


# North Polk Middle School / Fall 2023 Survey

Fall 2023

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 Not shared



\* Indicates required question

## Classroom Effort \*

1. Overall, how much effort do you put forth in your classes?

- A great deal of effort
- Quite a bit of effort
- Some effort
- A little bit of effort
- Almost no effort



**Emotional Regulation**

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2. When you are feeling stressed out, how easily can you stay in control?

- Extremely easily
- Quite easily
- Somewhat easily
- Slightly easily
- Not easily at all

**Emotional Regulation**

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3. When things are not going your way, how often are you able to be positive?

- Almost always
- Frequently
- Sometimes
- Once in a while
- Almost never



**Emotional Regulation**

\*

4. How often are you able to control your emotions when you need to?

- Almost always
- Frequently
- Sometimes
- Once in a while
- Almost never

**Self Efficacy**

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5. How confident are you to ask for help when you need it?

- Extremely confident
- Quite confident
- Somewhat confident
- Slightly confident
- Not at all confident



**Self Efficacy**

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6. How confident are you that you can learn all the material presented in your classes?

- Extremely confident
- Quite confident
- Somewhat confident
- Slightly confident
- Not at all confident

**Self Management**

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7. During the past 30 days...how often were you able to manage your temper when frustrated?

- Almost all the time
- Frequently
- Sometimes
- Once in a while
- Almost never



**Self Management**

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8. During the past 30 days...how often did you exhibit respectful behavior when speaking to and listening to others?

- Almost all the time
- Frequently
- Sometimes
- Once in a while
- Almost never

**Self Management**

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9. During the past 30 days...How often did you pay attention and resist distractions?

- Almost all the time
- Frequently
- Sometimes
- Once in a while
- Almost never



**Self Management**

\*

10. During the past 30 days...How often were you prepared for class?

- Almost all the time
- Frequently
- Sometimes
- Once in a while
- Almost never

**Social Awareness**

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11. During the past 30 days...To what extent were you able to stand up for yourself appropriately?

- Almost all the time
- Frequently
- Sometimes
- Once in a while
- Almost never



**Social Awareness**

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12. During the past 30 days...When others disagreed with you, how respectful were you of their views?

- Extremely respectful
- Quite respectful
- Somewhat respectful
- Slightly respectful
- Not at all respectful

**Social Awareness**

\*

13. During the past 30 days...How well did you get along with students who are different from you?

- Got along extremely well
- Got along pretty well
- Got along somewhat well
- Got along a little bit
- Did not get along at all



**Social Awareness**

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14. During the past 30 days...How much did you care about other people's feelings?

- Cared a tremendous amount
- Cared quite a bit
- Cared somewhat
- Cared a little bit
- Did not care at all

**Supportive Relationships**

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15. Do you have a friend from school who you can count on to help you?

- Yes
- No

**Supportive Relationships**

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16. Do you have a family member or other adult outside of school who you can count on to help you?

- Yes
- No





**Supportive Relationships**

\*

**17.** Do you have a teacher or other adult from school who you can count on to help you?

Yes

No

**18.** During the past 30 days, have you experienced physical bullying (one example: being hit or kicked by another person) at the Middle School?

\*

Almost all of the time

Frequently

Sometimes

Once in a while

Almost never

**19.** If this is a concern for you, where in the building is this occurring?

Your answer



\*

**20. During the past 30 days, have you experienced emotional bullying (one example: being called names by another person) at the Middle School?**

- Almost all of the time
- Frequently
- Sometimes
- Once in a while
- Almost never

**21. If this is a concern for you, where in the building is this occurring?**

Your answer

**22. What makes you feel safe at the Middle School? \***

Your answer

**23. What do you enjoy about your school experience at North Polk Middle School? \***

Your answer

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