Supportive Services Directory for Children and Families

2019 Herkimer County

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Organization: ACR Health

287 Genesee St., Utica, NY 13502

Program Name: The Q Center Mohawk Valley at ACR Health

Contact Information: 315-793-0661, 800-475-2430, www.acrhealth.org

or email: QCenterMV@ACRHealth.org

Brief Program Description:

Offers a support center for LGBT youth:

• HIV, STD, and Hepatitis C testing.

Support Groups

• Mental health evaluation

Case management

Rapid re-housing services

Target Population: Herkimer, Madison, and Oneida Counties

Eligibility Requirements: Ages 12-22 must identify as gay, lesbian, bisexual, or transgender.

Referral Process: Call or Walk-in for an appointment

Organization: Arc Herkimer

350 South Washington Street, Herkimer, NY 13350

Program Name: various programs for people with intellectual/developmental disabilities or mental health

Contact Information: Arc Herkimer Outreach and Program Ventures Director at (315) 574-7000

Brief Program Description: Arc Herkimer provides a variety of programs and services for people with intellectual/developmental disabilities as well as some mental health programs. Programs include but are not limited to employment services, day and community based programs, parenting support services, guardianship, self-advocacy and respite services.

Target Population: youth and adults with intellectual/developmental disabilities as well as for mental health programs

Eligibility Requirements: must be deemed eligible based on documented intellectual/developmental disability or gone through intake process for mental health services.

Referral Process: Contact the Arc Herkimer Outreach and Program Ventures Director at (315) 574-7000 to discuss the most current programs offered by Arc Herkimer and to discuss the referral process and eligibility requirements.

Organization: Aspire Behavioral Health

122 Business Park Drive, Suite 1, Utica, NY 13502

Program Name: ADHD and Autism Advocacy and Psychological Services

Contact Information: 315-732-3431, mail@aapsa.net

Brief Program Description: Provides psychological and neuropsychological assessments and treatment for a variety of learning disorders including ADHD and autism. Offers comprehensive evaluations for traumatic brain injury.

Target Population: Herkimer, Madison, Oneida, and Onondaga Counties.

Eligibility Requirements: Call for information

Referral Process: Call for appointment

Organization: Catholic Charities of Herkimer County

61 West St., Ilion, NY 13357

Program Name: Attendance Mediation

Contact Information: Brittany Ward – Dorie, 315-894-9917x233 <u>bward@ccherkimer.org</u>

Brief Program Description: Attendance intervention focuses on reducing the challenges of truancy and/or chronic tardiness. The process provides a neutral third party to facilitate conversation between parents, teachers, and school staff to develop a collaborative plan to address complex factors that cause truancy. It is a voluntary process, where the parties involved reach their own solution and determine their own outcomes. Upon receipt of a referral, all involved parties are contacted to discuss the Attendance Intervention process. As individuals agree to the process meetings are scheduled as appropriate. Follow-up is conducted with school, families and students to determine outcomes. Attendance intervention focuses on reducing the challenges of truancy and/or chronic tardiness. The process provides a neutral third party to facilitate conversation between parents, teachers, and school staff to develop a collaborative plan to address complex factors that cause truancy. It is a voluntary process, where the parties involved reach their own solution and determine their own outcomes. Upon receipt of a referral, all involved parties are contacted to discuss the Attendance Intervention process. As individuals agree to the process meetings are scheduled as appropriate. Follow-up is conducted with school, families and students to determine outcomes.

Target Population: Youth and families attending schools in Herkimer County

Eligibility Requirements: None

Referral Process: None

Organization: Catholic Charities of Herkimer County

61 West St., Ilion, NY 13357

Program Name: Domestic Violence Non-residential Services

Contact Information: Jackie Ward, Program Director, 315-894-9917 jward@ccherkimer.org

Brief Program Description: Catholic Charities Domestic Violence Program of Herkimer County provides residential and non-residential services to victims of domestic violence and their children. Services provided are: 24-hour hotline, safe temporary shelter for battered women and children, supportive individual counseling, advocacy with family court, social services, hospitals, police departments, support group and information and referral.

Target Population: We provide services to victims of domestic violence and their children throughout all

of Herkimer County.

Eligibility Requirements: none

Referral Process: call program

Organization: Catholic Charities of Herkimer County

61 West St., Ilion, NY 13357

Program Name: Herkimer County Prevention Council

Contact Information: Melissa Snyder, Director of Prevention & Recovery Services; 315-894-9917

msnyder@ccherkimer.org

Brief Program Description: Prevention Service Coordinators works within a school district to provide universal and indicated services to youth. Services include evidence-based brief intervention, OASAS certified Prevention Counseling and assessments, evidence-based education, positive alternatives, community education and information and referral services.

Target Population: Herkimer County Youth grades K − 12 & Herkimer College students

Eligibility Requirements: Schools contract with the Herkimer County Prevention Council to have a Prevention Services Coordinator housed and providing services to their district 5 days a week from September – June. These services include evidence-based education, evidence-based brief intervention, Prevention Counseling and assessments, positive alternative, and parent education. Community education is provided upon request.

Referral Process: Referral process is individualized to the service being provided. Inquiries about programming or making a referral can be obtained by contacting Melissa Snyder at 315-894-9917 ext. 231 or msnyder@ccherkimer.org

Organization: Catholic Charities of Herkimer County

61 West St., Ilion, NY 13357

Program Name: Runaway and Homeless Youth Program

Contact Information: Rachael Case, Program Director 315-867-9917 rcase@ccherkimer.org

Brief Program Description: Provides a 24 hour hotline for crisis calls dealing with youth to age 20 who have either run away from home or are homeless. Case management services are provided to youth and families, with the goal of reuniting troubled families whenever possible, or finding suitable safe housing for older youth who cannot remain with their families. Utilizes a host home model, with volunteer families from the community providing short term shelter for homeless youth. Program staff provides mediation services to families, crisis intervention, advocacy for youth, transportation, social recreation opportunities. The program is youth development focused, utilizing the Asset Development model throughout the program

Target Population: Runaway and Homeless Youth in Herkimer County up to age 21, male or female, and willing to work with the program and our guidelines.

Eligibility Requirements: Program serves youth up to age 21 who are in Herkimer County and in need of shelter

Referral Process: Call the program contact to arrange a meeting be

Organization: Catholic Charities of Herkimer County

61 West St., Ilion, NY 13357

Program Name: Student Assistance Counseling

Contact Information: Melissa Snyder, Director of Prevention & Recovery Services; 315-894-9917

msnyder@ccherkimer.org

Brief Program Description: Prevention Education Specialist works with indicated students and provides

intervention, assessment, education and /or referral sources Grades 6-12

Target Population: Middle and high school students in grades 6 - 12.

Eligibility Requirements: Herkimer County students grades 6 - 12

Referral Process: Referrals made in house at schools

Organization: Catholic Charities of Herkimer County

61 West St., Ilion, NY 13357

Program Name: Substance Abuse Education Program

Contact Information: Melissa Snyder, Director of Prevention & Recovery Services; 315-894-9917

msnyder@ccherkimer.org

Brief Program Description: HCPC provides evidence-based substance abuse and violence prevention

education programming from Kindergarten through college.

