



Newsletter

Office of Special Education
2300 W. Caldwell Street, Compton, CA 90220



Fall /Winter2023

Inside this issue

- Message from the OSE
- CAC Meeting dates, time
- Tips from our support providers.



GET INVOLVED!

Special Education Community Advisory Committee (SPCAC)

The SPCAC is a vehicle for active community involvement in the development and review of the Special Education Local Plan Area (SELPA) in parent training and education, and about bringing about positive changes in the education system at both the local and state levels. Community Advisory Committees are unique and individual and at the heart of the Special Education system in California.

Dates/Time: 4th Thursday of every month at 4:30 p.m.

Next meeting is scheduled for January 25, 2024.

Place: Caldwell Elementary School
Office of Special Education
Special Education Conference Room,
#18
2300 Caldwell Street
Compton, CA 90220



Message from the Office of Special Education

We appreciate your partnership in providing a safe and enriching learning experience for your scholars. Without your support, we will not be able to achieve the success your scholars deserve.

We have created this parent newsletter to provide you with tips you can use during the Winter Break. In addition, we will hold monthly Community Advisory Committee meetings. These meetings will address special education issues and parent training on the IEP process. We encourage you to join us on a monthly basis.

As we close the 2023 year and welcome the 2024 new year, we thank you for trusting Compton Unified School District to educate your scholar.

Related Service Strategies

Mental Health: All behavior serves a function

Occupational Therapy: (link tips) ■ [Visual Motor .pdf](#)

Who is Who in the Office of Special Education



[OSE SELPA Staff Directory](#)

Transportation Questions

please contact Stacy Torres 310.639.4321 x63183



Do you know your site administrator?
**[Click here for Department of Special Education
Organizational Chart](#)**

DID YOU KNOW?...



Speech and Language Strategies

Speech: (link tips) [15 Speech Therapy Strategies for Parents to Use at Home \(expressable.com\)](#)

ParentHandoutLanguageThroughEverydayInteractions...

Occupational Therapy Strategies

Visual Motor_.pdf

DID YOU KNOW?...



Nurses Strategies

COMMON FLU SIGNS & SYMPTOMS

Influenza (also known as “flu”) is a contagious respiratory illness caused by influenza viruses. It can cause mild to severe illness, and at times can lead to death.

Background

In the United States, seasonal flu activity peaks between December and March, but flu viruses can cause illness from early October to late May. Flu viruses are thought to spread mainly from person to person through coughs and sneezes of infected people. Less often, a person also might get the flu by touching a surface or object that has the flu virus on it and then touching their own mouth, yes, or nose. Flu signs and symptoms usually come on suddenly. People who are sick with the flu often feel some or all of these symptoms:

- Fever* or feeling feverish/chills
- Cough
- Sore throat
- Runny or stuffy nose
- Muscle or body aches
- Headaches
- Fatigue (tiredness)
- Some people may have vomiting and diarrhea, though this is more common in children than adults.

***It's important to note that not everyone with the flu will have a fever.**



School-aged children are at high risk of flu complications

People of all ages get sick with the flu. School-aged children are a group with a high rate of flu illness. Vaccination to prevent influenza is particularly important for people who are at high risk of serious complications from influenza.

Teach students and staff to cover coughs and sneezes with a tissue or their bent arm. If they use a tissue, they should put the used tissue in a trash can and wash their hands.

Teach students, parents, and staff the importance of staying home when sick until at least 24 hours after they no longer have a fever or signs of a fever (chills, feeling very warm, flushed appearance, or sweating) without the use of fever-reducing medicines. Encourage students and staff to stay home when sick [>>>>click here to read the full article](#)