Is Senior Year important if they don't use my GPA?
- Do I need to take all AP and Honors classes to get into a school?

What information are the colleges asking for?

(Picking the right classes for Senior Year)

- Strength in Subjects (transcript)
 - (4-5 Core Courses/Year)
- Grade Point Average (GPA) - challenging, but appropriate classes
- SAT I or ACT scores/possibly SAT Subject Tests
- Admissions Essay/Interview
- Recommendations
- Caliber of high school curriculum
- Meaningful activities/resume

Program Name	Three River's College and Career Pathways (CCP)	College Board's Advanced Placement (AP)	UConn Early College Experience Classes (ECE)
Registration/ Enrollment Deadlines (23-24 SY)	End of September	Beginning of October	End of September
College Credit	Classes on ELHS transcript and separate TRCC transcript	Test Score Results AP Credit Policy	Classes on ELHS transcript and separate UCONN transcript
Credits Granted	Request transcript to be sent to attending school in June	Send AP Scores from College Board website to attending school	Request transcript to be sent to attending school in June

College Credit Programs

*For additional information on College Credit Programs please refer to the Program of Studies on the ELHS website, under Counseling

STUDENT: _____
 PAR/GUAR: _____
 ADDRESS: _____
 PHONE: _____

GENDER: E

SASID: _____

DOB: _____



East Lyme High School
 30 Chesterfield Road
 East Lyme, CT 06333
 PHONE: (860)739-6946

School No.: 070177

GRADUATION DATE: 06/15/2023

COURSE AND GRADE HISTORY						CREDITS EARNED BY REQUIREMENT			
COURSE		FINAL	CREDITS	COURSE		FINAL	CREDITS	SUBJECT	CREDITS
GR. 09 2019-2020 East Lyme High School				GR. 10 2020-2021 East Lyme High School				English	4.00
FRESHMAN ACADEMY/HEALTH		B	0.50	SPECIAL NEEDS AIDE		B+	0.50	Fine Arts	0.50
DESIGNING YOU AND YOUR SPACE		A+	0.50	CULINARY ARTS I		A+	0.50	Health/Phys Ed	2.00
ENGLISH 9 A		B+	1.00	BIRTH-THREE PLAYGROUP		A+	0.50	Mastery-Based Diploma Assessment	1.00
FRENCH II H		A	1.00	ENGLISH 10 A		B	1.00	Mathematics	3.00
FRESHMAN PHYS ED		P	0.50	MUSIC COOP		A+	0.50	Other	0.50
ALGEBRA I A		B-	1.00	FRENCH III H		A-	1.00	Science	3.50
INTEGRATED SCIENCE A		B-	1.00	GEOMETRY A		C	1.00	Social Studies	4.50
MODERN WORLD A		B	1.00	BIOLOGY A		B+	1.00	Vocational Education	6.00
			6.50	BUSINESS MANAGEMENT		A-	0.50	World Language	3.00
				AMERICAN HISTORY 1865-1945 I A		B	1.00	TOTAL	28.00
							7.50	ACADEMIC STANDING	
GR. 11 2021-2022 East Lyme High School				GR. 12 2022-2023 East Lyme High School				AT END OF	WEIGHTED GPA CUM UNWEIGHTED GPA
SPEECH COMMUNICATIONS		B+	0.50	FORENSIC SCIENCE		B	0.50	Sem 6	3.16 3.26
AMERICAN HIS 1945-PRESENT II A		B-	0.50	HUMAN RIGHTS		A	0.50	RECOGNITIONS	
ENGLISH 11 A		B	1.00	PRE-SCHOOL LAB		A+	0.50	Career Concentration-Education	
FRENCH IV A		B-	1.00	IND STUDY PRE-SCHOOL INTRNSHP		A+	0.50	Career Concentration-International Studies	
ALGEBRA II B		C+	1.00	ENGLISH 12 ECE		A-	1.00		
CHEMISTRY A		C-	1.00	SPECIAL NEEDS AIDE		A-	0.50		
AMERICAN CIVICS A		B-	0.50	PERSONAL FINANCE		A-	0.50		
AP PSYCHOLOGY		B-	1.00	BAKING & PASTRY		A+	0.50		
PRE-KINDERGARTEN LAB		A+	0.50	HUMAN DEVELOPMENT ECE		A-	1.00		
			7.00	IND STUDY PRE-SCHOOL INTRNSHP		A+	0.50		
				VIKING VOYAGE		P	1.00		
							7.00		