Target Population: The program serves Herkimer County students ages 5 through college.

Eligibility Requirements: None

Referral Process: N/A

Organization: Catholic Charities of Herkimer County

61 West St., Ilion, NY 13357

Program Name: TREATY

Contact Information: Brittany Ward – Dorie, 315-894-9917x233 bward@ccherkimer.org

Brief Program Description: The TREATY Program (Teaching Reconciliation in Education to Administration, Teachers, and Youth) is a conflict resolution program. It is designed to specifically assess and target the needs of Herkimer County youth. The goal of the program is to make school's safer and more supportive for students, as well as adults, by providing students with the skills needed to manage their own emotions, behaviors, and begin to resolve conflicts in a safe and healthy manner.

Target Population: The TREATY program Peace Builders Curriculum is offered to all school districts in Herkimer County in grades 4 -6. Herkimer County School Districts can also participate in the following TREATY Programs: Bullying/Peer Violence Peace Builders Curriculum: Grades 7-8, Peer Mediation: Grades 7-12,

Refreshers: Grades 5-8

Eligibility Requirements: None

Referral Process: N/A

Organization: Center for Family Life and Development

502 Court St., Suite 401, Utica, NY 13502

Program Name: Counseling Program

Contact Information: Cassandra Sheets, CEO 315-768-2645 csheets@cflrinc.org

Brief Program Description: This program provides counseling free of charge to Herkimer County youth (to

age 21) and their families.

Target Population: Youth ages 0 -21 (and their families) who live in Herkimer County

Eligibility Requirements: Herkimer County residents with youth aged 0 - 21

Referral Process: Call Center for Family Life and Recovery to schedule an appointment, note that you are

requesting to use the program provided by the Herkimer County Youth Bureau (free of charge)

Organization: Center for Family Life and Recovery

301 N. Washington St, Herkimer, NY 13350

Program Name: Drug and Alcohol Screening

Contact Information: Colleen Bahr 315-867-1226 cbahr@cflrinc.org

Brief Program Description: We provide applicant/recipient with Drug and Alcohol screening if needed, to help determine whether alcohol and/or drugs would impact the ability to work. Refer/mandate individuals to a CASAC (Certified Alcohol Substance Abuse Counselor) for further OASAS regulated assessment and/or treatment if necessary.

Target Population: When an applicant is applying for temporary assistance eligibility, all adult head of household members and head of households (regardless of age) must be screened. An adult is defined as any individual in the household age 18 or older that is applying, or in receipt of, public assistance. There is no discrimination based on ethnicity, race, and gender. The applicant must be a Herkimer county resident upon application.

Eligibility Requirements: Any person who applies for cash assistance in Herkimer County is eligible. We also help community members who are not eligible for cash assistance if they seek out our help.

Referral Process: The referral is automatic from an examiner when someone applies for cash assistance. Based on an assessment, during a question/ answer session, a referral may be made to the CASAC CASAC who will then mandate treatment if he/she deems necessary.

Organization: Center for Family Life and Recovery

502 Court St, Suite 401, Utica, NY 13502

Program Name: Preventive Counseling

Contact Information: Cassandra Sheets, CEO 315-768-2645 <u>csheets@cflrinc.org</u>

Brief Program Description: The program provides services including assessment, diagnosis, psychotherapy, group counseling and specialized therapies, provided by a Master's level counselor or second year graduate student under the supervision of a licensed mental health professional, to children and families in need of counseling due to mental health and behavioral issues that have a negative impact on their ability to function on a daily basis. The issues present the risk of family disruption and could result in child abuse/neglect, PINS/JD behaviors and out of home placements. Counseling may focus on family preservation, family reunification, or permanency planning. Services are provided to children to help them return home from placement as soon as is possible, to help them prepare for adoption and to the natural parent prior to the relinquishment of parental rights.

Target Population: The target population is children and families who are referred by the Herkimer County Department of Social Services, who are in need of counseling due to mental health and behavioral issues that have a negative impact on their ability to function on a daily basis. There is an emphasis on abuse and neglect issues, which places them at risk for out of home placement or termination of parental rights.

Eligibility Requirements: Families at risk of out of home placement, foster care.

Referral Process: Must be referred by DSS

Organization: Cornell Cooperative Extension Oneida County

121 Second St., Oriskany, NY 13424

Program Name: The Child Care Council of Cornell Cooperative Extension

Contact Information: Richelle Singer, Early Care & Learning Issue Leader, 315 223-7850 Ext 223

rfs35@cornell.edu

Brief Program Description: The Child Care Council of Cornell Cooperative Extension is a resource & referral education program dedicated to promoting quality, accessible child care for our community. We also provide programs and education opportunities to help you understand and comply with the rules and regulations of providing quality child care.

Target Population: We offer various services to individuals working with young children in Herkimer, Madison & Oneida counties.

Eligibility Requirements: None

Referral Process: Inquiries can also be made by email. Herkimer County: elp32@cornell.edu
Oneida County: taa24@cornell.edu
Madison County: earlycareandlearning@cornell.edu

Organization: Cuda Counseling

336 E. State Street, Herkimer, NY 13350

Program Name: Cuda Counseling

Contact Information: 315-866-0100

Brief Program Description:

Individual Counseling

• Marriage and Family Counseling

Substance Abuse Counseling

Target Population: Children and Adults

Eligibility Requirements: None

Referral Process: Contact Cuda Counseling

Organization: Herkimer BOCES

352 Gros Blvd., Herkimer, NY 13350

Program Name: Adult Literacy Program

Contact Information: Mary Kline, Director 315-867-2079 mkline@herkimer-boces.org

Brief Program Description: Administers academic screenings, connects with student's former schools and assists with attainment of necessary documentation, prepares students for taking the TASC/registering for test, makes referrals for supports as needed throughout the process

Target Population: Youth who have dropped out of high school without a diploma

Eligibility Requirements: Must be over 16 years of age, legally able to drop out of school and no longer attending school

Referral Process: Call to schedule an appointment, can drop-in at lion (77 E. North St.) or we also have an office at Working Solutions (320 N. Prospect St., Herkimer)

Organization: Herkimer BOCES

77 E. North St, Ilion, NY 13357

Program Name: Licensed Practical Nurse Program

Contact Information: Mary Kline, Director 315-867-2079 mkline@herkimer-boces.org

Brief Program Description: To give the knowledge and practical skills necessary to enter the healthcare field

and pass the PN NCLEX exam in order to work as a Licensed Practical Nurse (LPN)

Target Population: adults interested in entering the healthcare field

Eligibility Requirements: High School graduate or completed GED/TASC; must take an initial TEAS placement

test

Referral Process: none – information is available at https://www.herkimer-boces.org/domain/37

Organization: Herkimer BOCES

352 Gros Blvd., Herkimer, NY 13350

Program Name: Special Programs at WEB Complex

Contact Information: Roberta Matthews 315-867-2080 rmatthews@herkimer-boces.org

Brief Program Description: Supportive, small group instruction based on needs and interests; helps promote pro-social and life skills, career based programs, related services provided based on each student's unique

needs

Target Population: Students with disabilities (K-12)

Eligibility Requirements: Formal referral process by CSE Chairperson to discuss enrollment

Referral Process: Contact home district CSE Chairperson to discuss enrollment

Organization: Herkimer BOCES

352 Gros Blvd, Herkimer, NY 13350

Program Name: Technical Education

Contact Information: Kathy Fox, Director 315-867-2011 kfox@herkimer-boces.org

Brief Program Description: Provide mastery of the knowledge and skills required in 13 different trades. The majority of students are secondary students in grades 11 and 12; however, adults in need of retraining or upgrading skills for employment may also register.

