

Minutes of Regular Meeting
School Health Advisory Council (SHAC)
Pearland Independent School District

Regular Meeting of the Pearland Independent School District School Health Advisory Council (SHAC) was held on **Monday, February 5, 2024**, beginning at 4:00 p.m.

The subjects discussed, considered, or upon which any formal action was taken are listed below.

1. Welcome & Introductions

Dr. Nixon welcomed the members and introduced Sherrie Mullikin, the District Lead Nurse. Dr. Nixon explained to the group that the district makes the AED training available to all employees. Each school nurse, athletic coach or sponsor, physical education teacher, marching band director, cheerleading coach, and student who serves as an athletic director also participates in AED training. In addition, students are required to receive CPR training at least once between grades 7 and 12. The Stop the Bleed (traumatic injury response protocol) training is offered annually to students in grades 7 to 12.

2. Focus on Health & Safety – Sherrie Mullikin, District Lead Nurse

- a. Demonstration of AED – Ms. Mullikin reviewed the video for the AED (https://www.youtube.com/watch?v=C8_C9vAyTHU) and demonstrated with the AED and practice mannikin.
- b. Introduction & Demonstration of Stop the Bleed training – SHAC members received a link to the brief interactive Stop the Bleed online course (<https://www.stopthebleed.org/training/online-course/>) prior to the meeting. Ms. Mullikin then reviewed the traumatic injury response protocol with the materials provided (tourniquet, body stump with injuries, first aid supplies).
- c. After the introduction and demonstrations, SHAC members had time to practice with the AED and the Stop the Bleed materials.

3. Review District Wellness Plan – Dr. Lisa Nixon, Assistant Superintendent of Educational Services & Pearland ISD Staff

Dr. Nixon provided the SHAC members with a copy of the current Pearland ISD Wellness Plan and asked the members to review the plan and provide any feedback on needed updates or changes to the current plan. Dr. Nixon stated that the group would approve the final version of the Wellness Plan during the next SHAC meeting in April.

4. Ideas/Requests for Future Meeting Topics

No ideas or requests were shared at this meeting.

5. Next Meeting – Monday, April 15, 2024