Naviance

What do I want to do?:

- Do What You Are
- Career Interest Inventory
- Career Interest Profiler

How do I find a college?

- College Search
- College Super Match

Other useful resources and Links:

- NCAA
- Military Academy information
- Financial Aid information



Supermatch College Search

- Click Colleges
 - Supermatch College Search
- Select a few basic criteria
 - Location – states interested in attending school
 - Academics – majors you may be interested in
 - 1 or 2 other things (if you want)
- You can use your results from the CIP to guide your search (majors, career interest, etc.)

SuperMatch College Search

About SuperMatch ?

III Choose Fit Criteria

Location

Academics

Admission

Student Life

Diversity

Institution Characteristics

Cost

Athletics

Resources

Groups

Your Fit Criteria

Saved Searches Choose one ▼

Save Search

Start Over

2 selected criteria

To refine your results, use the arrows to move your criteria into the "Must Have" and "Nice to Have" boxes.

Must Have

✕ Location [7] →

✕ Major [2] →

Nice to Have

A *Nice to Have* is anything that's important to you, but isn't an absolute must have.

Your Results

Your results include **55 institutions** that are both an **academic match** ⓘ and also match all the criteria selected above.

All the information!

Your Results

Your results include 55 institutions that are both an academic match ¹ and also match all the criteria selected above.

Fit Score ¹

Academic Match ¹

Central Connecticut State University New Britain, CT, Town not near a City 4 year, Public, Not Applicable ★ PINNED ♥ FAVORITE	<div>100%</div> <div>Why?</div>	<table><tr><th></th><th>Average</th><th>You</th></tr><tr><td>GPA</td><td>3</td><td>N/A0</td></tr><tr><td>SAT</td><td>1000</td><td>N/A</td></tr><tr><td>ACT</td><td>21.5</td><td>N/A</td></tr></table> <p>To determine if you're an academic match for this institution, enter your GPA and/or standardized test scores.</p>		Average	You	GPA	3	N/A0	SAT	1000	N/A	ACT	21.5	N/A
	Average	You												
GPA	3	N/A0												
SAT	1000	N/A												
ACT	21.5	N/A												
Sacred Heart University Fairfield, CT, Small City 4 year, Private nonprofit, Roman Catholic ★ PINNED ♥ FAVORITE	<div>100%</div> <div>Why?</div>	<table><tr><th></th><th>Average</th><th>You</th></tr><tr><td>GPA</td><td>3.6</td><td>N/A0</td></tr><tr><td>SAT</td><td>N/A</td><td>N/A</td></tr><tr><td>ACT</td><td>N/A</td><td>N/A</td></tr></table> <p>To determine if you're an academic match for this institution, enter your GPA and/or standardized test scores.</p>		Average	You	GPA	3.6	N/A0	SAT	N/A	N/A	ACT	N/A	N/A
	Average	You												
GPA	3.6	N/A0												
SAT	N/A	N/A												
ACT	N/A	N/A												
University of Massachusetts-Lowell Lowell, MA, Small City 4 year, Public ★ PINNED ♥ FAVORITED	<div>100%</div> <div>Why?</div>	<table><tr><th></th><th>Average</th><th>You</th></tr><tr><td>GPA</td><td>3.6</td><td>N/A0</td></tr><tr><td>SAT</td><td>1236</td><td>N/A</td></tr><tr><td>ACT</td><td>26</td><td>N/A</td></tr></table> <p>To determine if you're an academic match for this institution, enter your GPA and/or standardized test scores.</p>		Average	You	GPA	3.6	N/A0	SAT	1236	N/A	ACT	26	N/A
	Average	You												
GPA	3.6	N/A0												
SAT	1236	N/A												
ACT	26	N/A												