Target Population: 11th and 12th grade students or adults

Eligibility Requirements: Enrolled through home school district (11th and 12th grade students) or interested adult

Referral Process: same as eligibility requirements – information is available at https://www.herkimer-boces.org/domain/27

Organization: Herkimer County Department of Social Services

301 N. Washington St., Herkimer, NY 13350

Program Name: Adult Protective Services

Contact Information: Dawn Bernholz, Supervisor; 315-867-1216

Brief Program Description: Adult Protective Services provides information, referrals, and case management services to vulnerable adults in Herkimer County.

Target Population: Adults in Herkimer County:

- who are age 18 or older, and
- have reduced capacity due to mental and/or a physical impairment, and
- have an unmet essential need, or
- appear to be at risk of harm, and
- have no one else willing and able to help them.

Eligibility Requirements:

- 1. Mental or physical impairment AND
- 2. Unmet need or threat of harm AND
- 3. No one else willing and/or able to help

Referral Process: Contact Adult Protective Services Unit – Dorothy Massinger, Senior Caseworker, at 315-867-1213

301 N. Washington St, Herkimer, NY 13350

Program Name: Child Care Subsidy Program

Contact Information: Robine Snow, Child Care Coordinator; 315-867-1233

Robine.Snow@dfa.state.ny.gov

Brief Program Description: Reimbursement program to assist Temporary Assistance and low income families with child care expenses while they participate in approved employment activities designed to move them toward self-sufficiency

Target Population: Temporary Assistance and low income families

Eligibility Requirements: Temporary Assistance families and families with income under 22% of the poverty state income standard with children under the age of 13, or children aged 13-18 with special needs

Referral Process: Application process, no referral needed

Organization: Herkimer County Department of Social Services

301 N. Washington St., Herkimer, NY 13350

Organization: Herkimer County Department of Social Services

301 N. Washington St, Herkimer, NY 13350

Program Name: Child Protective Services

Contact Information: Anne Dickquist, CPS Supervisor, 315-867-1249;

Anne.Dickquist@dfa.state.ny.us

Brief Program Description: The Herkimer county Child Protective Services Unit consists of 9 caseworkers, one senior caseworker and one case supervisor. Caseworkers investigate cases of child abuse and maltreatment received from the State Central Register. Conduct immediate assessments of safety; provide safety planning and intervention as needed including removals of children to keep them safe. Provide ongoing monitoring of identified cases with high risk. Within 60 days, CPS makes a determination as to whether or not abuse or maltreatment is substantiated; arrange for the provision of services to families to ameliorate the risk to children; provide on going monitoring/assessment as needed in identified cases of abuse/maltreatment. CPS also conducts assessments and provides reports to the Family Court as requested in cases where the court suspects abuse/maltreatment.

Target Population: Herkimer County Child Protective Services serves all of Herkimer County.

Eligibility Requirements: Children under the age of 18

Referral Process: Calls to the State Central Register (SCR or "Hotline") with concerns regarding a child's safety are transmitted to the local district where a family resides for investigation

301 N. Washington St., Herkimer, NY 13350

Program Name: Family Support/PINS Diversion Services

Contact Information: JoAnn Mower, Supervisor; 315-867-1463; JoAnn.Mower@dfa.state.ny.us

Brief Program Description:

- Thorough assessment services to determine risk of foster care placement
- Case management services to divert foster care placement and prevent court involvement, including making referrals to service providers for youth and their families
- Services within the unit include individual and/or family counseling, Youth Support Worker (including behavior management, skill building, and/or mentoring), Probation Officer (including electronic monitoring), Family Peer Advocacy, and Parent Aide services
- Access to Service Provision for Individual Needs (SPIN) services through Kids Herkimer
- Assessing family/caregiver strengths/needs to provide adequately supervision for children

Target Population: Children under the age of 18 – Diversion Services for Juvenile Delinquents (JDs) and Persons in Need of Supervision (PINS)

Eligibility Requirements: JDs – Youth who receive a JD appearance ticket PINS – Youth ages 7-17 who are incorrigible/ungovernable or truant from school or they runaway or engage in marijuana use

Referral Process: JDs – Referrals are made by police stations with an appearance ticket PINS – Referrals are made by parent(s)/custodian(s) by calling in to the unit; Schools or police stations can also refer a youth by filling out a PINS referral form

Organization: Herkimer County Department of Social Services

301 N. Washington St, Herkimer, NY 13350

Program Name: HEAP

Contact Information: Deb Smith 315-867-1239 <u>dsmith@herkimercounty.org</u>

Brief Program Description: Determine eligibility and authorize benefits for those who qualify, authorize HEAP money for regular, emergency situations, furnace repairs, and furnace replacements to alleviate the burden on residents in Herkimer County if eligible

Target Population: Adults and children who qualify under the financial guidelines.

Eligibility Requirements: Changes each year and depends on how many in your household. They can be found on www.mybenefits.ny.gov. or speak to a representative of the HEAP department.

Referral Process: Applicants may mail in an application, come to the department to apply, or apply online at www.mybenefits.ny.gov.

301 N. Washington St, Herkimer, NY 13350

Program Name: Medicaid

Contact Information: Deb Smith 315-867-1239 dsmith@herkimercounty.org

Brief Program Description: Staff determines eligibility for adults and children for medical assistance

programs

Target Population: Adults and children who qualify under the financial guidelines.

Eligibility Requirements: Income guidelines change each year. They can be found on <u>www.mybenefits.ny.gov</u>. or speak to a Medicaid representative as there is multiple levels depending on which program they are interested in.

Referral Process: If you are under 65 and not certified disabled, you can apply with any navigator or CAC representative. If you are over 65, in a nursing home, or certified disabled, you can mail in an application to the department

Organization: Herkimer County Department of Social Services

301 N. Washington St., Herkimer, NY 13350

Program Name: Preventive/SIP Services

Contact Information: Dawn Bernholz, Supervisor; 315-867-1216 Dawn.Bernholz@dfa.state.ny.us

Brief Program Description:

- Thorough assessment services to determine risk of foster care placement
- Case management services to prevent foster care placement, including making referrals to service
 providers for children and their families and making collateral contacts with service providers to
 determine progress in services
- Access to parent aide services within the unit to provide assistance on budgeting, homemaking skills, and parenting skills; access to Service Provision for Individual Needs (SPIN) services through Kids Herkimer
- Assessing family/caregiver strengths/needs/risks to create a service plan that provides for children's safety

Target Population: Families with children under age 18 who are at risk of foster care placement.

