











Covid-19 Infection and Exposure Guidance

Birmingham Public Schools follows the health guidance of the Oakland County Health Division (OCHD), the Michigan Department of Health and Human Services (MDHHS), and the Center for Disease Control and Prevention (CDC). The chart below is up-to-date guidance on Covid-19 infection or exposure from these sources.

		Who is Impacted	Public Health Recommendations
 COVID-19 Infection	Any individual who tests positive for COVID-19 and/or displays COVID-19 symptoms (without an alternate diagnosis or negative COVID-19 test) regardless of vaccination status.	 Isolate at home for 5 days (day “0” is day symptoms begin or day test was taken for those without symptoms); and  If symptoms have improved or no symptoms developed, may leave isolation after day 5 and wear a well-fitting mask, for 5 more days (ending after day 10).*	
 COVID-19 Exposure	Close contact exposed to someone with COVID-19, regardless of vaccination status.	 Monitor symptoms for 10 days.  Test 5 days after exposure and if symptoms develop.	 Wear a well-fitting mask around others for 10 days after exposure.  Avoid unmasked activities or activities with higher risk of exposing vulnerable individuals.**

* You may remove your mask sooner than day 10 with two sequential negative antigen tests 48 hours apart. If a mask cannot be worn, 10 days of home isolation is recommended.
** Activities with immunocompromised or other high-risk individuals, social/recreational activities in congregate settings or when community levels are high.

If a student or staff member tests *positive* for Covid-19, PLEASE:

- Report a positive test result to the main office of your school building
- Isolate at home for 5 days (Day “0” is the day symptoms began or the day you test positive for those who do not have symptoms). You can still spread Covid-19 to others even if you do not have symptoms.
- If symptoms have improved or no symptoms developed, you may return to school, wearing a well-fitted mask on days 6-10.
- If a mask cannot be worn, 10 days of at home isolation is recommended.
- **If you have fever, stay home until you are fever-free for at least 24 hours without the use of fever-reducing medications BEFORE returning to school or work.**

If a student or staff member has been *exposed* to Covid through contact with an individual testing positive, PLEASE:

- Monitor yourself for symptoms for 10 days following exposure.
- Wear a well-fitting mask around others for 10 days after exposure.
- Avoid unmasked activities or activities with higher risk of exposing those vulnerable to illness.
- Test 5 days after exposure and if symptoms develop.
- If the test result is positive, follow the guidance above for positive test results.

COVID TESTING is available at the Education and Administration Center at 31301 Evergreen Road, Beverly Hills. A parent or legal guardian must accompany their minor child for an antigen test to be performed. Signed consent must be obtained from a parent or legal guardian of a minor student wishing to be tested during the school day. Test results will be available in 15-30 minutes. Please call 947-235-1064 to schedule an antigen test to be performed by a registered nurse.

COVID TESTS for at home use are available in the main office of each school building at no cost. If you need a test, please stop by your child’s school to pick up a kit.