

eSchool Summer 2024

Enrollment opens February 19, 2024, Deadline to enroll is May 31, 2024.
Course dates are May 28 - July 23, 2024.

What to expect?

- Student should be a Self starter
- Must be your own advocate (it is your class not your parents)
- Must have excellent communication skills (emails), especially since it is an online course
- Remember it's a real class (like a online college course)
- 60-65 hours online coursework: video lessons, reflection, quizzes, tests, projects (different for Fitness)
- Health includes hands only CPR demonstration

Fitness for Life 1 and Fitness for Life 2 Course Information & Expectations

- Deadline and expectations are followed...**NO EXCEPTIONS**
- Manage your time effectively
- Pre and Post Fitness tests in person
- Weekly turn-in fitness logs- 40 total hours
- Students will do a variety of different workout types and exercises through those workouts
- Consistency is key when it comes to exercise in this class
- Understanding of exercise intensity- not just house chores and times you sweat

Completing an eSchool Orientation is mandatory. If you have attended a meeting in a previous semester, you may sign and return the Student Sign-Off page instead of attending a meeting.

Meeting opportunities include:

- May 13, 2024, 3:30 p.m. @ SM North Auditorium
- May 16, 2024, 5:00 p.m. @ SM North Auditorium
- May 23, 2024, 5:00 p.m. @ SM North Auditorium
- May 30, 2024, 5:00 p.m. @ SM North Auditorium
 - Fitness for Life 1 & Fitness for Life 2 pretests on above dates, times vary.

Students will also be responsible for taking their final exam in a supervised environment.

Opportunities are below:

- July 19, 2024, 8:00-10:00 a.m. @ SM North Cafeteria
- July 22, 2024, 4:00-6:00 p.m. @ SM North Cafeteria
- July 23, 2024, 1:00-3:00 p.m. @ SM North Cafeteria
- Or by Appointment with an eSchool Administrator
 - Fitness for Life 1 & Fitness for Life 2 post tests on above dates, time TBD

Course Withdrawal and Refund Policy

- If withdrawal is made by 6/11/24, no record will appear on the transcript. If a withdrawal request is made after 6/11/24 but before midnight on 7/12/24, the record will show the e-course and a notation of withdrawal will be made as WP (withdrawn, passing grade, no credit). Any withdrawal requests made after 7/12/24 will not be honored and students will receive the grade earned on the transcript.
- **THERE ARE NO REFUNDS FOR WITHDRAWALS AFTER CLASS BEGINS.** *If a student withdraws from a course for any reason prior to the beginning of class, they will be charged a 20% cancellation fee.* A written or email request from the parent is required for a refund or withdrawal. Please email laurabrogdon@smsd.org with your requests.

Please check out our website to learn more details about the eSchool program!

<https://www.smsd.org/academics/eschool>

eSchool Office 913/993-9740