Eligibility Requirements: Children up to age 18 at risk of foster care placement

Referral Process: Anyone can make a referral for Preventive Services. A referral form is available; call (315) 867-1216 to obtain a form. Individuals can even make their own self-referral by phone.

301 N. Washington St, Herkimer, NY 13350

Program Name: Supplemental Nutrition Assistance Program (SNAP)

Contact Information: Deb Smith, 315-867-1239 dsmith@herkimercounty.org

Brief Program Description: This program provides a supplemental benefit to residents of Herkimer County who are eligible and apply for this benefit (food stamps).

Target Population: Residents of Herkimer County who are financially eligible within guidelines set by the federal government.

Eligibility Requirements: Applicants must meet financial eligibility criteria which changes in October of each year. They can be found on www.mybenefits.ny.gov or speak to representative of the SNAP department.

Referral Process: Applicants may mail in an application, come to the department to apply, or apply online at www.mybenefits.ny.gov.

Organization: Herkimer County Department of Social Services

301 N. Washington St., Herkimer, NY 13350

Program Name: TANF/Safety Net (Temporary Assistance for Needy Families)

Contact Information: Deb Smith 315-867-1239 dsmith@herkimercounty.org

Brief Program Description: This program authorizes temporary cash benefits for clients who meet federal and state financial guidelines which allows clients with little or no income, to maintain rent and living expenses.

Target Population: County residents who meet federal income guidelines.

Eligibility Requirements: TANF eligibility-must be receiving Family Assistance, Safety Net Assistance, Medicaid, SNAP, HEAP, SSI or the combined current gross income of the applicant's family members must be equal to or less than 200% of the federal poverty level.

Referral Process: Come to the department to apply

Organization: Herkimer County Mental Health Department

301 N. Washington St., Herkimer, NY 13350

Program Name: Outpatient Mental Health Services for Children and Adults

Contact Information: Kristen Snyder-Branner, LCSW-R, Director, 315-867-1465

kbranner@herkimercounty.org

Brief Program Description: Provide outpatient psychiatric treatment services to county residents with serious mental illnesses or emotional disorders. Clinic clients are referred through their primary care providers and local inpatient psychiatric units. Services are provided to county residents regardless of an inability to pay.

Target Population: County residents over the age of five years.

Eligibility Requirements: Herkimer County Resident

Referral Process: We accept referrals from Primary Care Providers, Hospitals and MCAT

Organization: Herkimer County Office for the Aging

109 Mary St., Herkimer, NY 13350

Program Name: Kinship Care Management Program

Contact Information: call – 315-272-2630 and ask for Kinship Program

Brief Program Description: The Kinship Care Management Program works with Kinship Caregivers – those people who are taking care of children who are not their own and living in their home. Caregivers may be a relative or other non-parent adult such as a family friend, adult sibling, grandparent, aunt, uncle or cousin.

Target Population: Kinship Caregivers who have formal (legal) custody or informal custody of children who are not their own.

Eligibility Requirements: None – except that they are a Kinship Caregiver to a child/children.

Referral Process: Call – 315-272-2630 or email terris@neighborhoodctr.org.

Organization: Herkimer County Working Solutions

301 Prospect St., Herkimer, NY 13350

Program Name: Herkimer County Summer Out of School Youth Program

Contact Information: Marietta Dunckel, Employment Specialist; 315-867-1403

dunckel@herkimercounty.org

Brief Program Description:

• Supportive Services including: transportation, childcare, housing, uniforms, accommodations for those with differing abilities, and referrals to partner agencies

- Labor and market assistance including: Job searching assistance, paid/unpaid work experiences, resume building, and job coaching
- Occupational skills training
- Post-secondary preparation and transitional services
- Financial literacy education including budgeting, checking/savings/debit accounts, and understanding your credit report
- Obtaining a HSE/Dropout Recovery
- On-the-Job training
- Follow-up services for one year after program exit

Target Population: Out of School Youth ages 18-24

Eligibility Requirements: Must be one of the following: HS Dropout, Pregnant/Parenting, Foster Care/Aged Out, Disabled, or involvement with the criminal justice system.

Referral Process: Contact Marietta Dunckel directly

Organization: Herkimer County Working Solutions

320 Prospect St., Herkimer, NY 13350

Program Name: Summer Youth Employment Program (TANF)

Contact Information: Karin Piseck, Director; 315-867-1459 kpiseck@herkimercounty.org

Brief Program Description: The Summer Youth Employment Program is targeted at TANF eligible youth ages 14-20. Funds are assigned to ETA from the Department of Social Services in order to run the program. Youth are placed in a summer job for 6 weeks, 20 hours per week at a worksite that is in their community. Youth are also provided with work readiness skills and case management.

Target Population: TANF eligible youth ages 14 - 20. Herkimer County has made youth involved in our PINS/JD Diversion program (a high at-risk population) a priority for inclusion in the program. This is a collaborative effort with DSS to provide work experience, and to help keep the youth productive and busy during summer months when school is not in session.

Eligibility Requirements: TANF eligibility-must be receiving Family Assistance, Safety Net Assistance, Medicaid, SNAP, HEAP, SSI or the combined current gross income of the applicant's family members must be equal to or less than 200% of the federal poverty level.

Referral Process: Submit a Summer Youth Employment Program application to the Herkimer Working Solutions office.

Organization: Herkimer County Working Solutions

320 Prospect St., Herkimer, NY 13350

Program Name: Working Solutions

Contact Information: Karin Piseck, Director; 315-867-1459 kpiseck@herkimercounty.org

Brief Program Description: The Herkimer County Working Solutions Career Center is the result of federal legislation from 2001 that provided for the emergence of centers that combined the services of many different agencies. Partners in the system include ETA, NYS DOL, DSS, HCCC, ACCES-VR, Staffworks, and HC BOCES. Customers can use the Career Center for a variety of services including career counseling, case management, job search assistance, resume writing, workshops and computer, phone, fax and copier use.

Target Population: Individuals who request services including career counseling, case management, job search assistance, resume writing, workshops and computer, phone, fax and copier use.

Eligibility Requirements: N/A

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Referral Process: Self

(Formerly - Kids Oneida)

301 N. Washington St, Herkimer, NY 13350

Program Name: Detention Diversion Program (DDP)

Contact Information: Steve Yaworski, Program Manager; 315–867-1332

syaworski@ican.family.org

Brief Program Description: Kids Herkimer Detention Diversion Program (KHDDP) was designed to prevent children from entering out-of-home detention and reduce the need for children to enter detention while they are engaged in court proceedings. The Detention Diversion Coordinator makes an assessment of the child's current circumstances including current service interventions, protective factors, and safety concerns to determine level of risk in the community and help determine if the child in question is in need of supplemental services in conjunction with program. These supplemental services may include respite, electronic monitoring or rise and shine. Intensive services are provided to the child and family at the home, in school and in the community until a long term plan is made for the child through a family court disposition.