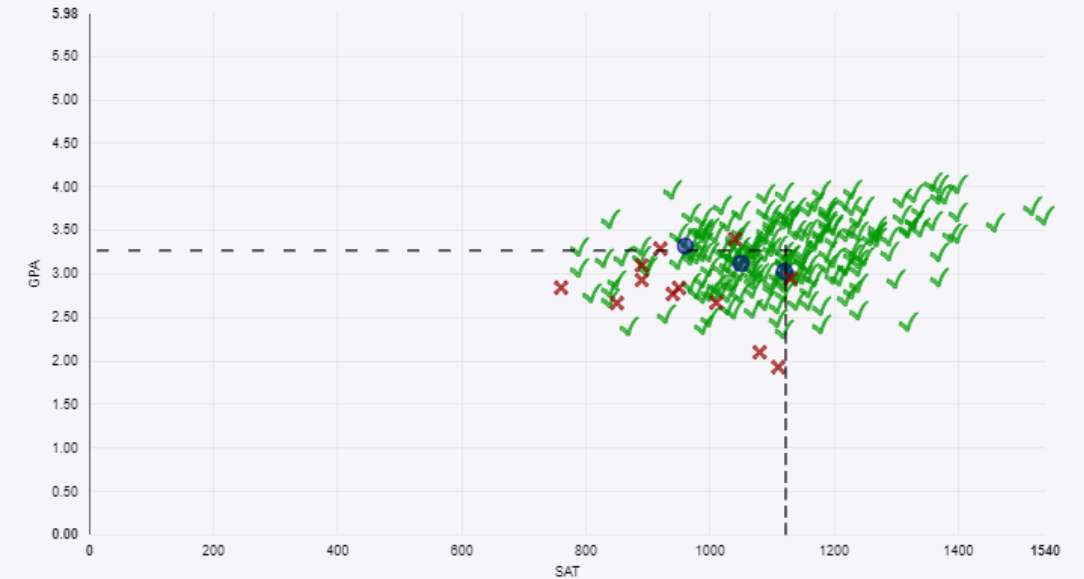
Scattergrams | Applications for East Lyme High School ¹

Comparing

Unweighted GPA ▼

with

SAT (1600) ▼



Legend

¹ You

Accepted

✓

Waitlisted/Accepted/Unknown

●

Waitlisted/Denied

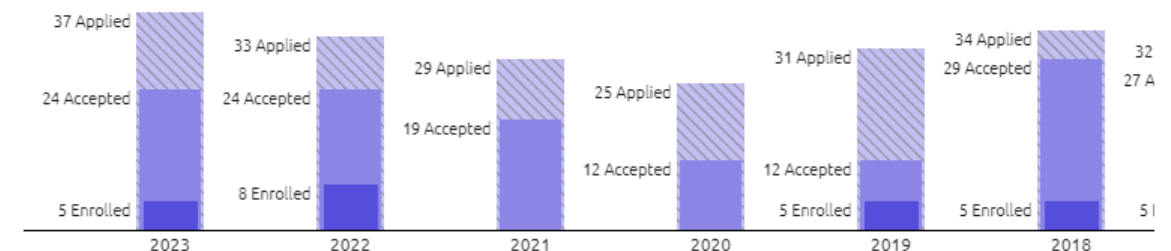
●

Denied

✗

Click on legend icons or headers to hide each type or group in the scattergram. Double-click to reset zoom.

Your high school's application history



Continue to check:

Principal's Newsletter

ELHS Counseling Website

Class of 2025 ELHS Counseling
Office Google Classroom Page

February 29th, 2024 – Financial Aid
Planning Presentation

HELPFUL RESOURCES