

# Brighton High School:



## Community Feedback on School-Based Health Center

In Spring 2017, Kids First Health Care received a school-based health center (SBHC) Planning Grant, in partnership with 27J, from the Colorado Department of Public Health and Environment.

We surveyed BHS students, parents, and staff about top health concerns, barriers to health care access, and interest in a SBHC.

Here's what we learned:

## What's the SBHC?

A School-Based Health Center (SBHC) is a medical clinic for students located on school grounds. It's a medical office in your school! SBHCs support student success by reducing the time students spend dealing with medical issues instead of being in class.

## Top Student Health Concerns



### STUDENTS:

1. Alcohol/drug use
2. Smoking
3. Anxiety/stress
4. Eating/weight issues
5. Suicide/self-harm



### PARENTS:

1. Anxiety/stress
2. Violence/bullying
3. Eating/weight issues
4. Alcohol/drug use
5. Lack of exercise



### STAFF:

1. Problems at home
2. Anxiety/stress
3. Violence/bullying
4. Alcohol/drug use
5. Eating/weight issues

## Services Offered (Beginning Fall 2018) to any BHS student, regardless of Health Insurance

• Mental health counseling • Care coordination/prevention for alcohol/drug/tobacco use • Healthy diet/exercise education • Visits for sickness/injury • Annual physicals/sports physicals • Treatment for chronic conditions • Preventive dental care • Confidential teen health services • Immunizations (shots)

## Why the SBHC?

- Higher graduation rates
- Better school performance\*
- Less school missed for students
- Less work missed for parents
- Less wait for medical attention
- No transportation needed
- Bilingual staff

\* Advancing a grade, staying in school, graduating

## Next Steps:

We need **your input** to plan the SBHC!

Please contact **Merrill** at 303-263-1492 or **Desiree** at [dquintanilla@sd27j.net](mailto:dquintanilla@sd27j.net) to find out about joining the Community Advisory Committee.

**SBHC enrollment information coming soon!**