Target Population: Youth in Herkimer County ages 12-17 who are at risk of entering a Non-Secure Detention via a Family Court Petition for PINS for JD.

Eligibility Requirements: The youth is presenting behaviors and mental health concerns that indicate he/she is at imminent risk of out of home placement if a service intervention is not provided. Youth should have received prior intervention from the PINS Unit or community based mental health services before being referred.

Referral Process: All referrals must be made internally through the Department of Social Services, and are based on the family's need and risk level.

(Formerly - Kids Oneida)

301 N. Washington St, Herkimer, NY 13350

Program Name: Family Reunification Program

Contact Information: Steve Yaworski, Program Manager; 315-867-1332

syaworski@ican.family.org

Brief Program Description: The Family Reunification program services a caseload of 10 children who have been identified by the Return Home Early (RHE) Project to be able to be returned to their home from a residential placement prior to their court order expiration date. A Family Service Coordinator (FSC) works with the family to identify their strengths and needs, assisting them in developing goals (treatment plan) that can help them be successful. A wraparound approach to treatment is utilized as the FSC coordinates a team of established provides to provide supports and services to the child and family in an attempt to empower them to meet their goals. Services include, but are not limited to, behavior management, parent aide, mentoring and crisis intervention.

Target Population: The Family Reunification Program provides services to children, average age 13-18 both male and female, who have been placed outside of their home in either a residential treatment center or therapeutic foster care.

Eligibility Requirements: Youth must have been in placement (in custody of Herkimer County) and then discharged back into the home setting prior to the original court ordered release date.

Referral Process: All referrals are made internally through the Department of Social Services; this is considered aftercare and must be recommended by DSS and approved by a Family Court Judge.

(Formerly - Kids Oneida)

301 N. Washington St, Herkimer, NY 13350

Program Name: Intensive Preventive Program

Contact Information: Steve Yaworski, Program Manager; 315-867-1332

syaworski@ican.family.org

Brief Program Description: This program was designed to work with the highest intensity DSS families that have at least one child at risk of placement outside the home due to PINS/JD issues or Neglect/Abuse in the home. The IP Program services a caseload of 12 cases. A Family Service Coordinator was identified to work specifically with IP cases to provide support, coordination and wraparound philosophy care to these intensive families to prevent out of home placement. The IP Family Service Coordinator works diligently with the families, service providers and community resources to ensure that families have the supports and resources necessary to meet their goals, maintain safety in their homes and comply with all court and DSS expectations set forth.

Target Population: The Intensive Preventive Program serves children, male and female, up to age 18, that are at risk of residential or foster care placement outside the home due to either the child's behavioral/mental health needs (i.e. truancy, incorrigibility, PINS) or neglect and abuse issues occurring within the family (i.e. CPS involvement.

Eligibility Requirements: Youth and family need to have an open Preventive case with DSS, and the youth must be presenting behaviors which indicate that he/she is at imminent risk of out of home placement.

Referral Process: All referrals are made internally through the Department of Social Services.

(Formerly - Kids Oneida)

301 N. Washington St, Herkimer, NY 13350

Program Name: Return Home Early Program

Contact Information: Steve Yaworski, Program Manager; 315-867-1332

syaworski@ican.family.org

Brief Program Description: The Return Home Early Program was created in response to the skyrocketing out of home placement numbers and increased financial strain on Herkimer County. The RHE program was tasked with independently assessing all children in institutional care for their appropriateness of returning home prior to their court expiration date with the appropriate level of services for supports. The program manager uses the Child Readiness Assessment, a tool that is completed on every child to rate their readiness to return to their home environment. Each child is provided a face to face interview with their treatment team and program manager quarterly to address the discharge planning process and help process any barriers that exist to the child returning home. All placement and demographic information as well as outcomes and readiness are tracked through a proprietary software program called Client Tracker which can generate reports regarding children in placement.

Target Population: Children in residential or group home settings, up to age 18, with some resource to return home to (i.e. children freed for adoption or with plan for independent living after placement would not qualify for this program.

Eligibility Requirements: children in residential placement facilities

Referral Process: All referrals are internal through the Department of Social Services.

(Formerly - Kids Oneida)

301 N. Washington St, Herkimer, NY 13350

Program Name: Service Provision for Individual Needs (SPIN)

Contact Information: Tim Williams, Program Manager; 315-867-1332

twilliams@ican.family.org

Brief Program Description: Services provided include but are not limited to: behavioral management, mentoring, parent advocacy, rise and shine, individual therapy, family therapy, out-patient diagnosis, and psycho-social assessments. A coordinator from Kids Herkimer connects with the clients for an assessment of needs and the strengths of the child and family and assigns a provider from their network.

Target Population: Youth aged 5 - 18 in need of a single service intervention to address mental health and/or behavioral health issues.

Eligibility Requirements: Youth and family must have an open DSS Preventive case, and be presenting behavior and mental health concerns that require professional interventions.

Referral Process: All referrals made internally through DSS

Organization: Integrated Community Alternatives Network - ICAN (at DSS)

(Formerly - Kids Oneida)

301 N. Washington St, Herkimer, NY 13350

Program Name: Healthy Families

Contact Information: Wendy lamele 315-867-1376 wiamele@ican.family.org

Brief Program Description: Serves expecting families, and families with a child under 92 days old. Provide intensive home visiting to at risk families until the child enters pre-k or Head Start.

Target Population: New and expecting parents

Eligibility Requirements: Herkimer County parents with child under 92 days old

Referral Process: Community partners give eligible families a screening form to complete and forward the information to the Healthy Families Resource Specialist. Referrals are also accepted by phone, Facebook messenger, email or walk-in.

Organization: Mental Health Counseling

1612 Genesee St., Utica, NY 13502

Program Name: Samaritan Counseling Center of the Mohawk Valley, Inc.

Contact Information: 315-724-5173, <u>www.samaritancentermv.com</u>

or email: <u>jconnors@samaritancentermv.com</u>

Brief Program Description:

* Offers outpatient mental health services including

- Individual Counseling
- Family Counseling
- Relationship Counseling
- Pastoral Counseling
- Play Therapy
- Group Therapy
- Child Abuse Counseling

Target Population: Herkimer, Madison, and Oneida Counties

Eligibility Requirements: None

Referral Process: A brief intake form must be completed before first appointment. Call for an appointment.

Organization: Mohawk Valley Psychiatric Center

205 North Main St., Herkimer, NY 13350

Program Name: Adult Services at Mohawk Valley Psychiatric Center

Contact Information: 315-866-7630

Brief Program Description: Provides comprehensive mental health services for adults:

Target Population: Herkimer and Oneida Counties

Eligibility Requirements: Ages 18 and over

Referral Process: Call or walk in for appointment

Organization: Mohawk Valley Psychiatric Center

1400 Noyes Street, Utica, NY 13502

Program Name: Child and Adolescent Services

Contact Information: 315-738-3800, www.omh.ny.gov/omhweb/facilities/mvpc/

Brief Program Description: Provides comprehensive mental health services for children and youth:

Target Population: Herkimer and Oneida Counties

Eligibility Requirements: Ages 5-17

Referral Process: Needs to be referred by local hospital.

Organization: National Center for Missing and Exploited Children

934 York St., Utica, NY 13502

Program Name: National Center for Missing and Exploited Children

Contact Information: 315-732-7233, jlasalle@ncmec.org Website: www.missingkids.com

Brief Program Description:

- Assists in the recovery of missing children.
- Internet predator reporting.
- Prevention education programs.
- Photograph and poster distribution.
- Case assistance.
- Age progression photographs.
- Provides a Cyber Tip-line for sexual exploitation of children.
- Offers national information on abducted/missing/endangered children.
- Assists with creating emergency alert plans in other areas through the AMBER Plan.
- Provides information regarding the registration of sex offenders through Megan's Law.

Target Population: Herkimer, Madison and Oneida Counties.

Eligibility Requirements: Must reside in area served.

Referral Process: Call for information

Organization: NYS Education Department

207 Genesee St, 8th Floor, Utica, NY 13502

Program Name: Adult Career and Continuing Education Services – Vocational Rehabilitation (ACCES-VR) Utica District Office

Contact Information: Patti Williams, Transition Youth Services 315-793-2536

or Alene Monaghan, Director of Counseling 315-793-2536

Brief Program Description:

 ACCES-VR -VR is MORE than financial assistance. Everything ACCES-VR does is directed towards reaching an employment goal.

- Pre- Employment transition Services for students with disabilities ages 14-24
- Vocational Counseling
- Assessment for career planning, assistive technology
- Purchase of assistive technology (*)
- Funding toward the cost of education or training after high school (*)
- Assistance with some transportation costs (*)
- Services for academic support services (note takers, tutors)
- Work -Try Outs (WTO) and On the Job Training (OJT)
- Job readiness and job placement services which may also include job coaching (See ARC Herkimer/Career Connections for details)

(*) Family income is considered

Target Population: youth and adults with one or more disabilities

Eligibility Requirements: individuals must have a disability that creates a barrier to employment; can benefit from rehabilitation services to achieve employment, and vocational rehabilitation services are required to achieve employment

Referral Process: can be a self -referral, or from providers, schools or employers, Community Information Sessions (CIS)

Organization: Resource Center for Independent Living,

401 East German St, Herkimer, NY 13350

Program Name: Various programs for youth with developmental disabilities only

Contact Information: 315-866-7280

Brief Program Description: Provides active support and guidance to people with disabilities, and help ensure that an individual's choices for living independently are respected. Advocates can answer questions and provide assistance with applications for Social Security Disability and SSI, Temporary Assistance, HEAP, Medicaid, Food Stamps, and housing. Advocates can also assist recipients of DSS with understanding sanctions and the steps for Fair Hearings

Target Population: Youth with disabilities and parents of youth with disabilities

Eligibility Requirements: Individuals with a disability

Referral Process: Call agency for information

Organization: The Legal Aid Society of Mid-New York, Inc.

268 Genesee St., Utica, NY 13502

Program Name: Legal Aid Society of Mid-New York, Inc.

Contact Information: (315) 793-7000, http://www.lasmny.org/

Brief Program Description: The Legal Aid Society of Mid-New York, Inc. is a not-for-profit law office. We

provide free legal information, advice and representation to people who can't afford a lawyer.

Please Note: We only handle civil (non-criminal) legal problems.

Target Population: Broome, Cayuga, Chenango, Cortland, Delaware, Herkimer, Jefferson, Lewis, Madison, Oneida, Onondaga, Oswego and Otsego. We also serve farmworkers anywhere in New York State.

Eligibility Requirements: You may qualify for services based on your income and family size. To find out if you qualify, call or visit an office near you. If you are 60 or over, or if you are a victim of family violence, you may qualify for our services even if you are not low-income. **Referral Process:** N/A

Organization: The Neighborhood Center, Inc.

Program Name: Central Valley Central School District-Barringer Road Elementary School

Contact Information: Heather Reynolds, 315-894-8420, heatherd@neighborhoodctr.org

Brief Program Description:

Offering mental health services to Barringer Road Elementary School children, designated to provide a variety of services to children and adolescents who have behavioral, social, and emotional needs in order to promote academic success.

Clinician available Monday 12:30PM until 4:00PM, additional hours by appointment

Target Population: Children with behavioral health care needs

Eligibility Requirements: Serves strictly children

Referral Process: Referral completed by School Personnel and sent to Clinician

Please note that the Jarvis Middle School satellite is currently closed and will reopen once construction is completed.

Organization: The Neighborhood Center, Inc.

628 Mary St., Utica, NY 13501

Program Name: Central Valley Central School District-Central Valley Academy

Contact Information: Heather Reynolds, 315-895-7471, heatherd@neighborhoodctr.org

Brief Program Description: Offering mental health services to children enrolled in CVA, designated to provide a variety of services to children and adolescents who have behavioral, social, and emotional needs in order to promote academic success.

Clinician available Monday 8:00AM until 11:30AM, additional hours by appointment

Target Population: Strictly serves children/adolescents

Eligibility Requirements: children and adolescents

Referral Process: Referral completed by School Personnel and sent to Clinician

Please note that the Jarvis Middle School satellite is currently closed and will reopen once construction is completed.

Organization: The Neighborhood Center, Inc.

628 Mary St., Utica, NY 13501

Program Name: Community Health Worker Services

Contact Information: 315-272-2600, www.neighborhoodctr.org

Brief Program Description: Works with high needs women and families to access needed preventive and primary health care services with an emphasis on pregnant women not enrolled in health care or supportive services.

Target Population: Most of Herkimer and Oneida Counties – call for more details

Eligibility Requirements: 13 years of age or older

Referral Process: By appointment or walk-in

Organization: The Neighborhood Center, Inc.

628 Mary St., Utica, NY 13501

Program Name: Central Valley Central School District- Harry M. Fisher Elementary School

Contact Information: Heather Reynolds, 315-866-4851, heatherd@neighborhoodctr.org

Brief Program Description:

Offering mental health services to Harry M. Fisher Elementary School children designated to provide a variety of services to children and adolescents who have behavioral, social, and emotional needs in order to promote academic success.

Clinician available Wednesdays 12:30PM until 4:00PM, additional hours by appointment

Target Population: Children with behavioral health care needs

Eligibility Requirements: Children and adolescents

Referral Process: Referral completed by School Personnel and sent to Clinician

Please note that the Jarvis Middle School satellite is currently closed and will reopen once construction is completed.

Organization: The Neighborhood Center

628 Mary St., Utica, NY 13501

Program Name: Family Ties

Contact Information: Christina Hoyt, (315) 867-1425; choyt@herkimercounty.org

Brief Program Description: Provides short-term counseling in the home by a licensed clinician.

Target Population: Children and youth up to age 18

Eligibility Requirements: Must live in Herkimer County and be under age 18

Referral Process: Contact Herkimer County Mental Health

Organization: The Neighborhood Center

624 Elizabeth St., Utica, NY 13501

Program Name: Mobile Crisis Assessment Team (MCAT)

Contact Information: (315) 272-2600 www.neighborhoodctr.org

Brief Program Description:

- 24 Hour, 7 Days/Week Intervention Mental Health Assessment
- Crisis De-Escalation and De-Briefing
- Linkage and Follow-up to Services
- Alerts to identify and assist those at an increased risk
- Coordination with schools, medical/mental health providers and other agencies to provide crisis intervention and to help monitor clients who are at risk

Target Population: Oneida, Herkimer, Schoharie, Otsego, Delaware and Chenango counties.

Eligibility Requirements: none

Referral Process: We take referrals from individuals in crisis, their families, law enforcement, school personnel or the general community.

Organization: The Neighborhood Center, Inc.

628 Mary St, Utica, NY 13501

Program Name: Mt. Markham Elementary School

Contact Information: Currently Vacant, 315-272-2700, shawnj@neighborhoodctr.org

Brief Program Description:

Offering mental health services to Mt. Markham Elementary School children, designated to provide a variety of services to children and adolescents who have behavioral, social, and emotional needs in order to promote academic success.

Clinician available Tuesdays 9:00AM until 12:00PM, additional hours by appointment

Target Population: Children with behavioral health care needs

Eligibility Requirements: Serves children and adolescents

Referral Process: Referral completed by School Personnel and sent to Clinician. Send referrals to shawnj@neighborhoodctr.org at this time or call the clinic located at 628 Mary St. Utica, NY 13501 315-272-2700

Organization: The Neighborhood Center, Inc.

628 Mary St., Utica, NY 13501

Program Name: Mt. Markham Middle School

Contact Information: Currently Vacant 315-272-2700, shawnj@neighborhoodctr.org

Brief Program Description:

Offering mental health services to Mt. Markham Middle School children designated to provide a variety of services to children and adolescents who have behavioral, social, and emotional needs in order to promote academic success.

Clinician available Tuesday 12:30PM until 4:00PM, additional hours by appointment

Target Population: Children with behavioral health care needs

Eligibility Requirements: Serves children and adolescents

Referral Process: Referral completed by School Personnel and sent to Clinician. Send referrals to

shawnj@neighborhoodctr.org at this time or call the clinic located at 628 Mary St. Utica, NY 13501:

315-272-2700

Organization: The Neighborhood Center, Inc.

628 Mary St, Utica, NY 13501

Program Name: Town of Webb School District

Contact Information: Currently Vacant, 315-272-2700, shawnj@neighborhoodctr.org

Brief Program Description:

Designated to provide a variety of services to children and adolescents who have behavioral, social, and emotional needs in order to promote academic success; provides strength based services for maximum effectiveness in resolving behavioral, social and emotional conditions that inhibit functioning and development.

Clinician available Tuesday and Thursday 2:00M until 7:00PM, Wednesday 12:30PM to 7:30PM,

additional hour by appointment

Target Population: Children and adults with behavioral health care needs

Eligibility Requirements: Serves children, adolescents and adults

Referral Process: Referral completed by School Personnel and sent to Clinician. Adults can self-refer. Send referrals to shawnj@neighborhoodctr.org at this time or call the clinic located at 628 Mary St. Utica, NY

13501: 315-272-2700

235 N. Prospect St., Herkimer, NY 13350

Program Name: Child Mentoring Program

Contact Information: Elizabeth Pritchard, Director; 315-866-2863 elizabeth.pritchard@upstatecp.org

Brief Program Description: Provide supportive companionship to at-risk youth who may not have a supportive adult available to participate in social and recreational activities. Mentors an average of five hours weekly for six months with individual youth on a weekly basis.

Target Population: Children and youth who are at-risk of residential placement.

Eligibility Requirements: Child/adolescent must have serious emotional disorder or established as at-risk of developing ED

Referral Process: Provider complete Individualized Support Services referral and submit to committee

Organization: Upstate Cerebral Palsy

1020 Mary Street, Utica, NY 13501

Program Name: Community Health and Behavioral Health Services

Contact Information: 315-798-8868, www.upstatecp.org or email: info@upstatecp.org

Brief Program Description: Provides primary health care services and mental health for children,

adolescents and adults.

Target Population: Herkimer, Madison, and Oneida Counties

Eligibility Requirements: None

Referral Process: By appointment

235 N. Prospect St, Herkimer, NY 13350

Program Name: Family Services

Contact Information: Lesley Lynch, Family Peer Advocate, 315-866-2863

lesley.lynch@upstatecp.org

Brief Program Description:

• Help families and providers work together to improve outcomes for children

- Guide, educate, and empower families to learn
- how to advocate for their children
- Eliminate stigma and discrimination
- Increase prevention strategies and services
- Promote effective collaborations

Increase opportunities for youth and families to be hired as professional advocates and advisers.

Target Population: families and caregivers

Eligibility Requirements: family must have children involved in systems including mental health, addiction, special education, juvenile justice, and child welfare

Referral Process: provider or self-completes a referral form and submits to program

235 N. Prospect St., Herkimer, NY 13350

Program Name: Health Homes Care Management

Contact Information: Kari Hartmann, Senior Care Manager; 315-866-2863;

kari.hartmann@upstatecp.org

Brief Program Description: Provide linkages to education, housing, employment, mental health services, substance abuse treatments, and natural supports to adults with serious mental illnesses.

We provide comprehensive care coordination and management services for people with complex combinations of chronic conditions. A dedicated care manager will help eligible Medicaid members navigate the complex medical, behavioral and social service systems. We provide intensive care management and patient navigation services for high need/cost Medicaid members.

Target Population: Adults with serious mental illnesses. Generally, case management participants include individuals with chronic illnesses that require extra support to adjust well in the community.

HY2 2013 update - We serve high need adults who are receiving Medicaid, Medicaid Managed Care, or are Medicaid eligible, reside in Herkimer County, and have been diagnosed with a chronic medical condition or have mental health concerns.

Eligibility Requirements: for individuals receiving Medicaid, Medicaid Managed Care, or are eligible for Medicaid. Must reside in Herkimer County and surrounding areas as well as have a been diagnosed with `a chronic medical condition or have mental health concerns

Referral Process: can be a self-referral, referral from a provider, by calling 315-624-9428 or 315-866-2863 or online at Referrals@cnyhealthhomes.net

235 N. Prospect St., Herkimer, NY 13350

Program Name: Individualized Support Services (ISS)

Contact Information: Elizabeth Pritchard, Upstate Cerebral Palsy, Director of Community Services

315-866-2863 x3505

Brief Program Description: Provide goods and services for adults with serious mental illnesses, children & youth with serious emotional disorders and children & youth identified as at-risk of developing serious emotional disorders.

Target Population: Adults with serious mental illnesses, children & youth with serious emotional disorders or children & youth identified as being at-risk of developing serious emotional disorders or out-of-home placement.

Eligibility Requirements: Having or developing an SED or out-of-home placement

Referral Process: Referral form for Individualized Support Services is completed by referent and signed by applicant. Eligibility form needs to be attached as well as quotes for purchases. Referral is submitted to Individualized Support Services Board, Chairperson. Referral will need to be presented by the referent to the Board at the upcoming board meeting.

Organization: Upstate Cerebral Palsy

235 N. Prospect St., Herkimer, NY 13350

Program Name: Supported Housing

Contact Information: Jean Foti, Supportive Housing Operations Manager, 315-866-2863

jean.foti@upstatecp.org

Brief Program Description: Provide supported independent living situations to individuals with serious mental illnesses.

Target Population: Adults with serious mental illnesses, including individuals who may have a history as former "long term stay" patients at a state psychiatric center.

Eligibility Requirements: primary diagnosis of a mental illness an income from employment, PA or SSI

Referral Process: complete Supportive housing referral form and submit to manager

Organization: YMCA of the Mohawk Valley, 83 E. Main St, Mohawk, NY 13407

Little Falls Family YMCA, 15 Jackson St., Little Falls, NY 13365

Program Name: School's Out Scholarship Program

Contact Information: Tony DeLuca, Ex. Director 315-823-1740 tdeluca@lfymca.org

Brief Program Description: We provide Child care during the entire school year and offer care throughout the summer months. We offer a variety of structured, recreational activities to all elementary and middle school students in the Mohawk Valley.

Target Population: Low income families in need of assistance paying for before and/or after school care for their children

Eligibility Requirements: Herkimer County residents

Referral Process: Contact the YMCA

Organization: YMCA of the Mohawk Valley, 83 E. Main St, Mohawk, NY 13407

Little Falls Family YMCA, 15 Jackson St., Little Falls, NY 13365

Program Name: Unsupervised Youth Alternatives

Contact Information: Tony DeLuca, Ex. Director 315-823-1740 tdeluca@lfymca.org

Brief Program Description: The YMCA provides "open recreation" time at the facilities in both Mohawk and Little Falls. Youth can use the facilities free of charge, providing them with an option for socialization and physical activity in a safe environment. In addition to "open recreation" time, the facilities are also available for organized groups (soccer teams, basketball teams, etc.) to reserve for use when an indoor gym is needed. The Youth Alternatives Program will provide YMCA Youth Center Services weekday afternoons and evenings and Saturday mornings throughout the school year as well as special late night, holiday and camp activities during the summer vacation periods.

Target Population: Youth up to age 21 who are residents of Herkimer County

Eligibility Requirements: must live in Herkimer County and be under age 21

Referral Process: Contact YMCA for days/hours, sign in upon arrival

Town of Webb Community Services

• Organization: Alcoholics Anonymous

Contact Information: (315) 369-2281, AA.org for meeting information

• Organization: Alzheimer's Lutheran Care's Caregiver Support Program (Free)

Contact Information: (315) 235-7147 or (315) 269-5266, caregiversupport@lutherancare.org

• Organization: Catholic Charities of Herkimer County

Contact Information: (315) 894-9917

• Organization: Center of Life and Recovery Clinical Counseling

• Contact Information: (315) 735-2236

• Organization: Churches: Inlet Community Church – Food delivery for families in need

(315) 357-2291

Niccolls Memorial Presbyterian Church-Food Pantry, Mission Boutique,

Low Income Food Program, Holiday Baskets

(315) 369-3475

St. Anthony's Catholic Church (Inlet)

(315) 369-3554

St. Bartholomews Catholic Church – Food pantry, Holiday Food Baskets

(315) 369-3554

• Organization: Community Transportation Services (CTS) – Limited to Senior Medical Appts.

Contact Information: (315) 369-2830

• Organization: **Department of Social Services (by County)**

Contact Information: Hamilton: (518) 648-6131,

Herkimer: (315) 867-1291 Oneida: (315) 798-5632

Organization: Home Aide Service of the Central Adirondacks (HASCA)

Contact Information: (315) 369-6183

• Organization: National Center for Missing and Exploited Children

Contact Information: (315) 732-7233

• Organization: Neighborhood Center Satellite Clinic in Old Forge - Mental health counseling services

Contact Information: (315) 272-2600

Organization: Northern Regional Center for Independent Living (Lowville)

Contact Information: (315) 376-8696

• Organization: **Town of Webb Health Center** (Operated by MVHS)

Contact Information: Physician's Appt: (315) 369-6619,

Laboratory: (315) 369-3960, Dental: (315) 369-6634

• Organization: **SHARP** (Senior Program)

Contact Information: (315) 369-3475 (Niccolls)

Hot Line and Prevention Numbers:

• Organization: Addiction, Substance Abuse & Gambling Issues Helpline

Contact Information: 1-877-846-7369

Organization: Child Abuse Hotline
 Contact Information: 1-800-342-3720

Organization: Child Advocacy Center
 Contact Information: (315) 732-3990

• Organization: Crisis Text Line

Contact Information: Text HOME to 741741

• Organization: Eating Disorders Awareness/Prevention

Contact Information: 1-800-931-2237

• Organization: *Families Together*

Contact Information: 1-888-FAM-TOGH

 Organization: GLBT National Helpline Contact Information: 1-888-843-4564

• Organization: Herkimer County Mental Health Department

Contact Information: (315) 867-1465

• Organization: Herkimer County Public Health Department

Contact Information: (315) 867-1430

• Organization: *Hope Line* (Substance Abuse)

Contact Information: text: HOPENY or call: 1-877-8-HOPENY

• Organization: *Medicaid Card Hotline*

Contact Information: 1-800-633-4227

• Organization: *Mobile Crisis Assessment Team (MCAT)*

Contact Information: (315) 732-6228 or 844-732-6228

• Organization: National Teen Dating Abuse Helpline

Contact Information: 1-866-331-9474

• Organization: National Suicide Prevention Lifeline

Contact Information: 1-800-273-8255

• Organization: NYS Coalition against Sexual Assault

Contact Information: 518-482-4222

Organization: NYS Parent Helpline
 Contact Information: 518-244-5373

• Organization: Rape, Abuse & Incest National Network (RAINN)

Contact Information: 1-800-656-4673

• Organization: Unplanned Pregnancy Hotline

Contact Information: 1-800-648-HELP

• Organization: **WIC** (by appointment)

Contact Information: Hamilton: (518) 648-6141

Herkimer: (315) 866-5029 Oneida: (315) 798-5066

• Organization: YWCA Herkimer County Rape Crisis Services

Contact Information: (315) 866-4120